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Friday, Dec. 7, 2018
Vol. 2, No. 51

Holiday Storytime with Mrs. Claus at Shelby Township Library

Children can visit Mrs. Claus at the Shelby Township library on Saturday, December 15.

At the event, people can sing along with holiday songs and hear holiday stories. Children can also make a holiday craft to take home. Mrs. Claus will be available for photo opportunities by the library's Christmas tree.

Holiday storytime with Mrs. Claus begins at 2 p.m. in the library atrium. The event is free and registration is not required. The Shelby Township Library is at 51680 Van Dyke.

White Christmas Dinner Dance

Dream of a white Christmas at the Shelby Township Senior Center's dinner dance on December 21.

A dinner buffet will begin at 6 p.m., followed by dancing until 10 p.m. Music will be provided by Tri-City Plus. Tickets cost \$16 per person, and those interested must register by December 14.

The senior center is at 51670 Van Dyke in Shelby Township.

Octagon Open House

The Loren Andrus Octagon House will host the Santa Christmas Open House on Sunday, December 9.

The event will be held from 12-4 p.m., and it is the last open house of the year. Visitors are invited to see the house decorated for Christmas. A Victorian village will be on display in the lower level community room. Crafts will be available for children between 12-3 p.m., and Santa will arrive at 1 p.m. Admission cost is \$5, but children under 4-years-old are free. To learn more, visit octagonhouse.org/.

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UTICA FAMILIES ENJOYED their annual Christmas Tree Lighting Celebration on Tuesday. Joined by Christmas carolers from Meadow Brook, Mayor Thom Dionne (third from the right) welcomed families to JK Noonan Memorial Park to help light the tree that sits between the Clinton River Trail and Utica's Veterans Memorial. Santa rode in on a horse and carriage and the Utica Marching Band kept the crowd entertained with holiday music. Photo courtesy of the City of Utica.

High School Coaches Look Forward to Winter Season

by ELENA DURNBAUGH

Whether they're making a full court press or completing astonishing flips, winter athletes at local high schools are hard at play, and their coaches are looking forward to an exciting season.

"We're going to take control of our own destiny," said head coach of the Romeo boys varsity basketball team Marvin Cushingberry.

Last season, his team won the MAC-White, and Cushingberry hopes to repeat the performance this year. So, far the team is 1-0 in the league. Romeo's next game is a non-conference game at Dakota High School Friday at 7 p.m.

Dakota High School varsity girls bowling also has high expectations for its season. In 2015, the team was the Division I Girls State Champion, and last year it was a state finalist. Girls Varsity Coach Paul Price prefers to take things a day at a time, though.

"Obviously, we have lofty goals at our school... but I look at it a little differently," he said. "I don't want to look at long term, I just want to get a little better everyday."

Dakota will host the Cougars Classic Bowling Invitational on Saturday, December 8, at Imperial Classic Lanes. The tournament begins at 9 a.m.

Eisenhower High School varsity girls basketball wants to grow as a team this season. Varsity Coach Michael Satawa expects that his team will play with intensity all season long, but he thinks the girls will be at their best the closer they get to districts.

"Our goal is always to be playing meaningful games," Satawa said.

Keeping things fun is also important for Satawa.

"I always want the girls to make memories and have memorable experiences," he said. "Hopefully, this year

See WINTER SPORTS, page 2

Students Explore Future at Career Quest

Nearly 400 Utica Community Schools junior high school students recently rolled up their sleeves to explore their future careers.

The students took part in a hands-on career exploration event called MiCareerQuest Southeast, the region's largest interactive career exploration event featuring more than 100 area companies.

"I liked that the field trip was very hands-on and interactive," said Jeannette Junior High School 8th grader Allison Felice. "We didn't just have to listen to someone speak; we got to actually try out the jobs."

