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GAZETTE
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Friday, Jan. 5, 2018
Vol. 2, No. 4

Macomb County Bicentennial Celebration

January 10 from 2-4 p.m., Macomb County will be kicking off its Bicentennial Celebration with a special event at the Macomb County Administration Building in Mount Clemens. The afternoon will feature special speakers, a presentation of recognition, and details about upcoming bicentennial events. Light refreshments will be provided. Come celebrate Macomb County and get the year off to a great start.

Macomb Center for the Performing Arts Presents Erth's Dinosaur Zoo Live

Erth's Dinosaur Zoo Live leads you on a breathtaking tour that begins in prehistoric Australia. Meet and interact with an eye-popping collection of life-like dinosaur puppets presented in an entertaining and educational live theatrical performance created by Erth Visual & Physical of Sydney, Australia. Shows will be taking place Saturday, January 13 at 1 p.m. and 5 p.m. Ticket prices range from $20 to $50 and can be purchased at www.macombcenter.com.

Free Shelby Township Networking Event

Shelby Township Elite Networking powered by Rockstar Connect presents a free business networking event hosted by Doug Seley. This is a free, after-hours business networking event open to all industries and professions. Bring your business cards to Boston's Restaurant and Sports Bar at 15133 Hall Road in Shelby Township on Thursday, January 11. The event will run from 6-8 p.m. Entry is free and complimentary appetizers will be served. All attendees are responsible for their own alcoholic beverages.

Inside

6 Horoscope
12 Perspectives

Macomb Township Firefighter Captain Ross Retires

THE MACOMB TOWNSHIP FIRE DEPARTMENT recently said goodbye to one of its own, as Captain Gary Ross went into retirement at the end of 2017. "We want to congratulate Capt. Gary Ross on his retirement. Today was his last shift," the Macomb Township Fire Department said on their Facebook page. Ross served the Township for 27 years, and according to the community response on the announcement of his retirement, was a loyal coworker, mentor, and friend to many who had the opportunity to work alongside him.

Utica Schools Continue to Promote Interest in Computer Science

Recently, a group of Dresden Elementary students took part in the first meeting of the school's new Girls Who Code club – one of nearly 20 clubs introduced throughout the district this year.

The clubs, offered in partnership with the non-profit Girls Who Code organization, address the national gender gap in computer science by promoting technology and coding for students exploring future careers.

"Utica Community Schools remains committed to ensuring all of our students are prepared for the jobs of tomorrow," Superintendent Dr. Christine Johns said. "The clubs extend the work of our teachers to create excitement for computer science and how professionals are using technology to change the future."

Nationally, it is estimated there are nearly 500,000 high paying computer science jobs available and only 42,000 entering the workforce.

Of those computer science college graduates, only one of five are females, according to Girls Who Code. Currently, only 24 percent of the computer science workforce are women with projections that will fall to 22 percent by 2025.

For students at Dresden Elementary, their future began at a before school meeting where they kicked off their year-long exploration of computer science. The students began the morning talking about coding, how computer science helps solve problems and the types of careers in computer programming.

Media specialist Cheryl Boes also shared the story of a female computer scientist in Kenya who has used technology to mobilize resources necessary in the event of a natural disaster.

The club – one of nearly 20 clubs at elementary and secondary schools – will provide girls with career options and "I think it's going to be a lot of fun," said sixth grader Madison Ratcliff.

Normally a program for secondary students, the district is able to offer the clubs to elementary students as a result of its continued work to promote coding lessons through its media centers. The clubs will allow students to explore computer science at a time research indicates the gender gap begins to appear.

The Girls Who Code clubs add to recent computer science initiatives throughout Utica Community Schools. This includes expanded computer science opportunities through the recent Code.org partnership, the 360° Filmmakers Challenge with Digital Promise, and a new Center of Excellence for Virtual Reality, as well as the Hour of Code initiative.

To learn more about the UCS initiatives to incorporate computer science learning, visit uticak12.org.

Macomb Twp Board 'Corrects' the Minutes

by ANDREW NEAL

It's not often the case that the approval of the last meeting's minutes makes headlines, but at the start of the December 20 board of trustees meeting in Macomb Township, a lengthy discussion resulted in several changes to the previous minutes, which had some residents questioning whether or not the board is trying to rewrite history.

