

## Pet Care Guide

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# Gazette

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June 21, 2019  
Vol. 3, No. 27

### Donor recognition open house in Ray

The Friends of the Ray Township Library and Historical Society will host a "Donor Recognition & Open House" on Sunday, June 30 from 12-4 p.m. in the Ray Township Public Library at 64255 Wolcott, just north of 29 Mile Road.

A perpetual plaque will be unveiled and placed in the Library near the newly installed custom archival cabinet which was part of phase two of the Library's "Renovations for Resourceful Spaces" project.

The community is invited to join in the celebration as the Society gives recognition and thanks to those who donated to the Society.

The event runs concurrently with the Township's Ray Day Picnic in the Park and the final day for bidding on items in the Society's annual Silent Auction held in the Library.

Proceeds from the auction benefit improvements to the exterior of the Ray Township Public Library building.

To learn more, visit [rayhistory.org/](http://rayhistory.org/).

### Win this jar of goodies

Visit the Utica Public Library anytime on Monday, June 24 to guess on how many "goodies" are in the jar. The closest guess will win the Jar Of Goodies.

Only one guess per person. The winner will be chosen at the end of the day and notified by phone. All ages welcome.



FRIENDS OF MACOMB TOWNSHIP COMMUNITY FOUNDATION recently presented six scholarships to graduating high school seniors from Macomb Township at the Macomb Township Recreation Center. Scholarships were awarded based on merit but also were required to write an essay based on their life experiences on their academic life. Congratulations Lauren Bobowski, Kendall Carlin, Hannah Lerner, Katelynn Paluch, Samantha Radman and Angelina Vita.

### Macomb Township trustees debate second ethics proposal

by ELENA DURNBAUGH

Macomb Township continues to work toward passing an Ethics Ordinance for township officials and employees.

Treasurer Karen Goodhue provided an update on the Ethics Ordinance at the June 12 meeting and informed the Board of Trustees that she, Trustee Nancy Nevers, and Macomb Township Legal Counsel/Human Resources

Director Thomas Esordi were working on an alternative to the ordinance first proposed by the Ethics Advisory Committee in October 2018.

The Ethics Committee was appointed by the Board of Trustees on February 28, 2018. Rich Maierle, Tom Sokol, Richard Paul, Robert Montilla, James Gelios, and Stephen Ferrari serve on the committee, with Gelios

acting as committee chair. Each member was appointed by a member of the Board of Trustees.

The committee was tasked with researching and developing a possible ethics ordinance for the township. It began its work in March 2018 and had 10 meetings. Members looked at existing ethics ordinances from other communities as well as ethics

See MACOMB TOWNSHIP, page 3

### Shelby Police approved for new tasers, guns, and a robot

by JUSTIN COOPER

The Shelby Township Police Department is getting an updated toolkit following the approval of several purchases totaling over \$133,000 by the township's Board of Trustees June 18.

The police department is buying nine tasers, 80 9mm backup handguns, a Throwbot device, and a 911 recording system.

"It's a busy night for our police department," Supervisor Rick Stathakis said.

The Throwbot 2 is a 1.2-pound robot that can be dropped 30 feet or thrown 120 feet. It can be navigated into spaces officers can't safely access, such as barricaded homes, and send back audio and video.

According to Chief Robert Shelide, there have been at least two difficult situations in the past six months in which a Throwbot could have made a difference. In both situations, a suspect had barricaded themselves in their home for over 15 hours, demanding the presence at least as many officers, and when officers eventually entered the home, the suspect was found dead.

"It's not a weapon," Shelide said. "It will never be weaponized"

See POLICE, page 2

### Inside This Issue

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Classifieds

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## Summer brings \$20 million in facility improvements to UCS

This summer, Utica Community Schools will start a scheduled, \$20 million, five-year facility improvement program. The improvements are focused on safety and security, infrastructure, and technology.

“Through a clear strategic direction, our voters in November overwhelmingly approved a \$155 million bond issue that will impact every school and every student in our district,” Superintendent Christin Johns said. “Utica Community Schools is committed to managing the taxpayer-approved funds responsibly.”

**Safety and security** updates taking place this summer include adding security cameras at all junior high schools and Duncan, Havel, Ebeling, and Schuchard elementary. New and replacement cameras for the remaining schools in the district will be installed during the 2019-2020 school year. Several buildings will have new controlled front entry areas built, including Beck, Browning, DeKeyser, Duncan, Monfort,

Morgan, and Schuchard Elementary Schools, Shelby Junior High School, and the Instructional Resource Center.

Across the district, schools will receive computers and iPads to support instruction, in accordance with the replacement cycle. This year second-grade classrooms, junior high school coding courses, and high school Foreign Language labs are due for computer updates.

**Finally, several** infrastructure projects will occur this summer. Stadium improvements will be made at Swinehart and Runkel fields, including the replacement of field turf and track improvements. Parking lot improvements will take place at Duncan, Oakbrook, and Switzer Elementary Schools. Ebeling and Schuchard Elementary Schools, Davis Junior High School, and Henry Ford II High School will receive heating and cooling improvements. The district will also replace 26 buses.

## Shelby Board approves new police purchases

MACOMB TWP, From page 1

under any circumstances. All it is eyes and ears in a device for us in a small little package.”

**The trustees were** delighted by the Throwbot, with Treasurer Michael Flynn comparing it to “Runaway,” a 1984 science fiction film about servile robots being reprogrammed to kill.

The police department is selling 80 of its .40-caliber pistols

to raise \$22,400 toward their 9mm replacements. Last year, a firearms evaluation committee organized by the department recommended Shelby Police switch to the smaller caliber, following what Shelide said was a national trend in law enforcement.

**The hiring of** additional officers ran the department’s supply of extra tasers dry, and the nine additional tasers will ensure

each officer continues to have their own.

The 911 recording system will be installed in the department’s backup call center. The backup center has never had a recording system, but an expected increase in the volume of calls received there necessitated the upgrade.

The motion passed unanimously.

## Utica Community Schools “Meet Up and Eat Up” summer food program returns with new campaign

Ten minutes before its scheduled daily arrival, kids walked or rode their bikes to the food truck stop outside a Sterling Heights clubhouse. As they waited, neighborhood friends were talking and laughing together. The honking of the food truck horn heralded its return, and kids were now coming from all directions to meet up at the UCS Food Truck for another nutritious lunch.

**Hamburgers,** served on a complimentary Frisbee used as a food tray, were on the menu on Wednesday, along with a fruit cup, carrots, milk or juice. The children sat together in small groups while they ate, enjoying the summer sunshine. Afterward, several tossed around their new Frisbee. They will be back tomorrow for hot chicken sandwiches when the Utica Community Schools’ Meet Up and Eat Up food truck returns.

This summer UCS decided to increase the program’s reach by delivering and serving hot lunches throughout the community via a food truck. The UCS “Follow the Food Truck” campaign encourages children and teens to meet up for lunch at five neighborhood locations Monday through Thursday. Four school buildings are also Meet Up and Eat



**UCS SUMMER FOOD TRUCK DRIVER, Sandy McGee, a UCS Food Service Manager at Utica High School, talks to kids at a Sterling Heights Meet Up and Eat Up stop.**

Up lunch sites with one, Schwarzkoff Elementary, serving both breakfast and lunch.