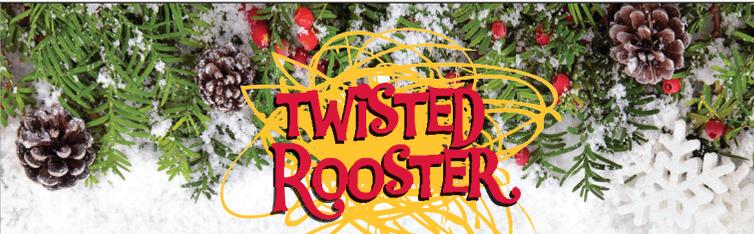
The goal, according to UCS teachers, was to give students a new way to experience their career interests and help link the future workforce to business and industry.

"As 8th-grade students it is not always easy for them to make connections to their future careers, but this

See CAREER, page 2



THE PHYSICIANS OF THE ARCTURUS HEALTHCARE BOARD (left to right) Joel Buchanan, Michael Lumberg and Leah Cecil were proud to have renowned Speaker, Author, and Healthcare Leadership Expert Joe Mull recently give a presentation and provide a 12-month educational training program on "Service Excellence" to more than 250 of their physicians and staff members. The interactive presentation discussed behaviors that are key to an outstanding patient experience and working together as a healthcare team. Read the full story on page 6.



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Gazette

Career Expo Aims to Inspire Future Workforce

CAREER, From page 1
field trip really allowed for them to make those connections,” said Jeannette teacher Kristina Robinson. “They returned from the trip with excitement for what their future job opportunities might be.”

The hands-on activities provided students a glimpse of available careers in the health sciences, construction, informational technology, and advanced technology. The event showcased more than 125 of the highest-demand occupations.

Students were able to perform simulated tonsillectomies, build brick walls, direct a tv talk show, scale construction beams, or perform CPR on an infant.

Shelby Junior High School 8th Grader Isabel Lee worked with a microbiologist to detect an infectious disease.

“This field trip made me realize there are so many more options in the medical field than just surgery,” she said.

— uticak12.org/



UTICA COMMUNITY SCHOOLS students had the chance to explore future career opportunities at the region’s largest career expo, MICareerQuest Southeast, on Wednesday.

Coaches and Student Athletes Ready for Winter Sports

WINTER SPORTS, From page 1
we’ll continue with that.”

Eisenhower will play their cross town rival, Utica High School, at home on December 14. The game begins at 7 p.m.

Utica varsity competitive cheer will seek to live up to its theme this year, which is “Be All That U Can Be.”

For the first time, the team will compete at the DeltaPlex. The competition, which takes place the weekend before districts, will put Utica on a bigger stage than usual, but Coach Angie Micinski thinks her team will be ready.

“It’s a strong group of girls,” she said. “I don’t know if it’s more drive or dedication, but there’s something different about this team.”

The Utica cheer team will compete at the MAC Crossover competition hosted by Dakota High School on December 12 at 6 p.m.

MHSAA Winter Sports include basketball, bowling, competitive cheer, gymnastics, ice hockey, skiing, swim and dive, and wrestling. Schedules for all athletic teams are available on district websites.



THE ROMEO BOYS VARSITY BASKETBALL TEAM won the MAC-White last season and hopes to repeat that performance this year. Photo courtesy of WBRW-TV.

Shelby Music Society Holiday Potluck at Community Center

The Shelby Music Society knows that food, music, and songs are a great way to spread holiday cheer.

On Saturday, December 8, the society will host its annual Holiday Potluck at the Shelby Township Community Center.

Dinner will begin at 6 p.m. The

main dish, chicken, and beverages will be provided. Attendees are asked to bring sides and desserts to share. At 7 p.m., there will be a holiday song themed Open Mic. Prize drawings will also take place at the event.

Admission costs \$3 at the door. To learn more about the event, call

Carlene at 586-262-4061. People should leave a message with their name and number. Those interested can also send an email to shellymusicociety@yahoo.com. The Shelby Township Community Center is at 51670 Van Dyke Ave.

Shelby Township Names North Pole Ambassadors

Shelby Township selected four young artists from the 2018 Shelby Township Christmas Coloring Contest to be North Pole Ambassadors and help kick off the Christmas season in the township.

The contest was open to children in kindergarten through second grade, and four submissions were selected by a panel of judges to represent the community at the Christmas Aglow event on Thursday. The ambassadors presented the official key to the township to Santa Claus.

