

THIS WEEKEND! SEE AD ON PAGE 6

Macomb Spring Home Show
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Gazette

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Friday, Feb. 15, 2019
 Vol. 3, No. 9

Utica Town Hall Meeting

Mayor Thom Dionne and the Utica City Council will host a town hall meeting on Thursday, February 21 at Flickinger Elementary School. The meeting will begin at 7 p.m.

Topics of discussion will include community safety, park improvements, current city projects, future city development, and general information. The meeting will take place in the gymnasium and is expected to last for two hours. To see the 2019 City Council meeting schedule or to view the latest minutes, visit cityofutica.org/.

Dunn to Give State of Macomb Township Address in March

Macomb Township Supervisor Janet Dunn will offer a comprehensive look at the things happening in the township during the State of Macomb Township address. The speech will be held at Sycamore Hills Golf Club and Banquet Center on Friday, March 8 from 8-10 a.m. To learn more, visit macombcountychamber.com/.

Floating Palaces of the Great Lakes

On Tuesday, March 5 the Macomb County Historical Society will host another installment of its Tea Talk Tuesday program at the Crocker House Museum in Mt. Clemens. Detroit Historical Society curator Joel Stone will give a presentation on "Floating Palaces of the Great Lakes, a History of Passenger Steamships on the Inland Seas."

Tickets are limited, non-refundable and cost \$10 for members and \$12 for non-members. Call for your reservation at 586-465-2488.

Inside

4
 Arts & Entertainment

7-10
 Senior Living



THE UTICA VARSITY BOYS BASKETBALL team competed last Friday in the MAC Blue/Gold Tournament, hosting Warren Woods-Tower. The Chieftains lost the game to WWT by a score of 53-64 and currently hold a record of 5-11. Photo courtesy of Diann Bailey O'Connor.

Local Leaders Remember John Dingell

by ELENA DURNBAUGH

John Dingell Jr., who was the longest-serving member of Congress in American history and represented Michigan's 12th congressional district, was remembered Thursday at a funeral in Washington D.C.

Dingell died last week at his home in Dearborn. He was 92. A funeral was held for him on Tuesday at Divine Child Catholic Church.

Several local leaders remembered Dingell on social media.

"He was a man of dignity and a true example of how working together and setting aside our differences, Government can work for the people," Macomb County executive Mark Hackel wrote on Facebook.

State Senator Peter Lucido also recognized Dingell for his service to the country and the state.

"Today we say goodbye to The Dean," he wrote on Facebook, "Thank you Congressman Dingell for your lifetime of service to Michigan and America."

Macomb County public works commissioner Candace Miller, who served alongside Dingell in the House of Representatives, took stock of his legacy.

"**John Dingell** has had one of the most impactful lives of any public figure in the history of our great state," she wrote on

See DINGELL, page 2

Reps Respond to State of the State Address

State Rep. Doug Wozniak, of Shelby Township, responded this week after attending Governor Gretchen Whitmer's first State of the State Address on Tuesday.

Wozniak, who serves on the House Health Policy and Families Committee, underscored his commitment to improving the state's water quality.

"Making important investments in our water infrastructure to ensure families have safe, clean drinking water is an area where the governor and the Legislature can work together," Wozniak said in a press release Wednesday. "We must explore all options to protect our environment and preserve clean water without bur-

dening Michigan taxpayers."

Whitmer's State of the State Address emphasized the urgent need to "fix the damn roads," but Wozniak, a freshman lawmaker, said she fell short of talking about a specific plan.

"**Fixing our state's** roadways is something all drivers can agree

See STATE OF THE STATE, page 2



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Shelby Township Parks and Recreation Seeking Instructors

The Shelby Township Park Recreation and Maintenance Department is seeking people to work in the new Shelby Township Activities Center this summer.

Enthusiastic people who have a skill they'd like to share through programming for children, teens, adults, or seniors are invited to apply.

The programs would be developed and offered in conjunction with the recreation department and senior center staff. Contracted instructors

would be able to use the new activities center, including the new craft room, gym, and meeting rooms.

Those who are interested should contact Mike Adams at 586-731-0300 or email madams@shelbytwp.org.

The township purchased the building for the new activities center, a former Boys and Girls Club on 21 Mile Road north west of Hayes, last October. The center is expected to relocate sometime this May.

Dingell Known for Wit, Humor, Legislation

DINGELL, From page 1

Facebook. "From his service in the Army during World War II to his advocacy on so many issues that helped shape modern America—civil rights, endangered species and the environment, health care, support of U.S. manufacturing and the auto industry—John Dingell was a true giant."

Many lawmakers serving in Washington were unable to attend services on Tuesday due to inclement weather, which prevented their planes from landing

in Detroit. Rep. Fred Upton of Michigan's 6th congressional district told the Detroit Free Press that nearly 90 lawmakers were on board two flights. Those who were unable to attend the Michigan funeral planned to attend the funeral in Washington.

Former vice president Joe Biden eulogized Dingell at the funeral on Tuesday. He spoke of the late congressman's commitment to the people he represented.

"My dad used to have an expression," Biden said. "I don't

expect government to solve my problem, but I expect them to understand my problem.' That makes a gigantic difference... John understood that."

Before his death, Dingell wrote an op-ed for the Washington Post, in it he urged leaders to remember that they serve at the will of the people.

"In democratic government, elected officials do not have power," Dingell said. "The hold power— in trust for the people who elected them."