It all started status quo – a motion to abstain from calling on trustee Bucci, who has been absent since his 18-count federal indictment; approval of the agenda items and bill runs were unanimous. Supervisor Dunn then introduced the approval for the December 6 meeting's minutes. "Any additions, corrections, or deletions?"

Trustee Nevers chimed in, pointing out item 19, page 10. "I'm not sure if Mr. Bussineau misspoke, or if he intended this to be stated here," she said.

Nevers took issue with trustee Bussineau's statement that former and elected officials were aware and

See BOARD OF TRUSTEES, page 2

Students Volunteer Time to Help Answer Santa's Letters

SANTA RECEIVED OVER 500 letters and several local Santa helpers answered the letters and mailed them back to the eager children. Over 50 students from Eisenhower High School, Dakota High School and Oakland University Circle K helped Santa answer the letters. Shelby Macomb Day-breakers Kiwanis posted the above photo to their Facebook page with a "thank you" to all of Santa's helpers for volunteering their time.

Hanson's Macomb County Indoor Winter Speed Training

Maintain your running speed throughout the winter, without having to brave the cold.

Hanson's will be hosting training sessions all winter long at the Macomb County Sports and Expo Center located at 14500 E. 12 Mile Road in Warren.

The sessions cost only $5 per attendance, and funds raised will benefit the Macomb Community College Cross Country and Track and Field Programs.

Upcoming sessions include Tuesday, January 9 and 10 from 6:30-9:00 p.m.

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Clarification Creates More Confusion for Macomb Board

BOARD OF TRUSTEES, From page 1

unable to stop the corruption that has plagued Macomb Township for years. In the federal Rizzo corruption case, former Macomb Township trustee Freitas has taken a plea deal, trustee Bucci has been indicted on 18 counts and pled not guilty, and there is little doubt that more indictments will be handed down before the case is over.

"I believe that is factually untrue," Nevers said of Bussineau's statement. Referencing Bucci's recent charges, she said, "In the indictment, it said this went on for nine years, so Mr. Grabow, I'm sure that you would agree that you were unaware of any corruption going on during your term as supervisor," Nevers said to Grabow, who was in the audience.

Nevers clearly took exception to Bussineau's statement and ended with, "I'd like that to be corrected in the minutes, for the next editing. Thank you."

Clerk Pozzi pushed Nevers to provide a specific edit to the minutes. Nevers said, "I believe that statement was factually untrue."

Bussineau responded, standing by his statement from the December 6 meeting. "There were elected officials, there were employees, that were definitely aware of what was going on."

"Everybody knew this was going on," Bussineau continued. "I was told as a candidate, and nobody had the ability to stop it."

He went on to call Nevers' attempt to adjust the minutes as "unbelievable."

"If I were aware of it, I would've brought it to this board," Nevers said, "and so I am appalled that you would think that I would allow something like that to go on unchallenged."

Bussineau again defended his statement, saying there was no way people were not aware and he is shocked his statement is being challenged.

Clerk Pozzi interjected, seeking closure. "I have a suggestion, and maybe you'll both agree, to reword it to say, 'it is Mr. Bussineau's belief,' … or are we putting Nancy's statement in? Let's just make sure we're clear before we leave here tonight."

"My statement is that I do not believe elected officials were aware of the corruption that was going on and failed to stop it. That's my statement," Never said.

"And I will follow up," Bussineau curtailed, "that if I brought a check today to the treasurer as a deposit from a developer that we weren't aware of what was going on."

That elicited a response from the treasurer, who was sorry she had to continue the conversation. "I'm being accused of something that is not true also. I was brought the check but I was not told what it was for," treasurer Goodhue said. "There was no indication of what it was for. My duty is to deposit the checks that are brought to the township."

Bussineau repeated again that everybody knew what was going on, and Nevers repeated her point that this has been going on for nine years, and there was no real resolution to this saga.

But the minutes-altering wasn't over yet. Supervisor Dunn referenced another statement from the December 6 meeting by Bussineau as to what the method he would like to solicit applications for a potential ethics board. The supervisor was looking for clarification on whether or not Bussineau meant 'applications' when he said the word 'these' in a statement. This, of course, led to a discussion as to how that conversation began and with trustee Bussineau taking a few shots at the Supervisor, reminding her that the corruption happened under her watch.