"Last year, it was really neat to see our ambassadors literally jump for joy when Santa Claus greeted them," Trustee Lynn Wilhelm, who organized the contest, said in a press release.

In addition to their duties as ambassadors, the contest winners, Michael, Jelena, Clare, and Camryn, were sworn in by Township Clerk Stanley Grot during a December 4 ceremony at Township Hall and

received official certificates of ambassadorship.

"I could tell from our first meeting that these young people would do a terrific job representing our township and maintaining strong relations with the North Pole and Santa Claus," Grot said in the press release.

The Aglow event takes place on the township campus. At Aglow, the township lights the Christmas tree and welcomes Santa. The event also features horse-drawn carriage rides, kids crafts at the Kris Kringle Castle, marshmallow roasting, and a visit to the Polar Express train.

New this year, the lower level of Township Hall was transformed into Whoville where visitors could film personalized video holiday greetings to share with family and friends.

People could also take home a custom photo printout of their visit with Santa in the historic Hope Chapel or with the Grinch, who was seen strolling around the township campus.

Attendees can still share their photos on Instagram or Twitter using the hashtag #ShelbyTwpAglow for the picture to be displayed in the upper level of Township Hall where visitors can make a donation to the township giving tree, bring in coats for the Antolin Coats for Kids drive, or view the 2018 Shelby Township Christmas Coloring Contest entries.

To learn more about Shelby Township's Annual Christmas Aglow, visit shelbytwp.org/Aglow/.



NORTH POLE AMBASSADORS Michael, Jelena, Clare, and Camryn were officially sworn in by Shelby Township Clerk Stanley Grot, joined by Trustee Lynn Wilhelm. "I've sworn in a lot of people, from police officers to fellow Board members, but this is a very special ceremony," Grot said. Photo courtesy of Shelby Township Community Relations Director Brad Bates.

Macomb Genealogy Group Meeting

On Wednesday, December 12 at 7 p.m. in the Local History & Genealogy Room at the Mount Clemens Library, there will be a "Let's Talk...Genealogy" meeting.

The subject for discussion will be "Fold3: Pensions and Other Military Records." Share and learn about the military records located on the Fold3 website. This program is free and all are welcome. For more information, call the library at 586-469-6200 or go to mcgg-letstalkgenealogy.blogspot.com/.

Ray Township Historical Connections 2019 Calendar

The Friends of the Ray Township Library and Historical Society has released its 2019 calendar titled "Historical Connections." The calendar is a collaborative effort with the Romeo Historical Society and the Greater Washington Area Historical Society and features images from the early to mid 1900s.

Calendars are available for \$10 at the Ray Township Offices and Public Library, as well as throughout the community including Heritage Oaks, Jarvis Accounting & Tax Service, Jarzyna Farms Fine Meats & Deli, KO Music Studio, and Vince & Joe's Party Store on Romeo Plank.

Proceeds from calendar sales within Ray Township support the Ray Township Public Library's programs and archival preservation. Calendars sold by the Romeo Historical and Greater Washington Area Historical Societies support each organization's projects and programs.

For more information visit the FRTLHS website rayhistory.org or call 586-749-7130.

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Fired Employee Sends Threats, Posts Photo with Firearm

POLICE PATROL



■ FIRED EMPLOYEE S E N D S T H R E A T E N - I N G T E X T S -

Deputies responded to the United Shore Mortgage Building in the 500 block of E. South Blvd. on the report that a former employee had been making threatening statements via text messaging. Upon their arrival, Deputies spoke with the complainant regarding threatening texts messages that he had received. The complainant stated that the former employee who was sending these text messages had been terminated the previous day. The complainant stated that earlier in the day the former employee sent him several text messages that threatened large scale violence. The complainant had been made aware by another employee that the subject posted a picture of himself on Snapchat holding a firearm.

Deputies ascertained an address for the former employee. His last known address was found to be in the City of Sterling Heights. Officers from the City of Sterling Heights Police Department located the subject at his residence. The subject was detained and subsequently turned over to Deputies. Deputies were granted permission to take five firearms out of the suspect's home which are being held for safekeeping. The suspect was lodged at the Oakland County Jail pending the issuance of criminal charges.