Republican Reps Respond to State of the State

STATE OF THE STATE, From page 1

on as being mandatory," Wozniak said. "While I welcome Gov. Whitmer's focus on fixing the damn roads, I was surprised she didn't have any plan on how to fix them or where she will find the money to fix them. Macomb allocates more money to roads than it receives from the state budget. We cannot continue just throwing money at the problem, and putting the burden on Macomb County taxpayers without a specific plan."

Another point in Tuesday's address concerned reforming the state's car insurance system.



STATE SEN. Peter Lucido (right) welcomed Wigs 4 Kids' Maggie Varney and her husband Robert Bielet to the Capitol for the State of the State Address.



STATE REP. Jeff Yaroch (left) welcomed Macomb Township Trustee Tim Bussineau to Lansing for Tuesday's State of the State Address.

Michigan drivers are currently paying the highest premiums in the nation. Wozniak said he is working with House colleagues to craft a solution, adding that he was "disappointed" Whitmer did not provide enough details in her address.

"Car insurance reform is one of the top priorities of residents back home, and it's a large enough pocketbook issue that Gov. Whitmer could've at least laid out a detailed plan on how she is committed to working with the Legislature in providing a meaningful solution for all motorists across the state," Wozniak said. "I

would like to hear more from the governor on her ideas to address the cost of car insurance and I hope her plans regarding strengthening our water infrastructure and fixing our roads come to light when she presents her budget in the near future."

State Rep. Jeff Yaroch, of Richmond, was joined by Tim Bussineau at the state Capitol for the State of the State address. Bussineau, a Macomb Township Trustee, has spent nearly 16 years as a social studies teacher with Romeo Community Schools.

"I was glad to hear the Governor talk about roads, car insurance and clean water,"

Yaroch said in a statement. "These issues are a priority to my district, and I want to continue the work that has already been started."

State Sen. Peter J. Lucido, of Shelby Township, welcomed Chesterfield Township Trustee David Joseph to the for Tuesday's address. Lucido also welcomed Maggie Varney and her husband Robert Bielet, of St. Clair Shores, to the address. Maggie Varney is the founder and executive director of Maggie's Wigs 4 Kids of Michigan, which provides free wig services for children struggling with health challenges that result in hair loss.

Lucido released video remarks following the governor's speech, echoing Wozniak's comments that Whitmer did not explain how she would address the issues she raised.

"She never told us tonight how all those things are going to happen, where the money's going to come from, and more importantly, what's the time frame on all these," Lucido said. "I'm willing to work with the Governor, 'build that bridge' as she says, and walk across it with her, but I need to know what is her blueprint in fixing those roads without raising your taxes."

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UCS Dance Teams Capture Top Spots at National Competition

Utica Community School Dance teams earned recognition at the National Dance Competition in Orlando, Florida earlier this month and put the district on the map for high school dance.

During the competition, UCS captured seven top awards,

dance program stands for," Coach Rachele Kiehle said. "I am humbled and honored to be their coach."

At the National Dance Competition, the teams from Utica High School placed eighth in the small jazz competition and 12th in small pom. The teams are

Game Day. The team is coached by Kaley Ball.

More than 40 teams compete in each division. Teams qualify for the national tournament by earning top rating at state and regional competitions. The UCS teams practice for the competition weekly from mid-summer up until the



including two first place finishes for the Eisenhower team in the medium hip hop and medium jazz categories. This is the third year in a row that the school has won double titles.

Eisenhower also recently attended the Worlds Dance Competition and was the youngest Team USA to ever receive the bronze and silver medal.

"I am so proud of these athletes and everything Eisenhower

coached by Katie Droope and Carly Backhus.

Utica senior Madalyn Dishman said that their success came through hard work and support.

"It shows that we can accomplish anything we put our minds to," she said. "All of us worked so hard to get to where we are."

The Stevenson High School team placed seventh in the Game Day category, eighth in medium jazz, and seventh in medium pom.

Henry Ford II placed 17th in

national tournament.

At the competition, teams perform for two-minutes and are evaluated on their skill, technique, choreography, execution, performance quality, and overall impression.

To learn more about UCS athletic programs, visit uticak12.org/.

USPBL Names Mark Weidemaier as Manager of Woolly Mammoths

The United Shore Professional Baseball League named Mark Weidemaier as the next Manager of the Westside Woolly



USPBL Woolly Mammoths Manager Mark Weidemaier

Mammoths, announced by Director of Baseball Operations Justin Orenduff on Wednesday. Weidemaier has over 35 years of coaching and scouting experience in professional baseball.

"We are very excited about Mark joining our league," said Orenduff. "The USPBL is always searching for innovative ways to turn these young professional prospects, and with that in mind, we are thrilled that Mark has joined our efforts and know he will give his players the knowledge of what it takes to be a Major Leaguer."

Weidemaier served two seasons as the Washington Nationals Defensive Positioning Coach on Matt Williams' staff. The Nationals posted the National League's top record in 2014 and were upset in the NL Division Series by eventual World Series Champions San Francisco Giants.

"I'm excited about the opportunity to Manage in the USPBL and look forward to sharing my passion for the game with players and fans this coming season."

The USPBL will mark its fourth year of competition next season with the Birmingham Bloomfield Beavers, Eastside Diamond Hoppers, Utica Unicorns, and Westside Woolly Mammoths all competing at Jimmy John's Field in downtown Utica. The 2019 season begins May 10.

Feeding the Birds at the Nature Center

Many people enjoy watching the birds, squirrels, and other animals that come to visit their backyard. On Thursday, February 21, the Burgess-Shadbush Nature Center will host a class where people can learn more about feeding their backyard visitors and learn techniques that will keep animals

and their neighbors happy.

The class will meet from 5:30-6:30 p.m. and is designed for people 16 and older. To register for this free event, visit shelbytp.org/calendar.