**“We care deeply** about our students and their success at all times,” Superintendent Christine Johns said. “This partnership with USDA will provide summertime access to the same healthy meals offered through our school lunch and breakfast programs.”

All children and teens, ages 18-years-old and younger, can receive

healthy meals now through August 2 through the federally funded summer food program. People up to age 26 enrolled in an educational program for the mentally or physically disabled that is recognized by a State or local public educational agency can also take part in the program.

**For a listing of UCS Food Truck stops, daily site menus and weather closure information, visit [Utica12.org/SummerFood/](http://Utica12.org/SummerFood/).**

## Shelby Township blight rehabilitation project

Shelby Township Treasurer Michael Flynn oversaw a project that started with the township purchasing a blighted home at 8112 St. John Street near 21 Mile Road and Van Dyke Ave. for \$14,102.79 from Macomb County Tax Foreclosure in 2018.

**The township invested** \$12,843.19 in site remediation and restoration and then sold the home for \$130,000 which was the highest qualified offer of more than 40 bids the township received from the property. Following further renovations of

the home, the property’s current owner, AGI Holdings, Inc., listed the home for sale at the beginning of June for an asking price of \$304,900.

**“Purely for the township’s bottom line,** we gained roughly \$100,000 to contribute to the township’s trust to fund retiree healthcare obligations,” Flynn said after presenting details of the project at the June 18 Board meeting. “Part of the bid evaluation process by the Board was to look at how the buyer intended to use the property and

his plans for renovation.

“Our top priority was to have a bidder that would do a top-notch rehab that was in line with the pride of ownership exhibited by the neighbors on that street,” Flynn added. “The Board felt that the purchaser selected was most qualified to do the kind of rehab we felt that neighborhood demanded.”

**The Board of Trustees is asking residents to contact township hall with other areas that need attention. Call 586-726-7248 or email [ordenf@shelbytwp.org](mailto:ordenf@shelbytwp.org).**

**DON'T MISS THESE GAMES**

6/19 Utica Unicorns vs Westside Woolly Mammoths  
 6/20 Birmingham Bloomfield Beavers vs Eastside Diamond Hoppers  
 6/21 Eastside Diamond Hoppers vs Westside Woolly Mammoths  
 6/22 Westside Woolly Mammoths vs Birmingham Bloomfield Beavers  
 6/23 Utica Unicorns vs Birmingham Bloomfield Beavers

**THURSDAY, JUNE 27**  
 Polish-American Heritage Night  
 Thirsty Thursday  
 First Pitch 7:05PM, Gates Open 6:00PM

**FRIDAY, JUNE 28**  
 FAT TIRE FRIDAY  
 FIREWORKS SPECTACULAR!  
 First Pitch 7:05PM, Gates Open 6:00PM

**SATURDAY, JUNE 29**  
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## Officials look to replace ethics ordinance proposed by committee they appointed

MACOMB TOWNSHIP, From page 1

ordinance guidelines from the state of Michigan, the Michigan Township Association, and the Michigan Municipal League. The committee also received advice from the Chairman of the Macomb County Ethics Board, Don Amboyer. The ordinance proposed by the committee is very similar to Macomb County's ethics ordinance, according to Gelios.

Last month, the Board of Trustees voted to set June 26 as the meeting to vote on the proposed ethics ordinance. They set June 12 as the deadline for legal counsel to distribute Ethics Ordinance enforcement policies and procedures.

At last week's meeting, Goodhue provided a progress update that focused on civil infractions, which are non-criminal violations of rules, ordinances, or regulations. She said that Esordi recommended the township expand its current ordinances if the ethics ordinance included a penalty for civil infractions.

"This is all information for- to be able to make a decision at the next meeting," she said.

Goodhue then announced that she would present a second ethics ordinance option for the board to consider at the June 26 meeting.

The proposal is pulled from the Michigan Township Association Code of Ethical Conduct, according to Goodhue.

"It provides even more overseeing than the ordinance does, so the board members will have two options next board meeting to choose from," she said.

Nevers said that the primary objection to the ethics ordinance proposed by the committee was that it didn't include anything about municipal or civil infractions, which she felt was important for the township.

"What was put together didn't quite work for our township," Nevers said. "We feel this document works more for this particular township."

Nevers also said Gelios agreed the document wasn't quite finished yet.

"It's almost there," she said. "We will have a document that works, but it's an issue whose time has come. I'm sure there will be some people that will groan... but we need to come together and build a consensus."

Gelios said that before the June 12 meeting, Goodhue provided him with information on civil and municipal infractions that he added to the proposed ethics ordinance. He said the

revised version, which is part of next week's board packet, was sent out to members of the ethics committee for their feedback.

The ethics committee expected to have a revised version of the ordinance, Gelios said, because the committee received little support from the township legal counsel.

Now that the ordinance has added language on civil infractions, Gelios said he would like to see the board wait another two weeks for public review before voting on it.

"If you add or take away one word, it's another document," he said. "It's been a year and a half, another few weeks isn't going to hurt us."

Trustee Tim Bussineau expressed surprise and concern that Goodhue and Nevers had been working with the Ethics Advisory Committee independent of the board.

"I thought that we put it into the hands of the committee," he said. "Not only do I think that, we voted on that, and we put it in the hands of a committee."

Gelios said he didn't mind talking to board members about the ethics ordinance.

"We need to start mending the last three years of turmoil," Gelios said.

Bussineau said that he believed that Nevers and Goodhue had violated a board resolution passed earlier this year by talking to the ethics committee independent of board action.

"They took it upon themselves, without any board action, to represent the township be reach out to the ethics committee and hold meetings," he said. "Board action would have had to be brought forward for them to be able to talk to that committee."

The resolution brought to the board on March 28 by Goodhue states that "Only the board, not individual members, has the authority to take official action on behalf of the township," and that "The township wants its employees and citizens to clearly understand that an individual Board member is not authorized to speak on behalf of, or otherwise represent, the Township without express authorization of the Board."

The resolution allows board members to be contacted for discussion of township business and allows employees to provide support to Board members within the scope of their job.

Goodhue responded to Bussineau's concerns at last week's board meeting by saying board members were allowed to go to department heads for

information and that they were allowed to bring anything before the board.

The ethics committee was formed as an advisory board, though, and not a township department.

"This is very important to me," Goodhue said "I've done a lot of research on it, like I said, because I was here."

The board packet for next week's meeting includes Goodhue's proposed ethics ordinance, which is the Michigan Township Association's Code of Ethical Conduct and not a document specific to Macomb Township. It has no language concerning civil or municipal infractions and does not set up an independent review board for reporting improper actions.

"The Code of Ethical Conduct is intended to be self-enforcing," the document says.

Gelios said that he didn't think it was right for Goodhue to present an entirely separate option to the board that didn't include the work of the committee.