The Oakland County Prosecutor's Office late on Wednesday authorized a warrant on the suspect, a 31-year-old male resident of the City of Sterling Heights. He was arraigned in the 50th

District Court in Pontiac on Thursday on one count of Making Terrorist Threat or False Report of Terrorism, a 20 year felony. The suspect has no criminal history.

■ **SWERVING INTO ONCOMING TRAFFIC** - On December 1 at 1:30 a.m., a Rochester officer was on patrol in Walnut and University and observed a vehicle pass over the lane divider and cross the double yellow line into oncoming traffic. The officer completed a traffic stop and spoke with the driver, a 38-year-old Sterling Heights man. The officer noticed signs that the driver had been drinking and he was placed through field sobriety testing. The man failed the offered test and was transported to the Rochester Police Department where he submitted a breath test with results of .14% BAC. The driver was released when sober with a pending court date for operating while intoxicated.

■ **STOPPED IN THE CROSSWALK** - On November 25 at 2:12 a.m., an officer was in the area of Third and Main and observed a car on eastbound Third stopped at the red light. The officer observed the vehicle was stopped past the designated white stop line and was blocking the crosswalk. The officer followed the vehicle and observed several other civil infractions. A traffic stop was conducted, and the officer made contact with the driver, a 23-year-old Shelby Twp woman. The officer observed signs the driver had been drinking and she was placed through field sobriety testing. The driver failed all but one offered sobriety test and was transported to the Rochester Police Department where she agreed to an offered breath test with results of .13% BAC. She was held until sober and released with a pending court date for operating while intoxicated.

Note: If you have any information on the aforementioned crime or any other offenses, call the Macomb County Sheriff at 586-469-5151.



SHELBY TOWNSHIP FIRE CHIEF JIM SWINKOWSKI (left) welcomed this week the department's newest hire. Julius (right) was sworn in by Township Clerk Stanley Grot and now begins a one-year probationary period. "During this time he will be rigorously trained and molded to uphold the exceptionally high standards that are required of every Shelby Township firefighter," STFD posted to their Facebook page with the above photo.

Sagittarius: Keep Your Cool When Confronting Your Friends

YOUR DECEMBER HOROSCOPE

by
PAULA LYNDE

♐ SAGITTARIUS (Nov 22-Dec 21):

An argument with a friend may get heated this month, so proceed with caution. After all, Sagittarius, you always know exactly what to say when you want to wound someone deeply – but, in this case, you may quickly regret your words. Instead, take a deep breath, step back, and try to look at the situation from your friend's perspective. It is also very likely that you will discover something new toward the end of the month – a great book, a fun hobby, or possibly even a special relationship.

♊ CAPRICORN (Dec 22-Jan 19):

If you are finding it difficult to get into the spirit of the season, take heart – you should experience a significant lift in your mood around mid-month. In fact, you may find yourself serving as a cheerleader for a friend, coworker, or family member going through a difficult situation. Also, it is very likely that a shake-up at work will change your current situation for the better and give you a renewed sense of confidence for the New Year.

♈ AQUARIUS (Jan 20-Feb 18):

Right now, it is likely that you are feeling inspired, Aquarius, and this is a good thing. Use this inspiration to create something beautiful or to write personalized notes to send along with your holiday cards. Or, you may feel like offering your time to a worthy cause by volunteering. No matter what, your creativity and generosity may serve as inspiration for others. Also, expect to hear some good news on or around the 15th – news that you have been waiting to hear for a long time.

♉ PISCES (Feb 19-Mar 20):

Now is the time to assert yourself, Pisces – either with a friend or partner who is having trouble seeing your side of an issue. Given your gentle nature, it would be too easy to simply give in, but you must trust the fact that you are right this time. And you needn't worry about hurting the other person simply by standing up for yourself. If anything, this individual will likely respect you even more when they witness your new-found courage.