"I'm asking you for clarification," Dunn said.

"Clarification for what?" Bussineau asked.

"What you mean by 'these,'" the Supervisor responded.

"What do you mean by 'these'?" Bussineau asked.

This exchange maybe best sums up the first 20 minutes of the meeting. Eventually they all turned to the correct page, paragraph four, and indeed, Bussineau meant 'applications' when we used the word 'these.'

Just when you thought it was over, trustee Krzeminski also had an edit to one of his December 6 statements, in which he said that the retirement health care fund for employees was at 96% but it is actually 113.78%.

In poetic fashion, Supervisor Dunn then took the vote to approve the minutes before receiving a motion, which was thrown in after the fact by Krzeminski, and approved unanimously.

Residents were none too pleased with the exchange, sounding off on social media after the meeting to call foul on what they saw as an attempt to rewrite history.

Resident and admin of the "Macomb Township Voices!" Facebook page Dyann Hill Pugliese said of Nevers, "I think she too late realized she was sitting on the wrong team. Throwing out that statement about Mark Grabow was wrong - to me almost like a threat."

"Minutes reflect what was said, not what someone wants them to say. Minutes should be devoid of any editorializing or adjectives or adverbs of the Minute taker," she added.

"How does she think the minutes should be rewritten when it was someone's spoken word?" Michelle Angellotti Uebrueck said. "That entire meeting was a debacle."

The next Macomb Township board of trustees meeting is scheduled for Wednesday, January 10 at 7 p.m. at the Township Hall Board Room. To see the full December 20 board meeting, add "MTGAcable" on Youtube.

Memories of Northern Macomb Calendar Celebrates Macomb Bicentennial

The Friends of the Ray Township Library and Historical Society are selling a 2018 calendar titled, "Memories of Northern Macomb," featuring historic images throughout the north end of Macomb County in the celebration of the 200th Anniversary.

Calendars are available for $10 at the Ray Township Offices and Public Library and throughout the community including, Daytona North Bar & Grill, Heritage Oaks Landscaping & Design Center, Jarvis Accounting, Jarzyna Farms Fine Meats & Deli, KO Music Studio, Octagon House, Washington Historical Museum, and Vince & Joe's on Romeo Plank.

Calendars can also be purchased by mail with an additional $2 per calendar for postage and handling. Simply send a check to FRTLHS at 64255 Wolcott, MI 48096.

The Ray Township Library is one of 26 Macomb County History Passport Destinations where you can pick up a 'passport' and begin the journey. Once you have collected seven different passport stamps, you can exchange your passport for a free meal at one of three Culver's located in Macomb County.

On January 15, 1818, just three years after the end of the War of 1812, Macomb County was formally organized and named in honor of the highly decorated veteran, General Alexander Macomb. This was only the third county established in the territory of Michigan. Pioneers traveled from the east, cleared the forests, and settled in the newly platted communities, including Ray Township.

1818 MACOMB COUNTY MICHIGAN 2018
Bicentennial
CELEBRATING 200 YEARS

Other activities are planned for the Bicentennial Celebration. More information is available at the Macomb County Heritage Alliance website at macombcountyheritagealliance.org and the Macomb County website, macomb200.macombgov.org.