"Her alternation is nothing more than a cut and paste from

the MTA handbook," he said. "That's upsetting to the committee because it has no teeth in it."

According to Gelios, Goodhue had concerns about the committee's document because she felt it was targeting the Board of Trustees, but he said that wasn't the case.

"It's not geared toward the trustees, not at all. It could actually help them," he said. "This isn't designed to be a witch hunt. It could very well protect them, too."

Gelios said that it was important for an independent ethics board to be set up by the ordinance, otherwise it was little more than a promise from the board to "be good," and "brush their teeth," which is similar to what already exists in the Macomb Township Principles of Governance.

Both Nevers and Goodhue said that the proposed ethics committee ordinance wouldn't do anything to stop corruption like the township saw with former Trustee Dino Bucci.

"I don't think that anything would stop a corruption if

somebody wants to be that scurrilous," Nevers said.

Gelios said he agreed.

"It very well may not," he said. "It will help with some of the more day-to-day stuff you're seeing now."

Bussineau said that he still hoped to vote on the ethics ordinance on June 26.

"If there's a township that needs an ethics ordinance, it's us," he said. "And, combine that with the recent employee presentation at our meetings about why they left the township... We need this ethics ordinance. It's time for this township to move away from 'the Macomb Township way' and give residents what they deserve, and that is clean government."

The Macomb Township Board of Trustees meets at 7 p.m. on Wednesday, June 26.

The meeting agenda and board packet can be found online at [macomb-mi.gov/](http://macomb-mi.gov/).



# FREE Senior Expo

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# Arts & Entertainment



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R, Comedy



**FIVE FEET APART**  
PG-13, Drama/Romance



**DOOM DAYS**  
Bastille - Indie Pop, Virgin EMI Records



**NOSTALGIA**  
R, Drama

## MUSIC

**The Front Porch** Saturday, June 22, Downtown Ferndale - A day of music on Ferndale porches

**The National** Tuesday, June 25, 7 p.m. Hill Auditorium, Ann Arbor

**Willie Nelson** Tuesday, June 25, 7:30 p.m. Freedom Hill Amphitheatre, Sterling Heights

**The Lonely Island** Wednesday, June 26, 8 p.m. Fox Theatre, Detroit

**Dierks Bentley** Friday, June 28, 7 p.m. DTE Energy Music Theatre, Clarkston

## ON STAGE

**Jeff Bodart** Saturday, June 22, 7 p.m. Mark Ridley's Comedy Castle, Royal Oak

**Hugh Jackman** Monday, June 24, 7 p.m. Little Caesars Arena, Detroit

**The Odd Couple** June 24-25, Jewish Ensemble Theatre, Walled Lake

**Rhett & Link** Thursday, June 27, 7 p.m. The Fillmore, Detroit

## AROUND TOWN

**Rock 'n' Rides** June 20-23, Downtown Royal Oak

**River Days** June 21-23, Detroit Riverfront

**Tap-in Tuesday** June 25, 9 p.m. Tap & Barrel Grill, Shelby Township - Shot specials and DJs

**Michigan Guitar Show** June 29-30, 10 a.m. - 5 p.m. Emerald Theatre, Mount Clemens

**Euchre Tournament** Monday, July 1, 7 p.m. Sherwood Brewing Co., Shelby Township

**Quizzo Pub Trivia** Fridays at Westview Orchards Winery and Tuesdays at Brown Iron Brewhouse, Washington Township

## LIBRARY

**Upper Peninsula Rock Hounding** June 25, 1 p.m. Clinton-Macomb Public Library - North Branch

**Sorting Sentimental Clutter** Wednesday, June 26, 7 p.m. Shelby Township Library

**Sidewalk Chalk** Monday, July 1, 11 a.m. - 7 p.m. Utica Public Library - Stop by anytime to create some sidewalk chalk art

**Flying Aces Frisbee Show** Wednesday, July 3, 1:30 p.m. Shelby Township Library

**The Saucer Life** Wednesday, July 3, 7 p.m. Shelby Township Library

**All libraries closed** Thursday, July 4 - Happy Independence Day!

**Giant Word Search** Monday, July 8, 11 a.m. - 7 p.m. Utica Public Library - Stop by anytime to take part in the word search

## KIDS & TEENS

**Artful Tuesday** June 25, 1 p.m. Clinton-Macomb Public Library - North Branch

**Tot Time** Wednesday, June 26, 9:15 a.m. Clinton-Macomb Public Library - North Branch - Attendee must be between the ages of 12 Months and 23 Months old. Registration required.

**Blast Off with Books Magic Show** Wednesday, June 26, 1:30 p.m. Shelby Township Library - Preschool - 4th Grade

**Claymation Workshop** Wednesday, June 26, 1:30 p.m. Shelby Township Library

**Family Storytime** Tuesday, July 2, 10:30 a.m. Romeo District Library - Graubner Library

**Candy Creations** Monday, July 8, 2 p.m. Clinton-Macomb Public Library - North Branch - Grades 6 - 12. Registration begins on June 24. Learn to make the ultimate chocolate bar.

**Slime Time** Tuesday, July 9, 1 p.m. Utica Public Library - Ages 6+ will make slime and learn the science behind it. Register by calling 586-731-4141

## SAVE THE DATE

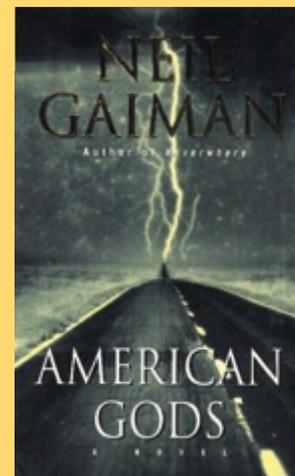
**We Were Promised Jetpacks** July 12, The Loving Touch, Ferndale

**Belle & Sebastian** July 21, Royal Oak Music Theatre

**Rancid** September 18, Masonic Temple, Detroit

To submit an event, email [News@gazettemediagroup.com](mailto:News@gazettemediagroup.com). Submissions run in the paper space permitting. To advertise an event, email [Advertising@gazettemediagroup.com](mailto:Advertising@gazettemediagroup.com).

## GAZETTE RECOMMENDS...



### AMERICAN GODS

It's heavy, twisted, and dark, but Neil Gaiman's classic "American Gods" is a thought-provoking look at American belief and the immigrant experience. The book is one of those works that everyone talks about but I just got around to reading. If, like me, you haven't read it yet and are looking for a piece of literature to sink your teeth into, check it out.

- Elena Durnbaugh, Editor

## Conductor Ankush Kumar Bahl to lead DSO at Macomb Center performance

The Detroit Symphony Orchestra (DSO) this week announced that conductor Ankush Kumar Bahl will step in for Gábor Takács-Nagy in a program on the William Davidson Neighborhood Concert Series next week.

Bahl will conduct the DSO and featured soloist Shai Wosner in "Mozart's 'Little' G Minor," a program including Mozart's Symphony No. 25 and Piano Concerto No. 21 as well as Schumann's Symphony No. 4.