♈ ARIES (March 21-April 19):

While you are looking for career advancement this month, Aries, don't be surprised if Cupid has something else in mind. You guessed it – that special someone may pop up at a seminar, a networking group, or a team-building event. Or, if you are in a

committed relationship, you may discover that your partner can offer excellent support for something job-related. No matter what, do not neglect the special people in your life while climbing the corporate ladder. You need them.

♉ TAURUS (April 20-May 20):

Various opportunities await you this month, Taurus, but you must focus on your most important goals. For example, you may get a chance to travel when you are on the cusp of getting a promotion at work. Which do you choose? Carefully weigh the pros and cons attached to opportunities that present themselves, and the answer will be clear. Also, do not hesitate about taking a financial risk – the odds are in your favor throughout December and into the new year.

♊ GEMINI (May 21-June 20):

There is a good chance that you have been bending over backwards lately to make your partner happy, and your efforts are not in vain. You have built a foundation for good times ahead, and you are more than ready to take your relationship to the next level. Singles, on the other hand, may find that their giving natures attract the types of individuals who are worth getting to know a little better. Just watch out for coworkers and "friends" who might take advantage of your charitable spirit.

♋ CANCER (June 21-July 22):

It is difficult to determine what sparkles more this month – the holiday lights or you. There is an undeniable glow about you throughout December, and your social life is buzzing. This is great for singles, but those in committed relationships may detect some jealousy from their partners. So, take a few extra efforts to make sure they do not feel neglected. Also, keep your ears open at work because a new opportunity might present itself around the 12th.

♌ LEO (July 23-Aug 22):

The month may start off a little slowly for you, Leo. But, don't worry, events and activities will most likely pick up right before the holidays roll around. For example, if you are in the job market, your prospects look good after the 23rd. Or, if you are single and looking for love, you may find the person of your dreams at a holiday gathering. Finally, there is a very strong chance that you will reconnect with someone whom you have not seen in a long time.

♍ VIRGO (Aug 23-Sept 22):

You may experience some volatility at work this month, but hang in there – when the smoke clears, there is a good chance that you will be pleasantly surprised by the outcome. In addition, things are likely going well at home, and this harmony should help keep your stress levels down and

allow you to relax and enjoy the holidays. Just avoid the temptation to take on too many responsibilities. The desire to take care of everyone is in your nature, but you cannot forget to take care of yourself too.

♎ LIBRA (Sept 23-Oct 22):

Get ready to be lucky in both love and money this month, Libra. Holiday festivities will present plenty of opportunities for singles to make connections, and financial security should eliminate stress for those in committed relationships. Speaking of finances, if you have been worried about money lately, there is a good chance that some good news around the 20th will ease your mind. And, if you make careful decisions, your finances should be in decent shape for the New Year.

♏ SCORPIO (Oct 23-Nov 21):

In several ways, this month is all about you, Scorpio. You are feeling strong, assertive, and self-reliant, and this confidence will serve you well at work and at home. Yet, at the same time, December finds you in a charitable mood, and you likely have a strong urge to give back to the community. Don't fight this urge. Take advantage of the many volunteer opportunities available this time of year, and there is a strong chance that you will take great joy in being a "helper."



STATE REP. PETER LUCIDO, of Shelby Township, gave his farewell address to the Michigan House of Representatives during session on Wednesday. Lucido thanked his colleagues and staff and expressed his eagerness to continue serving the people of Macomb County in the state Senate.

House Approves Bill Stripping Retiree Health Coverage from Corrupt Public Officials

The Michigan House this week approved a plan from Rep. Peter Lucido that helps hold corrupt public officials accountable to taxpayers.

Lucido's legislation calls for revoking taxpayer-funded retiree health insurance coverage in cases where a public official has been convicted of a job-related felony such as bribery or misuse of public funds.