The Burgess-Shadbush Nature Center is at 4101 River Bends Drive in Shelby Township.

Step into the 70s at the Lorenzo Cultural Center

The 1970s were a time of drastic cultural change and political upheaval. Now through May 4, the Lorenzo Cultural Center at Macomb Community College is exploring the decade through their exhibit, "The 70s: Heavy, Hip and Happenin'."

Exhibit hours are Wednesday, 10 a.m.- 8 p.m. and Thursday through Saturday 10 a.m.-4 p.m. All exhibits are open to the public and free of charge. Pre-registration is not required. Throughout the duration of the exhibit, the cultural center will host programs, which are free, but organizers request that those interested in attending

register in advance. To sign up, visit lorenzoculturalcenter.com/.

"Kick Out of the Jams: Rock of the Seventies in Michael Zadoorian's Beautiful Music" is the next program being offered. On March 2, Michael Zadoorian, Kresge Fellow and author of "The Leisure Seeker," will discuss his new book "Beautiful Music," that uses the music scene of 1970s Detroit as the backdrop. The event will begin at 2 p.m.

To learn more about other upcoming events and programs, visit lorenzoculturalcenter.com, or call 586-445-7348.

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2 CELLOS
FRI, FEB 22 - 7 p.m.
Fox Theatre, Detroit

THE BROTHERS MOGAN
THU, FEB 21 - 7 p.m.
Clinton Macomb Library - Main

STONE CLOVER
SAT, MARCH 16 - 8 p.m.
Soaring Eagle Casino

ON STAGE

CELTIC NIGHTS
FRI, FEB 22 - 7:30 p.m.
Macomb Center for
Performing Arts

DANE COOK
FRI, MARCH 8 - 8 p.m.
Soaring Eagle Casino

GEORGE LOPEZ
SAT, MAY 4 - 8 p.m.
Soaring Eagle Casino

LIBRARY

POETRY READING
MON, FEB 25 - 7 p.m.
Utica Public Library

"RALPH BREAKS THE INTERNET"
SAT, FEB 23 - 1 p.m.
Utica Public Library

KIDS & TEENS

TINKER TUESDAY
TUE, FEB 19 - 1:30 p.m.
Shelby Township Library

STORYTIME
TUE, FEB 26 - 11:30 p.m.
Utica Public Library

THE BOOGIE WOOGIE KID
SUN, MARCH 3 - 2 p.m.
Clinton Macomb Library - Main



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**HAPPY DEATH
DAY 2U**
Horror, PG-13



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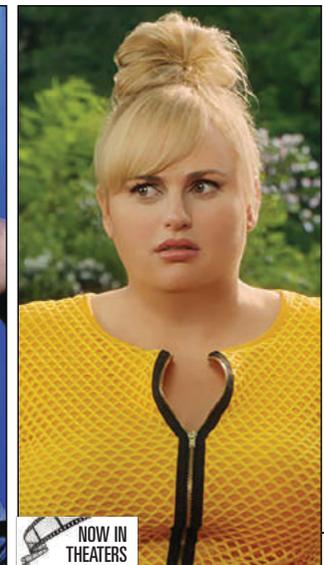
NETFLIX

DATING AROUND
Reality, TV-MA



redbox

**BOHEMIAN
RHAPSODY**
Drama, PG-13



NOW IN
THEATERS

**ISN'T IT
ROMANTIC**
Romance, PG-13

HAPPY DEATH DAY 2U

Tree Gelbman wakes up in horror to learn that she's stuck in a parallel universe. Her boyfriend Carter is now with someone else, and her friends and fellow students seem to be completely different versions of themselves. She soon finds herself once again the target of a masked killer.

ISN'T IT ROMANTIC

Natalie is a New York architect who works hard to get noticed at her job, but is more likely to deliver coffee and bagels than design the city's next skyscraper. Things go from bad to weird when she gets knocked unconscious during a subway mugging and magically wakes up to find herself in an alternate universe.

The Official Blues Brothers Revue

The iconic Blues Brothers film captivated audiences around the world in 1980. Relive the movie's greatest hits on Saturday, February 23 at 7:30 p.m. at the Macomb Center for Performing Arts.

of the Blues Brothers like no one since John Belushi and Dan Aykroyd walked the stage.

Backed by a powerhouse band, they'll give you a show to remember, packed with classic hits from the Blues Brothers cata-



THE OFFICIAL BLUES BROTHERS REVUE will be at the Macomb Center for Performing Arts on February 23.

There have been many imitators, but there is only one duo in North America sanctioned by Dan Aykroyd and John Belushi's wife Judith to don the official hat and sunglasses and walk in the legendary footsteps of Jake and Elwood Blues.

Discovered in Las Vegas, performers Wayne Catania and Kieron Lafferty capture the infectious humor and unbridled spirit

log, including Soul Man, Rubber Biscuit, Sweet Home Chicago, and more.

Tickets start at \$43 and can be purchased by visiting macombcenter.com or by calling 586-286-2222.

The Macomb Center for the Performing Arts is located at 44575 Garfield Rd (At Hall Road) in Clinton Township.

Artstravaganza at the Emerald Theatre

Visit the Emerald Theatre on Thursday, February 28 from 6-9 p.m. for a celebration of local art.

Artstravaganza is an interactive, wall-to-wall demonstration of Macomb County art. Everything from ballet, painting, music, spoken word, aerial cirque, henna, industrial design, furniture, and ice carving will be featured.

This non-traditional, casual charity gala will help fund multiple arts organizations. Organizers recommend that you pre-purchase your registration for this event, as there will only be a limited number

of spots for sale at the door.