The first performance is on Thursday, June 27 at 7:30 p.m. at Congregation Shaarey Zedek in Southfield.

On Friday, June 28 at 8 p.m., the DSO will perform at Macomb Center for the Performing Arts in Clinton Township.

And on Sunday, June 30 at 3 p.m., a matinee performance will be held at Seligman Performing Arts Center in Beverly Hills.

**Ankush Kumar Bahl** previously served as assistant



Photo Credit: Fernando Diaz Vidaurri

conductor of the National Symphony Orchestra and is a frequent cover conductor for the New York Philharmonic and Jaap van Zweden. In recent years, Bahl has been a frequent collaborator with jazz legend Wayne Shorter, leading Shorter's quartet in

concerts of his orchestral music at both the Kennedy Center and the Detroit Free Jazz Festival.

**Learn more about the William Davidson Neighborhood Concert Series and purchase tickets at [dso.org/neighborhood](http://dso.org/neighborhood).**

## PPG Fireworks Festival July 3

MI Green Team will host the second annual PPG Fireworks Festival at the Packard Proving Grounds on Wednesday, July 3, starting at 5 p.m., followed by the Shelby Township DDA Independence Day Fireworks and

inflatable bouncer, maze and slide, a 25-foot tower climb, and plenty of "retro games" for kids of all ages.

**Exhibits of dozens of local vendors** will offer a wide variety of products and services for home,



Lighted Drone Show at 10 p.m. The family-friendly celebration will offer live entertainment, kids activities, concessions, shopping, and more.

The main stage program will offer a full lineup of live entertainment featuring local-favorite musical acts and dance groups, and an Independence Day ceremony highlighted by the singing of the national anthem by the winner of the Shelby Star-Spangled Singer contest.

Kids activities will include an

kids, pets, personal care, gifts, and more. Concessions will include food, drinks, and snacks from local restaurants and food trucks.

Parking and admission are available for \$5 each online at [PGGFF.org](http://PGGFF.org) and at the gate. Parking sold out early last year, so get your parking pass in advance or get there early. Gates open at 5 p.m. Pets, coolers, fireworks, alcohol, weapons and outside food and drinks are prohibited. Minors must be accompanied by an adult. The rain date is July 10.

## Macomb County Community Action's Senior Fun Festival

The Macomb County Community Action's Senior Fun Festival is on Wednesday, June 26, at the Lorenzo Cultural Center.

This year is the 30th year of the senior expo, which provides seniors with a day of fun as well as community resources, wellness activities, and health screenings. The Fun Festival begins at 9 a.m. and runs until noon.

The Shelby Township Senior Center will provide transportation for people interested in attending the event. A bus will leave the center at approximately 9 a.m. on June 26.

The Lorenzo Center is at

44575 Garfield Rd. on the campus of Macomb Community College. To learn more, visit the Shelby Township Senior Center front desk or call 586-739-7540.

The health screenings are free and wellness information will be available, along with raffles and prizes throughout the day.

The Senior Fun Festival sees close to 1,000 attendees each year, with more than 70 vendors on site this year.

"Our team is so excited to add to the legacy of this event; striving to make it bigger and better for this special anniversary," said Nicole Urban, program manager

for Macomb Community Action's Office of Senior Services. "Thirty years of hosting this great event for Macomb County seniors and their families has been an honor."

Macomb Community Action is dedicated to helping people in Macomb County. Learn more at [Mca.macombgov.org/](http://Mca.macombgov.org/).

# BRIDAL EXPO

at Oakland University O'rena

SUNDAY, AUGUST 18, 2019 • 11 am – 2 pm



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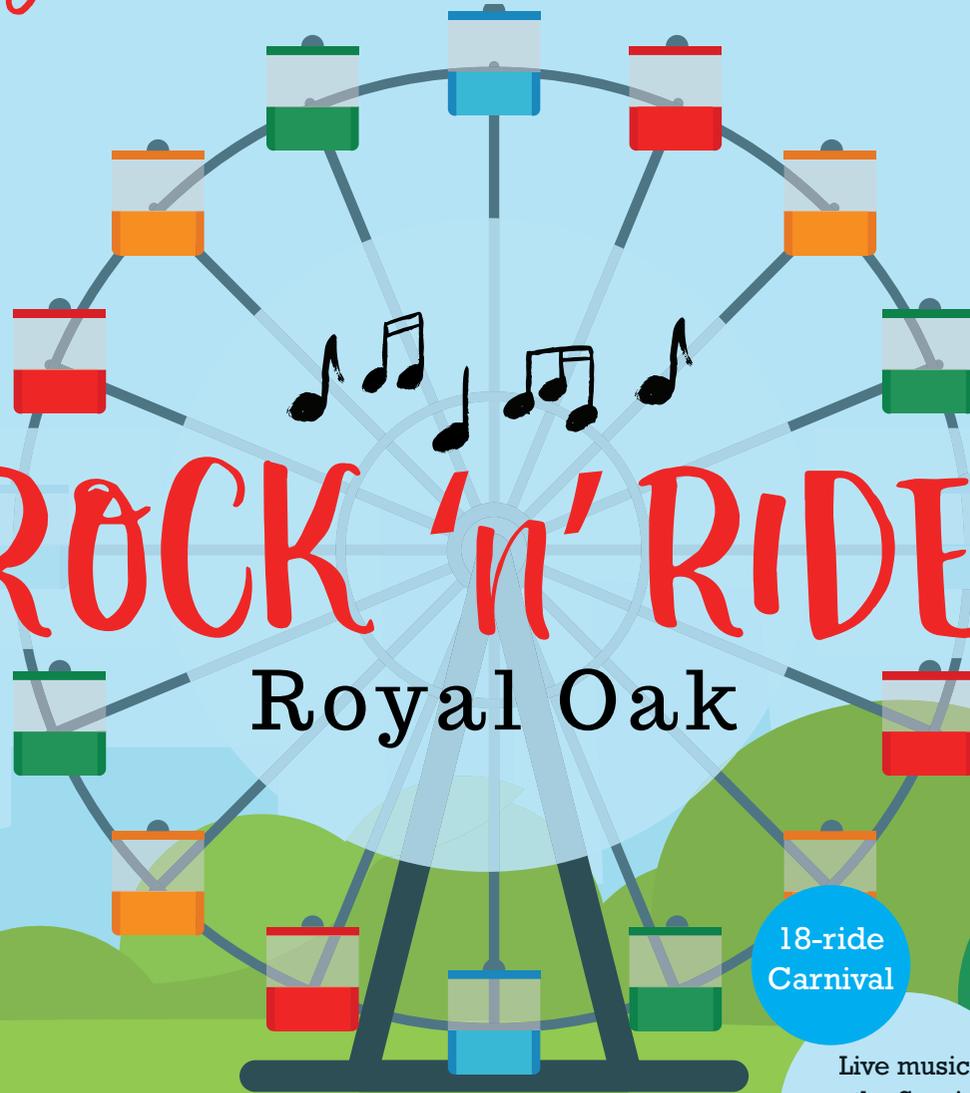
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Saturday: 1:00 pm - 10:30 pm • Sunday: 1:00 pm - 9:00 pm

# Family Fun with a Rockin Block Party

## ROCK 'N' RIDES

### Royal Oak



## Downtown Royal Oak

**Thursday, June 20: 2pm – 10pm**

**Friday, June 21: 11am – 11pm**

**Saturday, June 22: 11am – 11pm**

**Sunday, June 23: 11am – 10pm**

*A portion of the proceeds benefits over 20 local non-profits, schools and churches!*

18-ride  
Carnival

Live music  
on the Soaring  
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Kids Stage with  
music, magicians,  
puppet shows  
and more!