Car Fires are Trending This Week

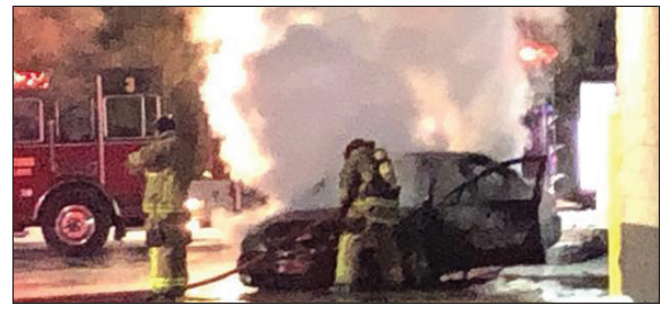
POLICE PATROL

■ **THREE CAR FIRES REPORTED IN TWO DAYS**

Three separate incidents of car fires have been reported in the Utica and Macomb areas between December 28 and 29. The first occurred on the night of Thursday, December 28 at the McDonalds location on Hall Road near Romeo Plank in Macomb. The car was in the drive thru while the whole car was engulfed in flames. Firefighters were able to extinguish the flames with little or no damage to the establishment. The other two incidents occurred the next day. The first took place on the M-59 off ramp at Dequindre Road in the Utica/Troy area causing traffic backups coming off the freeway. The final car fire occurred at Ascension Lutheran Church on 23 Mile Road in Macomb. Two Macomb Township Fire engines responded to the scene and were able to knock out the blaze in a matter of minutes.

■ **SHELBY RESIDENT FOUND DEAD ON LOCAL BIKE PATH.** At approximate 6:20 a.m. on Thursday, January 4, the Shelby Township Police Department was contacted regarding a 65-year-old female that had walked away from her residence located near the intersection of 25 Mile Road and Shelby Road. The subject had last been seen by her husband at approximately 9 p.m. on the evening of January 3. She was reported to suffer from mental illness including dementia. An exhaustive search of the area was conducted by Shelby Police and the female was later located by officers on the Macomb Orchard Bike Path near 24 Mile Road and Dequindre. Unfortunately, she had already succumbed to the extreme temperature and was unable to be revived. The Shelby Township Police Department is not released the name of the at this time while the family is being notified.

Note: If you have any information on the aforementioned crimes or any other offenses, please call the Macomb County Sheriff at 586-469-5151.



Water Main Break in Shelby Township

Water was shut off on New Years Eve in the area of Auburn and Ryan Roads, on Roland Street from Laird Street to Winthrop Street, due to a water main break. The Shelby Township Police Department kept the public updated via Facebook, where they warned others in the area that they may experience lower water pressure or yellow water on account of the issue. The break was repaired and water was restored to the affected area by 9 p.m. that night.

New Interactive Crime Map for Macomb County Communities

Along with the start of the new year, the Macomb County Sheriff's Office has introduced a new, interactive way to track crime online. Those who live in Macomb Township and surrounding areas in Macomb County can keep up with crime in their communities by checking the new online map that displays reported crimes from the past week.

The map displays the type of crime that occurred (theft, traffic, drugs/alcohol, etc.) along with a pinpoint location of where the incident took place. While the map is helpful for seeing what kinds of crimes are being reported in your area, it does not offer much detail about what actually occurred at each incident other than time and location. It is also important to note that the only crimes being reported on the site are ones in areas the Macomb County Sheriff patrols. Individual township police departments within Macomb County do not report their crime through the site. The sheriff also stated that certain crimes and incidents with sensitive information will not show up on the map, and not all crimes that the sheriff's office is dispatched to are reported.

The map also gives those with information about a crime that has already been reported a place to submit that information to the Sheriff's Office. To look at the map and see what's going on in your community, visit www.gis.macombgov.org and click on the "Crime Incidents and Sheriff's Office Activity" Map.

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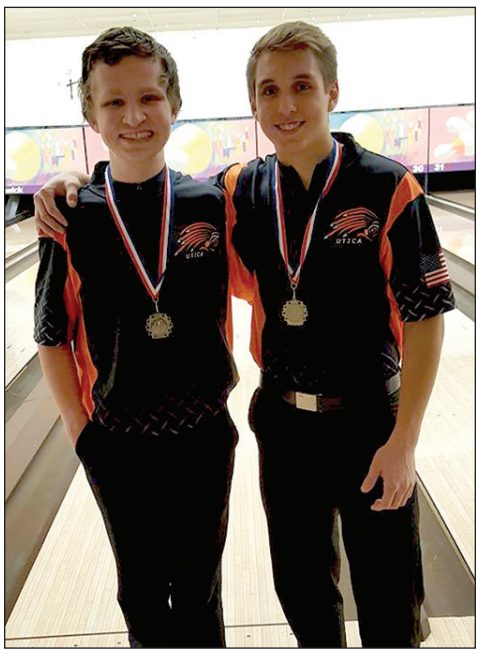
High School Sports

DAKOTA BOYS BASKETBALL had a few guests at practice this week. Coach Paul Tocco tweeted the above photo of the team, commenting "Great to have the Dakota Alumni here tonight for practice."