General admission is \$25 for adults and \$10 for students under 21 for this family-friendly event. Adult admission includes appetizers, two drink tickets, and all performances and demos. Student admission does not include drink tickets.

The event is hosted by Sterling Heights Regional Chamber of Commerce and guests can register in advance at shrcci.com/. The Emerald Theatre is located at 31 N Walnut St in Mount Clemens.

2019 Ice Festival at Brown Iron

Brown Iron Brewhouse is hosting a 2019 Ice Festival on Saturday, March 2 from 1-7 p.m.

The brewhouse will light the fire pits on their patio, and people are invited to come enjoy a live ice carving and view other ice sculptures.

The event will also feature a selection of rare beers on tap and a pig roast to keep people warm and well fed.

Closer to the date, Brown Iron Brewhouse will post a tap list and menu. The event is free and is suitable for all ages.

To learn more about brewhouse events, visit browniron.com/events/.



Brown Iron Brewhouse is located at 57695 Van Dyke Ave. in Washington Township.

Train Collides with Propane Truck, No Injuries Reported

On Thursday, February 14 at approximately at 10:41 a.m., the Macomb County Sheriff's Office

received a call that a train had struck a propane truck near Cass Ave. and Rose St. in Mt. Clemens.

Macomb County Sheriff's Deputies along with Mt. Clemens and Harrison Fire Departments arrived on scene and the crash was located at Hubbard and Eldridge.

It was determined that there were no injuries and no explosions. The area was not evacuated. The propane truck was parked too close to the railroad tracks as it was stopped to fill a privately owned propane tank. The CN train was traveling southbound and is approximately 10,000 feet in length.

Several railroad crossings were shut down and drivers were asked to avoid the area.

The incident is still under investigation.



Police Arrest Home Invasion Suspect

On February 9, Macomb County Sheriff's Office deputies responded to a residential alarm on 31 Mile Road. Deputies located a pick-up truck fleeing the scene.



Deputies attempted to stop the pick-up truck but it continued to flee. Stop sticks were deployed. The pick-up struck the stop sticks and crashed against a tree on Gratiot north of 25 Mile Road.

The driver, 46-year-old James Wallace of Livonia, was taken into custody without incident. The Macomb County Prosecutor's Office charged Wallace with four counts including Home Invasion, Assault with a Dangerous Weapon, Stolen Property, and Fleeing.

WANTED: MCSO Searching for Macomb Twp Retail Thief

On February 1 at approximately 7:05 p.m., the pictured female stole several items from a business on 26 Mile Road in Macomb Township.



The female concealed the items, valued over \$150, in her purse and left the store without paying for them.

She is described as approximately 35 years old with black hair. She was wearing a black hooded sweatshirt, gray jacket, blue jeans, gray boots, and carrying a large black purse.

Anyone with information is asked to contact Det. Howell at 586-307-9435.

Legislation on Civil Asset Forfeiture Advances to House

The state Senate approved legislation on Wednesday that would change the process of civil asset forfeiture to protect innocent Michigan residents from losing their personal property.

Currently, law enforcement has the authority to take and keep the property of people who have not been charged or convicted with a crime.

Senate Bill 2, which was intro-

duced by Sen. Peter Lucido (R-Shelby Township), would require that an individual be convicted or plead guilty to a crime before law enforcement takes ownership of personal property through the civil asset forfeiture process. If a person is not convicted, seized personal property would be returned.

The current process has been abused for too long and hurt

too many," Lucido said in a press release. "It only makes sense that we make this change to protect the due process rights of innocent property owners, while still empowering law enforcement to be tough on crime."

The bill received bipartisan support in the Senate and will advance to the House of Representatives for consideration.

Food Prices are Going Up, and Fast, Too

PERSPECTIVES



Op-Ed by
PETE MAURER

Unless you are one of only a handful of Americans left who grow or raise the vast majority of their food, you are left to the supermarket to wander up and down the aisles, tossing in the same foods week after week without really looking.

We have been so trained to look at just the price, we think we are the savvy shopper, passing up a smaller package in favor of the supposedly-larger-and-thus-less-expensive package. But even that is no longer true in every case. Check out the per-ounce serving price of the same food but in different size packages and you might get the surprise of your life.

We are so accustomed to assuming bigger-means-better-pricing, we grab the larger package without thinking, not realizing that we just fell victim to what amounts to deceptive pricing poli-

cies. Whether it's the MSRP or the store pricing policy, many of us are paying more than we should.

But even deceptive pricing is not what this column is about.

No, instead I want to talk about an even more insidious type of pricing policy that hides inflation from both you and I, and the government, although I think the agencies responsible for determining consumer inflation are just fine with this retail delusion.

To use a made-up word, I call it 'invisiflation.' It's a type of inflation that is not readily visible unless you look for it. Rather than raising prices, which would scare off consumers into making other less-expensive choices, the manufacturers choose to hide their inflation by shrinking their package.

And in most cases, rather than physically shrinking the package itself, the company simply reduces the amount of product inside. Voila! A price increase without you seeing it unless you know where to look.

It wasn't all that long ago that M&M, Kisses, and other assorted holiday candies came in a standard 16-ounce package. But when inflation started roaring along in

the 1980s, I noticed that 16-ounce packages became 14, then 12, and today, they are generally 9-10 ounces each.

And yet, if you looked at just the price, you would have seen very little movement.

The next thing I noticed years ago was the fact the snack crackers all of a sudden went from 16 ounces to 14.4, a reduction in 10% product, or a 10% price increase, more inflation.