Food  
Trailers

Block Party on  
5th Street  
(Friday – Sunday)  
featuring ROAK and  
River Rouge Brewing  
Companies

#### Friday, June 21

- 2:00pm: Wood & Grain (American Roots Rock)
- 3:00pm: Ameera and The Undertones (Funk/Alternative)
- 4:15pm: The Strangers (Rock/Indie)
- 5:30pm: Christian Vegh (Blues/Rock)
- 7:00pm: Dave Hamilton Band (Rock)
- 8:30pm: Ulterior Motive (Rock and Roll)
- 10:00pm: The Persuasion Band (Party Music)

#### Saturday, June 22

- 12:00pm: Banjolectric (Global Electro-Folk)
- 1:30pm: WØLFDARLING (Alternative)
- 3:00pm: Rock Steady (Classic Rock)
- 4:30pm: Corktown Popes (Americana/Rock)
- 6:15pm: Nina & The Buffalo Riders (Rock & Roll & Soul)
- 8:00pm: The Ruiners (Garage Rock/Punk)
- 9:45pm: Stone Clover (Paddy Slag/Rock)

#### Sunday, June 23

- 12:00pm: Al Bettis (Pop/R&B)
- 1:30pm: Ali McManus (Soft Rock/Pop)
- 3:00pm: Maiyana Davis (Blues Rock)
- 4:30pm: Overdrive Orchestra (Rock)
- 6:00pm: The Reefermen (Rock)
- 7:30pm: TAVISTOCK (Rock/Classic Rock)
- 9:00pm: The Gia Warner Band (Rock/Americana)

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More info at [rocknridesro.com](http://rocknridesro.com)

## Utica approves senior housing sale, leaving seniors vulnerable

### PERSPECTIVES



Op-Ed by  
**BRAD O'DONNELL**  
Utica City Council  
Member

In a move likely to displace seniors, Utica City Council voted 6-1 on Thursday in favor of accepting the highest bid to buy Riverside 175, Utica's publicly-owned affordable senior housing complex.

**Three bids were placed** on the building, which currently

houses over 50 seniors, many of whom are disabled and on a fixed income. The winning bid was \$2,775,000.

A deal between council members critical of the sale and those in favor was scrapped at the last minute. The deal would have provided some protections to current residents.

**Without protections** for residents outlined in the sale, some Riverside 175 residents are fearful of large rent hikes, lease terminations, and lapses in services.

I fought to include safeguards for the seniors and I was voted down.

Utica citizens didn't send us to council to give bonuses to city employees at the same time we are doing this to seniors. They expect better from us.

**The new owner** seems genuinely committed to doing right by his new tenants, which is why I'm sure he would not have objected to these safeguards.

Unfortunately, City Council didn't give him that opportunity, and now the seniors have nothing in writing to protect them.

**Want to add your voice to the conversation? Send a letter to the editor by emailing [Andrew@GazetteMediaGroup.com](mailto:Andrew@GazetteMediaGroup.com) and we may publish it.**

## Wozniak introduces legislation targeting unlimited PIP option

State Rep. Doug Wozniak introduced bipartisan legislation on Thursday to make unlimited personal injury protection (PIP) coverage more affordable for Michigan drivers.

**Under the proposal**, insurers will be able to offer options with higher deductibles and reduced premium for consumers purchasing an unlimited PIP benefits plan. Motorists would be able to choose deductibles in increments of \$1,000. The higher the deductible the greater their savings.

Wozniak's plan is in response

to the auto insurance reform legislators signed into law at the end of May. That plan allows drivers to choose between five tiers of PIP coverage that best meet their budgets.

Wozniak sad through mandatory rate rollbacks, those who decide to purchase unlimited benefits will see guaranteed savings of 10% on the PIP portion of their policies, but those savings might not be enough to keep the unlimited option attractive to drivers.

**"I'm committed** to leaving no

stone unturned on no-fault reform because the people of Michigan deserve dependable coverage at an affordable price," Wozniak said in a statement. "This legislation enhances our recent reforms... By making the unlimited PIP coverage level more attractive to drivers, we can help ensure more families across Michigan have access to life-saving benefits and are adequately covered in a tragic accident."

House Bill 4734 will move to the House Insurance Committee for further consideration.

## Whitmer files Amicus brief over legislature's "adopt and amend" maneuver

This week, Governor Gretchen Whitmer filed an amicus brief with the Michigan Supreme Court opposing the Legislature's "adopt and amend" maneuver, which stymied two petition drives to increase Michigan's minimum wage and require employers to provide sick time, on the grounds that the Legislature's actions violated the Michigan Constitution.

**"Michiganders** turned out in historic numbers to get minimum wage and paid sick leave on the ballot, and we need to respect their wishes," Whitmer said. "Every person should be able to trust that

their elected officials have their best interests in mind, which is why we must end the unconstitutional games that the Legislature has been playing with voters. Today's filing gets us one step closer to restoring the public's trust in state government."

In 2018, voters in Michigan signed petitions to place two proposals on the ballot. The two proposals, Michigan One Fair Wage and MI Time To Care, would have raised Michigan's minimum wage and required employers to provide workers with one hour of paid sick time for every 30 hours

worked, respectively.

In response, the Republican-controlled Legislature enacted the proposals into law to keep them off the ballot and then, soon thereafter, amended them significantly to weaken their requirements.

**The amicus brief** concurs with Attorney General Dana Nessel's position that this "adopt and amend" maneuver is unconstitutional because it removes the people's power to propose and enact statutes through public initiative.

## Rep. Yaroch to host 'Summer Listening Tour' and insurance discussion

State Rep. Jeff Yaroch will host a listening tour this summer to connect directly with constituents and visit local boards and councils.

**"Talking to my neighbors** and listening to their concerns about state government continues to be one of the most important parts of my job," Yaroch said in a statement. "This summer's listening tour is a great opportunity to directly hear your thoughts and questions about state government and to discuss

the recent auto no-fault changes."

Yaroch will be available at the following times and locations:

**Monday, June 24** from 10 to 11 a.m. at Richmond City Hall, 36725 Division Road in Richmond; Monday, June 24 from 7 to 8 p.m. at Clinton-Macomb Public Library – North Branch, 16800 24 Mile Road in Macomb Township;

Saturday, June 29 from 12 to 1 p.m. at Clinton-Macomb Public Library – North Branch, 16800 24 Mile Road in Macomb Township;

Wednesday, July 10 from 6 to 7

p.m. at Armada Township Hall, 23121 E. Main St. in Armada Township;

Monday, July 22 from 7 to 8 p.m. at Clinton-Macomb Public Library – North Branch, 16800 24 Mile Road in Macomb Township;

**Yaroch will also host events** in New Haven and Ray Township in August.

No appointment is necessary. Residents who are unable to attend can contact Yaroch's office at 517-373-0820 or email [jeffyaroch@house.mi.gov/](mailto:jeffyaroch@house.mi.gov/).