"The Legislature, as stewards of the public's money, has a duty to do the right thing for Michigan's hard-working taxpayers," said Lucido, of Shelby Township. "There's no way we should be paying for benefits of cor-

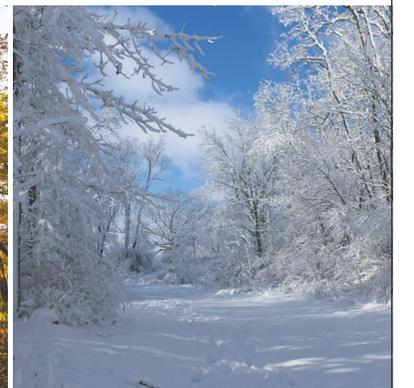
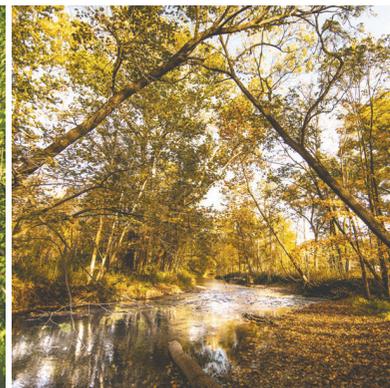
rupt officials who violate the public trust. There must be consequences when taxpayers are betrayed by the very people who are supposed to safeguard their money."

Lucido's reform will require the forfeiture of retirement health benefits if a public employee is convicted of a crime that also requires a judge to revoke pension benefits.

"We must have zero tolerance for public corruption," Lucido said. "This plan protects taxpayer dollars and preserves public trust."

House Bill 5918 advances to the Senate for further consideration.

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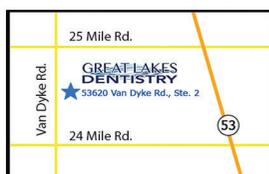
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Arcturus Healthcare Presents "Service Excellence" Program

Arcturus Healthcare has been working to set the standard for primary healthcare in the local area. The goal of Arcturus is to set the standard and culture of excellence for the delivery of primary care medicine in the communities that they serve. This has been

The practices in Arcturus include Clearwater Family Medicine located in Washington Township, Prism Medical Group in Rochester Hills (Family, Internal & Pediatric Medicine) and Bloomfield Hills (Family Medicine) along with Troy Internal Medicine

ing patient experience and working together as a healthcare team.

Joe Mull's program was captivating and dynamic. The physicians and staff found the presentation to be spot-on relevant and lots of fun. The training will be followed up with bi-monthly emails to all physicians and staff to reinforce their commitment to great patient experience.

Arcturus is prioritizing patient experience in other ways too. Last year they formed a Patient Family Advisory Council, whereby patients and family advisors provide a voice that represents all patients and families of patients who receive care at Arcturus Healthcare. They partner with the doctors, nurses, and administrators to help improve the quality of their practice's care for everyone involved.

The Council meets quarterly to share suggestions and potential solutions that will help to improve patient care for others. Patients have the ability to talk about their own experience as a patient, or a family member's experience, and to also hear from the doctors and staff on the operations within the office. The doctors and staff, in turn, take the patients' suggestions and ideas back to the practice to implement change as deemed appropriate.

For more information on Arcturus Healthcare or to find one of their practices that could best suit you as a primary care provider, visit ArcturusHealthcare.com/.



accomplished by providing evidence-based health care services that exceeds quality, value, and patient expectations by partnering with existing primary care practices that have a similar culture in a collaborative transparent environment.

Arcturus Healthcare has also developed a full Care Management team to help serve their patient's needs. The team includes RN's, Medical Assistants, along with a Pharmacist, Social Worker, and Dietician. They are very excited about their commitment to provide the best quality of care to their patients.

located in Troy. In addition, Arcturus has an urgent care in Rochester Hills, DocNow Urgent Care.

The physicians of Arcturus Healthcare recently invited Joe Mull – a well known Speaker, Author, and Healthcare Leadership Expert – to give a presentation and provide a training program to 250+ physicians and staff on "Service Excellence." The 12-month program includes reinforcement curriculum of videos, articles, and scripts, for delivery to all employees to sustain long-term use of core behaviors. The interactive presentation discussed behaviors that are key to an outstand-

Lose a Tooth? You Should Get it Back, Quickly



by
Shawn Van de Vyver, DDS
Great Lakes Dentistry

Sometimes I'll have a new patient come to me in pain from a broken tooth or an abscess causing a painful swelling, and the first thing they tell me is "Doc, can you just pull it?"