Today, I opened up a package of Club crackers and discovered six vacuum-sealed packages of crackers, as they've always had, but also noticed a huge open space at the top of the box. When I checked the net weight on the front of the box, I got my answer. Rather than 16 ounces, or even 14.4, it was a mere 12.5. The company quietly passed on a 13% price increase, and it's as if nobody noticed.

The more the companies deceive us, the lower inflation can be reported, and the more money the government can save. This is how the world works.

Email the author at Gazetteguy@yahoo.com or send a letter to the editor at Andrew@gazettegroup.com.

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Gazette

Lutheran North Students Embrace Gift of Life HOSA Challenge

Lutheran High School North HOSA students are competing in a statewide challenge along with 16 other Michigan HOSA chapters to register new organ and tissue donors and inspire support for donation.



HOSA chapters are part of the former Health Occupation Students of America, and the organization is now known as HOSA-Future Health Professionals.

The Gift of Life HOSA Challenge, an organ and tissue donor drive competition, runs now through March 1. For the next three weeks, students are signing up people to the Michigan Organ Donor Registry. Members

of the public can sign up on the Donor Registry in honor of Lutheran High North's HOSA Chapter, scoring a point for the chapter.

In addition to registering new donors, students will also encourage their classmates, teachers and supporters to sign up through various activities and events designed to raise awareness of the importance of organ and tissue donation. At the end of the competition, awards will be presented to the chapter with the most new donor registrations and to the chapter with the most activities completed in support of donation.

"We are proud to partner with Michigan HOSA-Future Health Professionals to save and heal lives right here Michigan," said Dorrie Dils, CEO of Gift of Life Michigan, the state's organ and tissue recovery program. "The energy and enthusiasm of these students is inspiring. Their leadership and passion for improving health care will ensure a successful Gift of Life HOSA Challenge. Signing up on the Michigan Organ Donor Registry is an easy, quick way to give hope to the 3,200 res-

idents in our state waiting for a life-saving organ transplant, and tens of thousands more who need cornea and tissue transplants to improve the quality of their lives."

"This is a wonderful opportunity to bring the members of our LHN HOSA Chapter together," said Nicole Mandziara, LHN HOSA Advisor. "Gift of Life is a great cause, and I know our students are going to welcome the opportunity to help others."

Samantha Pohl, assistant director of Michigan HOSA, added: "With over 7,000 HOSA members spread across the state, this challenge will be a fun way to make our organization feel more cohesive, all while spreading awareness of organ donation. We are thankful for this opportunity with Gift of Life and appreciate them taking an interest in future health professionals."

Winners and participating schools will be recognized at the HOSA Spring Leadership Conference. To sign up in honor of Lutheran High North's HOSA Chapter, visit golm.org/go/lhn-hosa/.

Moza Construction: Hometown Home Builders

HOME SHOW PREVIEW

Macomb Spring Home Show
Saturday, Feb. 16 & Sunday, Feb. 17
Gazetteevents.com

Face-to-face conversations with customers are important to the people at Moza Construction.

The company, founded in 1992 by Joe Moza, prides itself in being a hometown business that people can trust.



MOZA CONSTRUCTION will be at the Macomb Spring Home Improvement Show February 16-17 at the Macomb Community College Sports and Expo Center. Learn more at GazetteEvents.com/.

Moza Construction is a family owned and operated company based in Yale and does work all over Macomb and St. Clair Counties. The company is fully licensed and insured and offers building services from the ground up, including roofing, windows, insurance repair, and home improvement.

After 27 years of experience running his own contracting business, Moza is a seasoned professional.

"You get quality work," said Operations Manager Denise Ezzo. "The end product could be on HGTV."

Ezzo stressed the importance of having a licensed and insured contractor, and said that Moza goes above and beyond to make sure they have all the necessary credentials. Beyond that, Ezzo said, it's the personal connection that makes Moza Construction different from other companies.

"We're here when you need us," she said.

Two years ago, Moza Construction opened an office so that customers would have a place to come meet with the people they were hiring in person. The building has a showroom where people can look at samples of the company's work, and Ezzo said they're working on building a spec house that will give customers an opportunity to see the work for themselves.

"Once we opened the office, it kind of grounded us," Ezzo said. "You're trusted a little more ... We have people who can actually back what we do."

Ezzo said that Moza Construction is always willing to work with customers on a budget and to develop a plan that works for them.

"You can walk into the office and talk to me," said Moza. "We're a hometown business."

To learn more about the company, visit Mozaconstruction.com or call 810-387-9773.

Moza Construction is coming to the Macomb Spring Home Show, produced by Gazette Media Group, on February 16-17 at the Macomb Community College Sports and Expo Center.

Birthday Party for George Washington

Show your appreciation for the first president of the United States at the Washington Historical Museum. On Sunday, February 24 from 1-4 p.m., the historical society will host its 14th annual George Washington Birthday Party.

Visitors can tour the museum exhibits and view the 27 finalist entries for the 2019 Ron Gordon Memorial George Washington Art Contest.

This is the 10th annual competition that was started in 2010

by Ron Gordon, a historical society member who passed away in October 2018.

Refreshments and cherry desserts will be served. The event is free and all are welcome. For more information, call 586-786-5304, check the Greater Washington Area Historical Society Facebook Page, or go to washhistsoc.org/.

The Washington Historical Museum is located at 58230 Van Dyke, north of 26 Mile Road.

FREE ADMISSION

The Only East Side Home Show!

Take advantage of great **SHOW ONLY DISCOUNTS** from all exhibitors!

Macomb Spring Home Show

Inside. Outside. Everything For Your Home.