EISENHOWER JV CHEERLEADING won 1st place at their cheer competition at Cousino on December 20. Congratulations ladies!



UTICA BOWLING celebrated the success of Ben Roberts (left) who had the 2nd highest game with a 267, and Austin Mancini (right) who had the 10th highest game with a 248 at the Lakeland Classic at Century Bowl last month.

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PERFORMANCE *PIC OF THE WEEK*

THE PERFORMANCE PIC OF THE WEEK goes to DAKOTA WRESTLING for kicking off the new year strong. The team posted the above photo on their twitter page @DHSWrestling with the caption "Happy New Year. Good early workout today!" Their next match is the Romeo Invitational on Saturday, Jan. 6 at 10 a.m.

EISENHOWER

53-38
GIRLS BASKETBALL
DEC 21 vs. ADAMS (W)
Next Game: THU, JAN 4 at 7 p.m. at CHIPPEWA VALLEY

8-0
HOCKEY
JAN 3 vs. GROSSE POINTE N (W)
Next Game: SAT, JAN 6 at 6:30 p.m. vs. ST. CLAIR SHORES

UTICA

70-57
BOYS BASKETBALL
DEC 19 vs. GROSSE POINTE N (L)
Next Game: TUE, JAN 9 at 7 p.m. at FORD

1-6
HOCKEY
DEC 30 vs. CABRINI (L)
Next Game: SAT, JAN 6 at 8 p.m. vs. WEST BLOOMFIELD

DAKOTA

64-54
BOYS BASKETBALL
DEC 21 vs. GROSSE POINTE S (W)
Next Game: TUE, JAN 9 at 7 p.m. vs. CHIPPEWA VALLEY

5-3
HOCKEY
DEC 30 vs. TOLEDO ST. FRANCIS (W)
Next Game: SAT, JAN 6 at 4 p.m. vs. ROMEO

Maggiano's Is Perfect for Your Wedding Events

There are many events to plan as your wedding day approaches. There's the bridal shower, the rehearsal dinner, even the reception after the ceremony. The question is: Where should you host those events?

Maggiano's Little Italy on Big Beaver in Troy is not just a great centrally located place for friends and relatives to gather, the spaces available at this Troy restaurant are perfect for many different kinds of events – even retirement parties, baby showers and business meetings. The elegant décor will make any event a memorable one.

The menu selections will be the hardest part of your decision at Maggiano's. The offerings are both tempting and extensive. Have you always wanted a carving station in each corner? No problem. Do you want passed hors d'oeuvres, or a table of treats for guests to select from? You decide.

The menus, and there are several, offer you the ability to select more than one option. Don't worry – they have gluten-free pasta and whole-wheat penne for those special guests, too.

BRIDES ALWAYS ENJOY opening their gifts at a shower, and Maggiano's Little Italy in Troy can provide a delicious meal for the delightful event. The Rotunda at Maggiano's is the perfect setting for any special occasion, including a bridal shower or the rehearsal dinner.

And, the classic Italian cuisine is outstanding. From tasty hors d'oeuvres to delicious desserts, your guests will definitely have a meal and an event to remember.

Bridal showers are special when hosted here. Depending on the number of guests, you can choose the elegant Rotunda room and provide elegantly crated Italian food served family style, or move to a bigger banquet room for a larger event. There are several sizes of rooms from which to select in this venue.

This is the perfect spot for the rehearsal dinner, too. Executive Chef Ryan Bedell, who oversees Maggiano's from-scratch kitchen, can provide everything you want for a great dinner the night before the big event, from tempting bruschetta to the perfect pairings of wine.

And while Maggiano's cannot provide a reception space for 300 of your closest family and friends, they can accommodate 120 guests comfortably.

Not familiar with this classic Italian cuisine? Make a visit for lunch or dinner, and enjoy Happy Hour Monday through Friday from 3 to 6 p.m. before you explore the full menu.

General Manager Eric Batson, Chef Bedell, and the banquet staff will make sure that any event you host at Maggiano's Little Italy will be perfect. Their goal is to make all guests feel special, especially for your wedding events. At Maggiano's Carlos A. Mejia Banquet Sales Manager promises, "You cut the cake and leave the rest to us!"