## Town hall on auto insurance in Shelby

State Sen. Peter Lucido, R-Shelby Township, will host a community town hall discussion on recent changes to Michigan's insurance laws and how they will affect drivers.

**The town hall** will be held

Monday, July 15 from 6:30 to 8:30 p.m. at The Palazzo Grande, located at 54660 Van Dyke Ave. in Shelby Township.

To RSVP, email [LucidoTownhall@Senate.Michigan.gov](mailto:LucidoTownhall@Senate.Michigan.gov) or call 855-374-8008.

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# Health & Wellness

## Seven fitness tips you probably haven't considered, but you really should

by AMY FORTUNE

These days, fitness tips are available everywhere. You can pick up a book, catch a tutorial on YouTube, ask a friend who doubles as a fitness guru, or check out an article in your favorite magazine or newspaper. But have you ever considered looking for health and fitness advice from experts in other countries? Have you ever wondered how, for example, individuals from non-western cultures stay healthy, trim, and energetic?

It should not come as a surprise that many non-western fitness tips are the same as those followed by Americans. After all, we are all human. However, individuals from different cultures may enjoy different types of food or engage in different activities. And knowledge of these foods and activities may be helpful in your life or fitness strategies if you would like to add some variety to your regular routine.

**1 – Try barefoot walking, running, or workout sessions.** Many runners in Namibia and other parts of the world never agonize over footwear before getting into their activity. Instead, they hit the ground in bare feet and, according to many experts, strengthen their feet in the process.

**2 – Focus on food appearance and presentation.**

Many chefs and diners in Japan highly value the aesthetic value of food. And careful, deliberate plating of dishes typically results in smaller portion sizes and fewer calories consumed.

**3 – Slow down food consumption by using chopsticks.**

Throughout Asia, eaters eschew western cutlery in favor of traditional chopsticks, which may lead to slower, more considerate eating. Granted, if in a rush, Asian diners can use chopsticks to



speedily consume a quick lunch or snack while on the go. However, those who prefer chopsticks are more likely to savor the food they eat and consume less.

**4 – Pack on weight like a Sherpa.**

Going on a hike? Consider putting at least a little more weight in your backpack. Not only do those legendary Sherpas climb

Mount Everest with relative ease, they haul pounds and pounds of gear. And when they do, it raises their heart rates more and increases their oxygen uptake.

**5 – Add a little teff to your diet.**

The traditional Ethiopian flatbread, Injera, is made with teff flour, which is high in vitamin C, fiber, and protein. You can try your hand at making Injera at

home to serve with a variety of foods or consider using teff (a very versatile grain) as a replacement for rice.

**6 – Try bodyweight training.**

The Shaolin monks of China do not rely on expensive gym equipment to stay in excellent physical condition. Instead, they engage in calisthenics to supplement their Kung Fu training. They do exercises like push-ups, lunges, and squats to build muscle and improve core strength.

**7 – Warm up to some spices.**

In India, cooks use a variety of spices to add color and flavor to dishes. And the good news is that many of these spices such as turmeric, ginger, and red pepper can help lower cholesterol. Also, the consumption of aromatics such as onion and garlic may lower your risk for heart disease.

## Sen. MacDonald introduces opioid abuse education bill

State Sen. Michael MacDonald on Thursday introduced legislation requiring Michigan high schools to educate students about the dangers of prescription opioid abuse.

“Opioid abuse has reached epidemic proportions in our state and nationwide,” said MacDonald, R-Macomb Township. “We have seen the terrible impacts of opioid addiction in our local communities and throughout the state – where opioids take the lives of hundreds of Michigan residents every year.”

According to the state, more people died in Michigan in 2017 from drug overdoses than from car crashes, and nearly 2,000 of the overdoses were from opioids.

“A key part of winning the battle against opioid abuse is teaching our children about the dangers of prescription painkillers and the risks of addiction,” MacDonald said. “At this point in their lives, many teenagers are prescribed opioid medications to deal with pain from sports injuries. It is critical that they understand the risks and possible alternatives to taking these addictive drugs.”

Senate Bill 386 would require the state to develop or adopt an instructional video regarding the dangers of prescription opioid drug abuse that is appropriate for ninth-grade students and make the video available to all public

schools that have ninth grade. By the 2020-21 school year, public schools would need to implement the video into the ninth-grade curriculum.

grassroots organization dedicated to educating young adults, parents, school personnel, law enforcement, judges, doctors, and other health care professionals



Last Friday State Senator Michael MacDonald and his team had lunch with CEO Barbara Rossman and toured Henry Ford Macomb Hospital. Pictured above, Dr. Miles Medina, Senator MacDonald, Dr. Anthony Colucci, MacDonald's District Director Phil Rode, and MacDonald's Community Outreach Director Kerry Jantz. Senator MacDonald serves the 10th District which includes Macomb Township, Sterling Heights, and northern Clinton Township.

“My bill seeks to educate our young people about these drugs by utilizing a video developed by the Macomb County-based Families Against Narcotics organization,” MacDonald said.

Families Against Narcotics is a

about the dangers of prescription drug abuse.

SB 386 has been referred to the Senate Education and Career Readiness Committee for consideration.

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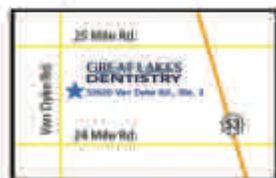
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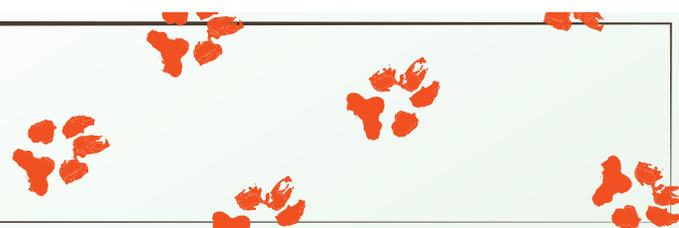
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# PET CARE GUIDE



## Tips for creating a pet-friendly family yard for summer fun

People aren't the only ones who love to spend time in the family yard during the summer months. For the family pet, the outdoor living room serves many purposes – providing a place to relax, burn off some energy, play safely, and do their “business.” To help everyone, including your pets, enjoy the family yard this summer, consider these tips.



**Skip Fake Grass** - Artificial turf (a.k.a. fake grass) is never a good idea, especially if you have pets. Plastic grass gets very hot during the summer, is challenging to clean, and is anything but environmentally-friendly. It cannot be recycled, and it requires water

to clean and cool it. Be a backyard hero and select real turfgrass.