Saturday, February 16th • 10am-6pm
Sunday, February 17th • 10am-4pm

Macomb Community College Sports & Expo Center
14500 E. 12 Mile Road, Warren (Corner of 12 Mile & Hayes) - Building P

Gazette

Senior Living

Local Deals and Discounts That Benefit Seniors



by
AMY FORTUNE

Michigan seniors have a lot of opportunities to save money on eating out, retail purchases, travel, and more. And, while many of these discounts are only available to those who are 60 or 65 years of age or older, some apply to individuals aged 55 and up.



Restaurant Discounts

Meeting up for lunch or dinner with friends or family members is easier on the wallet when you have senior status. So, get your appetite ready for savings with these great deals.

In Michigan, if you are 55 or older, you can enjoy 10% off your order at Arby's. And at The Original Pancake House, there's special senior pricing on Friday mornings. Just call the location nearest you to verify the age limit and to learn more about specific deals.

At Max and Erma's Restaurant, seniors aged 60 and over get 10% off their bills. And this is a convenient deal for many mall walkers in Macomb, as there is a Max and Erma's located at Partridge Creek.

If you're in a hurry in the morning, McDonald's offers discounts on coffee to anyone who

is 55 and over. And for lunch or dinner, Culver's offers seniors who are over 60 years of age 10% off on burgers, fries, shakes, and more.

Retail Discounts

Bon-Ton Department Stores often host Senior Citizen Days where individuals who are 55 and over get 15% off merchandise (certain exclusions may apply). And if you are the crafty type, here is some good news. Michael's offers a 10% discount on Tuesdays to seniors over 60. Better yet, Kohl's offers 15% off purchases to those 60 and up.

Need glasses? AARP members in Michigan enjoy 30% off lenses and frames at Lens Crafters.

Here's a whopper of a discount! Depending on the location, Salvation Army Thrift Stores offer up to 50% off their already low prices to anyone who is 55+.

Travel Discounts

If you love to travel, you should never have to pay full price as a senior. Just pick a destination, grab these deals, and get going! For flying, seniors who are 65 or older get 15% off air travel through American Airlines.

Need to get around once you get to where you are going? Enjoy 15% off vehicle rentals from Budget Rental Cars if you are 50 or older. Or rent your vehicle from Avis and receive up to 25% off your total bill if you are an AARP member.

Prefer to take the bus? In Michigan, those who are 62 or older get 5% off Greyhound travel, and this is a great way to see the country. And once you get to your destination, get a great place to stay and 20-30% off at select Quality Inn locations if you are 60+.

This is just a small sampling of the senior discounts available in Michigan. Check with an AARP representative (if you are a member) to learn about more of these types of deals. Or, simply ask someone at the places you visit (restaurants, retail stores, beauty shops, grocery stores, travel agencies, etc.).

Also, it is a good idea to call ahead before visiting an establishment to verify that the desired discount has not changed and is still applicable.

FREE Senior Expo

at the



DETROIT INSTITUTE OF ARTS

5200 Woodward Avenue, Detroit, MI 48202

Monday, March 4th • 10am-2pm

Presented by



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FREE MUSEUM ACCESS & SPECIAL PROGRAMS FOR ATTENDEES ALL DAY

The Detroit Institute of Arts will be open to expo attendees.
Enjoy museum activities and Gallery Adventures throughout the day.

Lighted, secured parking is located east of the DIA on John R St., south of Kirby St. and north of Warren Ave. Daily parking rate is \$7; cash and credit cards are accepted.

Gold Sponsors:



Visit GazetteEvents.com or call 248-524-4868 for more information

Sheriff, Judges to Discuss Computer Safety for Seniors

The Macomb County Sheriff's Offices and Sheriff Anthony Wickersham, along with Judge Denis LeDuc and Magistrate Jennifer Andary of the 42-1 Romeo District Court, will be hosting a computer safety presentation for senior citizens on Wednesday, February 27 at the Romeo District Court.

The presentation will be given by the Macomb Area Computer Enforcement Unit (MACE) and will cover internet safety topics including identity theft, fraud, and scams targeted

at senior citizens. Attendees will receive education on what these crimes entail and how to prevent themselves from becoming a victim.

The presentation will be held at the 42-1 Romeo District Court located at 14713 33 Mile Rd in Romeo and will run from 1:30-3:30 p.m.

The presentation is free and available to Macomb County Senior Citizens age 50 and older. Seating is limited so register in advance by calling 586-307-8916.

Seniors can Visit Cuba with Step on Bus Tours

Have you always wanted to visit Cuba? Step on Bus Tours has organized a trip to Cuba for seniors from February 29 to March 8, 2020.

Travel by motorcoach to Charleston, South Carolina, where you will board the Carnival Sunshine for a 5-day cruise. Stop at Freeport, Bahamas then continue on to spend a day in Havana, Cuba.

The trip includes all motorcoach transportation, three nights accommodations, three hotel breakfasts, a horse-drawn carriage

ride, dinner in Charleston, Wohlfahrt Haus Dinner Theatre in Wytheville, VA, a 5-day cruise aboard the Carnival Sunshine, meals and entertainment onboard the ship, port charges and taxes, shipboard gratuities, and luggage handling.

The cost to attend is \$1599 for double occupancy and \$2389 for single. A \$250 deposit is due by June 1, 2019 with the final payment due December 9, 2019. Learn more at StepOnBusTours.com/.

Foundations Team up to Take on Parkinson's

The Kirk Gibson Foundation for Parkinson's this week announced a partnership with Blue Cross Blue Shield of Michigan and the Michigan Parkinson Foundation. The partnership aims to increase awareness of Parkinson's Disease (PD) and fund clinical research seeking to find a cure for PD through a unique approach – collaboration, cooperation, and teamwork.