It sounds like a harmless question with an easy solution to their problem. And in the heat of the moment, pulling a tooth might seem like the easiest, cheapest, and best option for a patient.

I'm here to tell you – don't be fooled! Losing a tooth is a big deal, which makes replacing a tooth to fill a gap a big deal too. It's very important that any time you have a missing tooth that you get it replaced either with a bridge or a partial or an implant. There are a couple of things that happen to your jaw bone when you lose a tooth that most patients don't think about.

First, it's important to think of your teeth and your mouth as a chewing system. Your teeth all work together. When you lose a tooth, the remaining teeth in your mouth all of a sudden are biting with more force than before. That means the remaining teeth are now more likely to cause pain or break. It's a vicious cycle when a tooth is extracted and not replaced.

Teeth only work in pairs. Remember the Buddy System from elementary school? Well, your teeth take that to heart. Let's say you lose a lower tooth. The upper tooth now doesn't have a partner to bite against. So even though you only lose one tooth, you actually lose a biting pair of teeth. That leads to a significant decrease in your chewing function.

Over time, if you've got a missing tooth or a space in between two teeth, the teeth on either side of the space will begin to tip into that space, so they're slowly collapsing into that area. The opposing tooth will also extrude or erupt more, so over time you can have a tooth that is longer than its neighbors. This will lead to changes in your bite and complicated TMJ problems.

Finally, a consequence that patients aren't aware of typically is bone loss. Any time you have a missing tooth, you will experience bone loss in that space unless you get a replacement like an implant. Even tooth replacements like bridges and partials don't maintain the bone level. So if you have a missing tooth, the body doesn't waste energy and maintain the bone level in that area. You will continue to get bone melting away as the years go on.

With a dental implant, the jaw bone stays where the implant is because the body knows that you are using that area for chewing. I hope that helps you understand more of the consequences of having a tooth extracted and what happens when you have a missing tooth, and how important it is to get a tooth replaced.

Dr. Shawn Van de Vyver, DDS is the Owner of Great Lakes Dentistry, located at 53620 Van Dyke Ave., Suite 2, in Shelby Township. To contact Dr. Van de Vyver, call 586-697-2424 or email DrVan@SmileInMichigan.com. Learn more about Great Lakes Dentistry at SmileInMichigan.com/.

Gazette CLASSIFIED

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HOPE NOT HANDCUFFS

Hope Not Handcuffs is an initiative started by Families Against Narcotics (FAN), aimed at bringing law enforcement and community organizations together in an effort to find viable treatment options for individuals seeking help to reduce dependency with heroin, prescription drugs, and alcohol. A person struggling with any drug addiction can come to any of the participating police agencies and ask for help. They will be greeted with support, compassion and respect. Hope Not Handcuffs volunteer 'Angels' help with paperwork and provide compassionate support until a treatment option is found. Angel's can choose their own time slot by signing up to be on call for just 2 four hour blocks per month. To sign up and learn more, visit familiesagainstnarcotics.org/volunteer

NOVENA TO ST. JUDE

MAY THE SACRED HEART OF JESUS be adored, glorified, loved and preserved throughout the world now and forever. Sacred heart of Jesus pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer nine times a day for nine days. By the 8th day your prayer will be answered. It has never been known to fail. Publication must be promised.

NOVENA TO ST. MARTHA

Oh ST. MARTHA, I resort to thee and to thy petition and faith, I offer up to thee this light which I shall burn every Tuesday for nine Tuesdays. Comfort me in all my difficulties thro' the great favour thou didst enjoy when Our Saviour lodged in thy house. I beseech thee to have definite pity in regard to the favour I ask (mention favour). Intercede for my family that we may always be provided for in all our necessities. I ask thee St. Martha to overcome the dragon which thou didst 'cast at thy feet. One Our Father and three Hail Marys, and a lighted candle every Tuesday and the above prayer made known with the intentions of spreading devotion to St. Martha. THE MIRACULOUS SAINT

ADOPT A PET

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8				5	9	7	
	7	8				3	
		6		7	2	4	
6				7		1	4
		7		3		8	
3	4		9				7
		8	5	9		7	
	9				3		4
	3	5	7				1

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