**Pick the Right Plants** - As for which kind of grass to choose, go for something hardy that will withstand a high volume of traffic. Buffalo and Bermuda grasses can be a good choice, depending on your climate zone. For other plants and shrubs, check the ASPCA's list of toxic and non-toxic garden plants for advice before buying. You'll want soft, yet sturdy, foliage near walkways – save the delicate decorative flowers for elevated flowerbeds.

**Choose Natural** - There are many non-toxic ways to prevent pests in your backyard, which is good news for your people and pets! Wind chimes near flower and garden beds can help keep pets and pests away. Scented marigolds repel unwanted insects while attracting spider mites and snails. Lavender smells amazing and repels fleas and moths. The oil in basil plants can keep mosquitoes and flies away.

**Consider Pollinators** - While you want to keep some pests out, remember that nature starts in your backyard! Your family yard provides habitat and food for birds, butterflies, bees and more. So consider them too while selecting your living landscapes.



## Yappy Hour fundraiser benefits Animal Rescue League

The Michigan Animal Rescue League (MARL) hosted its 10th annual Yappy Hour fundraiser on June 1 at Meadow Brook Hall. MARL is one of southeast Michigan's most established animal shelters with services including rescue, medical care, short-and long-term sanctuary, adoption, education and outreach. At Yappy Hour, guests enjoyed cocktails, a strolling dinner, a silent auction, red carpet photos and more. Their pets even got in on the fun with gourmet dog treats. To learn more about the Michigan Animal Rescue League, visit [Marleague.org/](http://Marleague.org/). Photo by Chelsea Webster

## Rocko's Pet Stop keeps it local, and in the family

Ray and Mary Holdwick started to look into opening a local pet store, because Ray says, "Our two dogs were our kids."

In fact, the Holdwicks were told they'd never be able to have kids. After over a decade of trying to conceive, they decided to focus on opening a small business

12 years old, and you might see her helping out at Rocko's on summer break.

"Things work in mysterious ways," says Ray.

At Rocko's, things have evolved over the years. As old pet owners move out and new ones move in, so do their preferences.

conscious lifestyle many Macomers enjoy also gets passed on to their pets.

In addition to wet and dry foods, Rocko's Pet Stop stocks grooming and cleaning products, collars, leashes, and toys. They also offer grooming services.

On Sundays, local rescue group A Scooter's ResQ comes into the Stop from 12-3 p.m. with pets for adoption. And they are on-hand to provide vaccines and microchipping.

For the Holdwicks, Macomb is more than a place of business; It's where they were raised and where they chose to raise their family.

"I've lived in Macomb County all my life except for two years when I was in the military," says Ray, an Army veteran.

That local connection is one of the reasons Rocko's Pet Stop hosts its annual Macomb County K9 Fundraiser, in support of the Macomb County Sheriff's Office K9 unit. Now in its 10th year, the event will be held on Saturday, September 7 from 11 a.m. - 3 p.m. Customers can enjoy 20% off storewide during the event.

Visit Rocko's Pet Stop at 47202 Hayes Road, open seven days a week. For more information, visit [Rockospetstop.com](http://Rockospetstop.com) or call 586-532-9865.



together.

In 2007, they scouted a location at 21 & Hayes, signed the paperwork, and opened up Rocko's Pet Stop – in honor of their beloved labrador.

And then it happened.

"Two months into opening the business, we found out my wife was pregnant."

Their daughter Sammi is now

"Foods have come and gone," Ray says with a laugh. "Grain-free has become more and more popular, and raw foods have dramatically increased over the years."

There are a lot more people flipping the bag over to read the ingredients – something unheard of not long ago says Ray, acknowledging that the health-



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## How to help the Humane Society of Macomb

Help make a difference to animals in your area with the Humane Society of Macomb, a no-kill shelter that is always in need of volunteers.

**Volunteers** provide exercise and enrichment for the animals, which helps them on their journey

of finding their permanent home.

All volunteers are required to attend an orientation, plus a hands-on training session to learn how to safely and appropriately interact with the animals.

**More information** is available at [Humanesocietyofmacomb.org/](http://Humanesocietyofmacomb.org/).

## LongView Boarding has new owners, renewed approach

Longview Boarding and Grooming has served the pet owners of Troy for over 60 years. Now, the center for animal boarding, grooming, and daycare has new owners.

Amanda and Michel Russo bought Longview in February from the previous owners, Cherie and Chris Noullet. As they take ownership of the center, they hope to revitalize the kennel to make it more efficient and convenient for pet owners, employees, and pets.

**The Russo's** are the fifth owners of the Longview property. One of the first changes they plan to make is extending the hours for daycare. Both of the Russos work 9-5 jobs as engineers, so they are very familiar with the struggle of getting through rush-hour traffic.

"We're trying to realize what people's schedules are a little bit more," Amanda Russo said.

She also said that they hoped to make Longview more digital

with web-based software to provide pet owners with online booking.

**Longer hours** means that Longview will be hiring more employees. Michael Russo said that they were looking to hire qualified people who have some sort of experience working with animals, whether professionally or on a volunteer basis.

**Amanda Russo** has a history with Longview. She grew up in Shelby Township, and when she was in high school and college, she worked for the Noullets, taking care of the animals there. She said that recently, on a particularly frustrating day at work, she was thinking about how much she loved working with dogs and looked up the property to see how much it was worth. To her surprise, Longview was for sale. Instantly, she wanted to buy it. She talked to her husband, and he was all-in.

Michael Russo said that one of

the things he has always liked about Longview is that dogs aren't just put into a room with other dogs. "Not all dogs take to that sort of situation," he said.

**Longview also** delivers a good value for customers, Michael Russo said, which is hard to find for pet boarding.

Longview features indoor and outdoor dog runs, cat boarding, multiple walks and play times, and Longview uses a buddy system of socialization for dogs.

One of the things that makes Longview different from many pet boarding options is that there is someone on-site 24/7. Previous owners have all lived on the property and the Russo's plan on continuing that tradition.

**Longview Boarding and Grooming is at 5403 Livernois Road. To learn more, visit [longviewboarding.com](http://longviewboarding.com) or call 248-879-0420.**

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## For the love of pets, Bone Appetite offers pet-centered service

When customers walk through the door of Bone Appetite, they're greeted by Lolita, a 35-year-old, brightly colored bird.



Lolita the bird greets customers as they walk into Bone Appetite.

"Hello," Lolita tells people.

"**Lolita is our greeter,**" Bone Appetite owner Shelly Berra said.

Berra has loved animals all her life, and that love is at the center of her pet supplies shop in Shelby Township.

The store opened 25 years ago, "through the love of pets and experience with them," Berra said. "We've always had the pets' interest at heart."

**In addition to friendly service,** Berra brings years of experience working with animals to her store. She started out working as a veterinary technician and has also worked with animal rescue.

"I had experience with all sorts of animals," she said. "That got me

interested in pet supplies."

When Bone Appetite opened, it was on the cutting edge of the pet supplies industry because it was focused on providing healthy food options. Now that healthy pet food has spread throughout the industry, Berra's knowledge and experience provides customers with a reliable resource for providing their pets with good care.