Detroit Tigers great Kirk Gibson was diagnosed with early-onset PD nearly three years ago and has dedicated his energy to the cause ever since.

"It's like a hand in a glove, the way the foundations fit together", said Gibson, referring to the alliance between his foundation and its newest teammates. "It's my dream team. My dream? Defeat Parkinson's. Together, we can do it."

The partnership encompasses a year-long campaign and series of events that will bring awareness and support to the PD community. Last year, over \$1.2 million of funding, raised under a similar collaborative effort, was shared with Michigan hospitals and research laboratories.

The Michigan Parkinson Foundation (MPF), founded 36 years ago, directs its resources to caring for the 30,000 Parkinson's patients and their families in Michigan. Educational initiatives for families and caregivers, financial aid for medical assistance, subsidies for in-home respite care, organizing seminars for the medical community and facilitating over 700 support group meetings at 74 locations in Michigan represent some of MPF's ongoing programs.

Michigan Parkinson Foundation's chairman and Detroit auto dealer Jeff Laethem experienced the work of the MPF first hand when his father Ray was diagnosed with early onset Parkinson's. The foundation's work on behalf of his dad and the family haven't been forgotten.

"What an opportunity this represents for the two foundations to work together as one," said Laethem. "I call them Team Cure and Team Care. We are one team. We have one goal."

Serving as Executive Chairs for this fall's fundraiser, the culmination of the foundation's partnership, "Everybody Versus

Parkinson's" are Dan and Amy Loepp. Mr. Loepp is President and Chief Executive Officer of Blue Cross Blue Shield of Michigan.

Like Gibson and Laethem, Mr. Loepp has also experienced the reality of Parkinson's in his life. Five years ago, his father Robert died from complications from Parkinson's.

"Amy and I are proud to support these two extraordinary foundations and bring awareness to Parkinson's, a devastating disease that has impacted so many families, including mine," said Loepp.

The Gala "Everybody Versus Parkinson's" supports the efforts of both The Kirk Gibson Foundation for Parkinson's and the Michigan Parkinson Foundation.

The Gala evening is planned for October 19, 2019, at the Motor City Casino. More details will be announced as plans are finalized.

Learn more about the Michigan Parkinson Foundation at parkinsonsmi.org/.

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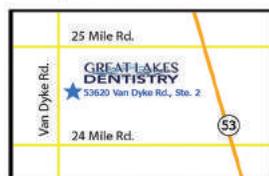
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Simple Winter Safety Tips for Seniors

While it is important for all Michiganders to take extra precautions during the winter months, seniors must pay special attention to home environments out outdoor conditions.

Keep the Pantry and the Medicine Cabinet Stocked

Winter storms and freezing temperatures can keep seniors house-bound for days. So, make sure that there is plenty of food in the house – including non-perishables in case the power goes out. Then, even more importantly, keep an eye on necessary, prescribed medication to avoid a potential health emergency.

Keep Home Temperatures Warm Enough

Sometimes seniors do not realize that they are getting too cold until hyperthermia sets in. Then, unless treated immediately, this condition can lead to heart attacks, kidney problems, or worse. Experts advise seniors and caregivers to keep home temperatures at least 68 degrees.

Make Outdoor Preparations

Many independent seniors enjoy taking outdoor walks, even in the winter. So, all seniors who venture outdoors during snowy or icy conditions should dress warmly (preferably in layers with proper head, face, and hand protection).



Young at Heart: Aging Healthier with Help

(NAPSI) As your wisdom grows with age, so can the number of pill bottles in your medicine cabinet. For those “young-at-heart” seniors, sticking to healthy habits is the key to aging well.



With some simple steps, you can keep a healthy routine that also gives you more time to do the things you love.

Consult the Experts

You know to go for regular checkups with your general practitioner, but don't forget that pharmacists can also be accessi-

ble experts to answer questions about your health. In fact, your pharmacist is a licensed professional who provides different health care services including immunizations and can help you understand why and how to take your medications to support effective treatment.

Some pharmacies offer extended hours, and 24-hour chat with pharmacy staff is often available whenever you need it. Many locations also have health care clinics to treat minor injuries and illness, which can be a convenient and cost-efficient alternative to a doctor's visit.

Let Your Smartphone Help

With a packed list of to-dos, friends to meet and grandchildren to watch, medication routines can easily slip the mind. Luckily, your mobile phone is a helpful tool to keep track of your medications, right in the palm of your hand. Certain apps can help you set daily pill reminder notifications, so you never miss a dose. You can also find close-by health care providers and arrange a video call for a face-to-face consultation with a physician or specialist through the Walgreens app. If using your smartphone

comes with its challenges, ask someone at the pharmacy, a friend, or a family member to help set it up for you.

Simplify Your Refills

Multiple prescriptions can mean multiple trips to the pharmacy each month. A trained pharmacist can recommend convenient refill options such as aligning multiple refill trips to one single date, switching to 90-day refills or having eligible prescriptions sent directly to your home. All these services can make it easier to stay on your medication schedule and help save time.

Maintain a Healthy Lifestyle

They say age is only a number, and when you're in control of your health, that's very true. With the time and money you'll save from these tips, think about how you can embark on and maintain an even healthier lifestyle. Why not challenge yourself to walk for at least 30 minutes a day, connect with friends and family, or take the time to prepare nutritious meals?

These small steps can all contribute to a healthier life, and free up time and head space for the things you really love.

Senior Olympics Dancesport Competition

The Michigan Senior Olympics Dancesport Competition is taking place on Sunday, February 17 at the Royal Park Hotel in Rochester.

Professional and amateur dancers ages 50 and older will compete in a variety of styles.

The event is open to the public and spectator tickets cost \$20. The competition begins at 3 p.m. To learn more, visit michigan-seniorolympics.org or call 248-608-0252. The Royal Park Hotel is at 600 East University Dr.

FUN TRIPS: STEP ON BUS TOURS

APRIL 8-9 Shrine of Christ Passion - Includes one night lodging and some meals - \$250/person

APRIL 10 Our official slot is 2:30 pm for the first day of the Vera Bradley Annual Sale \$85/person

MAY 23 Gold, Diamonds & Pawnshops - \$69/Person

JUNE 2 Daniel O'Donnell Live at Caesars Windsor! - Book by February 28, 2019 - \$95/person

MAY 10 Tulip Time in Holland MI - \$90/person

JUNE 5 Mystery Trip - Hint: no casinos. Very little walking. Lunch is included - \$65/person

JUNE 8 Bay City - Box lunch included - \$45/person

JUNE 20 Saugatuck - Dune buggy ride, boat ride, hand creamed sodas and more - \$95/person

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Free Group Transportation to Senior Expo at the DIA



Wayne, Oakland and Macomb County seniors can get advice and assistance at the Detroit

Institute of Arts (DIA) on Monday, March 4 from 10 a.m. to 2 p.m.

The Senior Expo at the DIA, presented by Meritus Communities and Blue Cross And Blue Shield of Michigan, is a free one day event that will connect seniors and caregivers with more than 50 organizations that specialize in assistance and care for seniors, including: assisted living, Alzheimer's information, home care, Veterans benefits, mobility solutions, Medicare and more.

There will be prizes and plenty of giveaways, plus free bagels and coffee.

The Detroit Institute of Arts

will be open to expo attendees who can enjoy museum activities throughout the day.

Complimentary transportation to the museum is available for groups of 25 or more in Wayne, Oakland and Macomb Counties. To book, call 313-833-7981 by February 15.

A lighted, secured parking lot is located east of the DIA, located on John R, south of Kirby St. and north of Warren Ave. The daily parking rate is \$7, cash and credit cards are accepted.

The Detroit Institute of Arts is located at 5200 Woodward Avenue. For more information, visit gazetteevents.com/dia-attendeepage.html.

Proper Nutrition for Older Adults

(NAPSI) As you age, your nutrition needs change. You may become less active, your metabolism slows, and your ability to absorb some nutrients becomes less efficient. You need fewer calories to keep you going, which means the amount of nutrients in your food becomes even more important.

Older adults are encouraged to eat whole grains, which are high in fiber, as well as plant-based proteins such as beans and tofu, along with fish and lean meat. Vegetables and fruits should also make up a large portion of a balanced diet.

Cutting back on salt can have big health benefits, especially for older adults who are at risk of hypertension.

Specifically, it is recommended that older adults incorporate brightly colored vegetables such as carrots and broccoli into their diet, as well as deep-colored fruit such as berries and peaches.

Whole, enriched, and fortified grains and cereals such as brown rice and 100 percent whole wheat bread are recommended, as well as low-fat and nonfat dairy products such as yogurt and low-lactose milk.

And no healthy diet is complete without plenty of fluids and physical activity such as walking, resistance training, and light cleaning.

As always, consult with your doctor before starting a new diet and exercise routine.

St. Patrick's Day at the Shelby Senior Center

Next month, the Shelby Township Senior Center will host a St. Patrick's Day Senior Luncheon and dinner dance.

On Thursday, March 14, the center will celebrate all things Ireland for the St. Patrick's Day luncheon at 11 a.m. At the event, people can enjoy a meal and festive entertainment. Tickets cost \$10 and must be purchased in

advance.

The Senior Center will host a St. Patrick's Dinner Dance on Friday, March 15. The event begins at 5:30 p.m. and the evening will feature a buffet dinner and dancing. Tickets cost \$16 and must be bought ahead of time.

To learn more, contact the Shelby Senior Center at 586-739-7540.



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Not only do their efforts benefit those in need in the community who need it most, they also help reduce food waste in the area by collecting large quantities of food from restaurants, wholesalers, and caterers.

Forgotten Harvest is always in need of monetary donations and volunteers.

Visit ForgottenHarvest.org for more information on how to donate your time, energy, and efforts to this worthy cause.

ADOPT A PET

The Humane Society of Macomb works to prevent cruelty to animals, and place adoptable pets into good, permanent homes with responsible owners and promote spaying and neutering to prevent overpopulation. The Humane Society of Macomb has many cats, dogs, puppies and kittens waiting for a new home. They are open Monday through Saturday, 10 a.m.- 3 p.m. for adoptions. Give them a call at 586-731-9210, and visit them at 11350 22 Mile Road in Utica.

ADOPT A PET

Tigger



Spencer



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Ayr



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Gazette Media Group is a media and events company based in Troy, Michigan. Originally established in 1980 by Claire Weber as the Troy-Somerset Gazette, GMG now publishes three local newspapers and hosts a variety of events throughout the metro Detroit area.

The Gazette creates and curates hyper-local content and distributes free weekly newspapers throughout businesses in the community. Go to GetYourGazette.com to read past issues and to find the nearest pick-up location.

The Gazette is always looking for news, photos, and tips from around the community. Email News@GazetteMediaGroup.com or call 248-524-4868 for editorial submissions.



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9	3				7	6		
		3			1		6	
8				6				1
	1		9			5		
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7		2		9	8			
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