**Bone Appetite** doesn't just offer pet supplies and advice. Berra offers obedience training classes. About a year-and-a-half ago, Berra started offering classes based on the 25 years of experience she has training dogs. She's won multiple trophies for training and brings that first-hand knowledge to her customers.

Berra's German shepherd, Orso, is a testament to the effectiveness of Berra's training. Today he's the well behaved mascot for the store, but Berra said it wasn't always that way. Now, customers tell her all the time how well behaved he is.

"Obedience is a lifestyle," Berra said. "It's a set of rules and consistency."

**Training classes** are offered every six weeks, and the course is five weeks in total. Berra makes sure to tailor classes to the needs of customers and pets and keep class sizes small.

"I like to make sure everybody gets the attention they need," she said.

Berra said she's often able to work around schedules to get people into classes because she understands how vital training

can be and the frustration of not being able to find a program that fits with a busy schedule. Those who are interested in signing up for classes can call the store to speak with Berra.

**It's not all about dogs** at Bone Appetite. Berra also knows a lot about cats because her work with animal rescue. She's seen it all working with both the Michigan Humane Society and the Oakland County Animal Shelter.

"I have a lot of knowledge on cats and cat issues," she said.

Berra said that it was important to offer her customers good service.

"We're very honest," she said. "I don't believe in selling someone something just to sell it to them."

**Helping people** take care of their pets is something Berra said she loved about her job because she knows that pets are an important part of her customers' lives.

"We have wonderful customers," she said. "Knowing that you've helped a customer. When a customer says, 'Can I give you a hug?'"

Bone Appetite is looking forward to a remodel soon, but other than that, Berra doesn't anticipate any major changes. She said she wants to continue to provide the same great, local service to pet owners.

**Bone Appetite is at 49077 Van Dyke Ave. in Shelby Township. To learn more about the store or obedience training classes, call 586-323-2663. Bone Appetite is open 10 a.m. to 7:30 p.m. daily.**

# Gazette CLASSIFIEDS

June 21, 2019



Shelby • Utica • Macomb • Washington  
**Gazette**

**Publisher**  
Mark Nicholson

**Managing Editor**  
Andrew Neal

**Editorial Contributors**  
Elena Dumbaugh  
Nathan Inks  
Cynthia Kmett  
Amy Fortune

**Advertising**  
Faith Nemeth

**Production**  
AJ White  
Catie McIntosh

**Circulation**  
Melissa Leung

**Interns**  
Justin Cooper

**DISPLAY ADVERTISING:**  
248-524-4868  
Advertising@GazetteMediaGroup.com

**TO SUBMIT EDITORIAL:**  
News@GazetteMediaGroup.com

**248-524-4868**  
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## VOLUNTEER

Forgotten Harvest is a non-profit organization that collects surplus food and redistributes it to local charities, providing families in the metro-Detroit area with fresh and nutritious food.

Not only do their efforts benefit those in need in the community who need it most, they also help reduce food waste in the area by collecting large quantities of food from restaurants, wholesalers, and caterers.

Forgotten Harvest is always in need of monetary donations and volunteers.

Visit [ForgottenHarvest.org](http://ForgottenHarvest.org) for more information on how to donate your time, energy, and efforts to this worthy cause.

## VOLUNTEER

Hope Not Handcuffs is an initiative started by Families Against Narcotics (FAN), aimed at bringing law enforcement and community organizations together in an effort to find viable treatment options for individuals seeking help to reduce dependency with heroin, prescription drugs, and alcohol.

A person struggling with any drug addiction can come to any of the participating police agencies and ask for help. They will be greeted with support, compassion and respect. Hope Not Handcuffs volunteer 'Angels' help with paperwork and provide compassionate support until a treatment option is found. Angel's can choose their own time slot by signing up to be on call for just 2 four hour blocks per month.

To sign up and learn more, visit [familiesagainstnarcotics.org/volunteer](http://familiesagainstnarcotics.org/volunteer)

## ADOPT A PET

The Humane Society of Macomb works to prevent cruelty to animals, and place adoptable pets into good, permanent homes with responsible owners and promote spaying and neutering to prevent overpopulation. The Humane Society of Macomb has many cats, dogs, puppies and kittens waiting for a new home. They are open Monday through Saturday, 10 a.m.- 3 p.m. for adoptions. Give them a call at 586-731-9210, and visit them at 11350 22 Mile Road in Utica.

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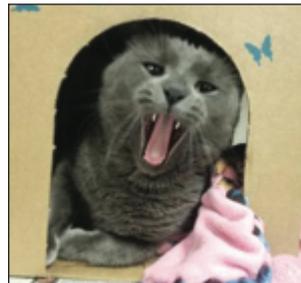


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	7	8			5	9		
	3		9			7	8	
	1		2			8		3
				7				
6		2			8		5	
	6	9			7		3	
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## Place Your Classified Here

### Three Great Papers, One Low Price!

Place your classified ad in all three Gazette Newspapers and your message will reach seven of the most desirable communities in metro Detroit, including: Troy, Rochester, Rochester Hills, Shelby Township, Utica, Macomb Township, Washington Township, and surrounding areas.

	1 Paper	2 Papers	3 Papers
15 Words	\$12	\$20	\$25
Each Additional Word	25¢ per word	50¢ per word	50¢ per word

To place a classified advertisement, call 248-524-4868, fax 248-524-9140, or email [classifieds@gazettemediagroup.com](mailto:classifieds@gazettemediagroup.com)

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15 words for \$12.00, each additional word 25¢ • Phone numbers and hyphenations count as 2 words, abbreviations count as 1 word  
Single line of caps 75¢ • Bold single line of caps \$1.00 • Double line of caps \$1.50 • Bold double line of caps \$2.00

Payable by credit card or mailing a check to GAZETTE CLASSIFIEDS, PO. Box 482, Troy, MI, 48099. Please make check payable to Gazette Media Group.

Deadline for ad placement is 10 a.m. Wednesday, the week of publication.

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13TH ANNUAL

**DETROIT RIVER DAYS**

JUNE 21 - 23, 2019

WEST RIVERFRONT PARK

**Food Truck Rally & Music Festival**

PRESENTED BY  
*Soaring Eagle*  
CASINO & RESORT

**NEW LOCATION:**  
West Riverfront Park, Detroit

**Friday, June 21 -  
Sunday, June 23, 2019**

Kick off summer along Detroit's beautiful Riverwalk with the family-friendly festival that features the Flagstar Bank Kids Zone, "World's Largest Food Truck Rally," the Tuskegee Airmen Museum Airshow, Pepsi Jet Ski Exhibitions, sand sculptures, live music and the new Adventure Park.

**Headlining Acts Include:**

- Smokey Robinson (Friday)
- Mary Jane Girls (Friday)
- Brandy (Saturday)
- Brian McKnight (Saturday)
- Faith Evans (Sunday)
- Carl Thomas (Sunday)

Admission, which supports the non-profit Detroit RiverFront Conservancy, is \$5 and includes a \$3 food coupon and is free on Friday before 5pm.