Maggianos Little Italy is located at 2089 West Big Beaver Rd, west of Crooks in Troy, with valet parking. For reservations call 246-205-1060 and to reach the banquet staff, call 248-205-1080.

If you are currently planning a wedding, be sure and save the date for the Gazette Bridal Show, January 21 at Great Oaks Country Club from noon to 3 p.m. For more information on the Gazette Bridal Show, call 248-524-4868.

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FREE Admission for All Brides
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For more information call 248-524-4868

Capricorn: The Fruits of Your Efforts Smell Sweet This Month

YOUR JANUARY HOROSCOPE

by
PAULA LYNDE

AQUARIUS (Jan 20-Feb 18): The planets are flip-flopping everything around this month, and Aquarians will be right in the middle of the craziness. So, don't be surprised if you usually laid-back self gets strangely aggressive around the fourteenth. You'll speak your mind, start some arguments, and possibly even burn some bridges – not actual bridges, of course. You may step way out of your comfort zone, but you're still not a Sagittarius. Anyway, you may anger a friend, family member, co-worker, or spouse in the process. But it will actually be good for your relationship in the long run. When the dust settles, they'll respect you more for showing a little moxie.

PISCES (Feb 19-Mar 20): You're going to be in charge of something this month, Pisces, and you're going to amaze everyone by how together you actually are. Too often, people mistake your happy-go-lucky nature for flakiness, but you're about to make the haters eat their words. Of course, you won't rub your success in anyone's face because you're just so darn nice. That's why it's so great that you'll be finishing first this month. It should serve as a reminder to everyone that the world is still kind of okay if Pisces gets to win sometimes. Go, fish!

ARIES (March 21-April 19) Right now, it's all about your job. The House of Career is dominant, and your eye is on the prize. However, Saturn's influence will mean that you have to work a little harder to meet your goals. Don't give up, though. If you can hang in there until around the 19th, the payoff will be so big that you'll feel like a character in a 1980's movie – You'll be walking on sunshine to the tune of Day-Bow-Bow. If that reference is completely lost on you, don't worry about it. All this is saying is that you'll likely get more of the stuff that lets you buy avocado toast and Netflix. You might even be able to buy that fancy blender with your tax refund, and still have money left over to pay bills.

TAURUS (April 20-May 20): Expect to have a rather serious fight with a loved one this month over an issue that's been brewing for a while. And the fact that you're feeling extra generous toward strangers won't help matters. Your embattled friend, family member, spouse, or lover will feel even worse because it seems like you're just the nicest person ever to anyone who isn't them. Don't even try to explain. The bull does what the bull does (don't say that part out loud). Just use your exquisite taste to buy an "I'm sorry" gift after the smoke clears. Chocolate should work.

GEMINI (May 21-June 20): Grab your dancing shoes, Gemini, because your social side is coming out in full force this month, and you're about to be the life of the party. Venus is pouring out the love for you, and you'll be able to charm your way out of ALMOST any situation before February hits. Just remember that the universe must have balance. So, while you're doing quite well at home with the family, or out on the dating scene, your job situation may be a little dicey. Basically, if you're late for work six times in a row, don't try to get out of hot water by telling your boss that his tie matches his eyes.

CANCER (June 21-July 22) Someone special in your life is going through a tough time, and you can't help right now. What?! You ALWAYS help. You're Cancer, after all, and, if nothing else, you are a great friend. In fact, when Mr. Rogers told us to "look to for the helpers," he meant you. Well, unfortunately, sometimes things are just out of your hands and beyond your control. This is one of those times. You'll just have to let that special someone work through their issues, and be there when they come out on the other side – and they will. Just be patient. You're good at that too.

LEO (July 23-Aug-22): Bad news, Leo. About 80% of the planets are aligned against you this month, so now is a good time to lay low. If, on the other hand, you try to use your natural aggressiveness to pick a verbal or physical fight with someone, they'll probably remind you that a lion is really just a big puddy tat. Use this time to get a little humble and introspective. You may learn something about yourself, and possibly even find love or friendship from an unexpected source. And, don't worry. You'll get your roar back in February.

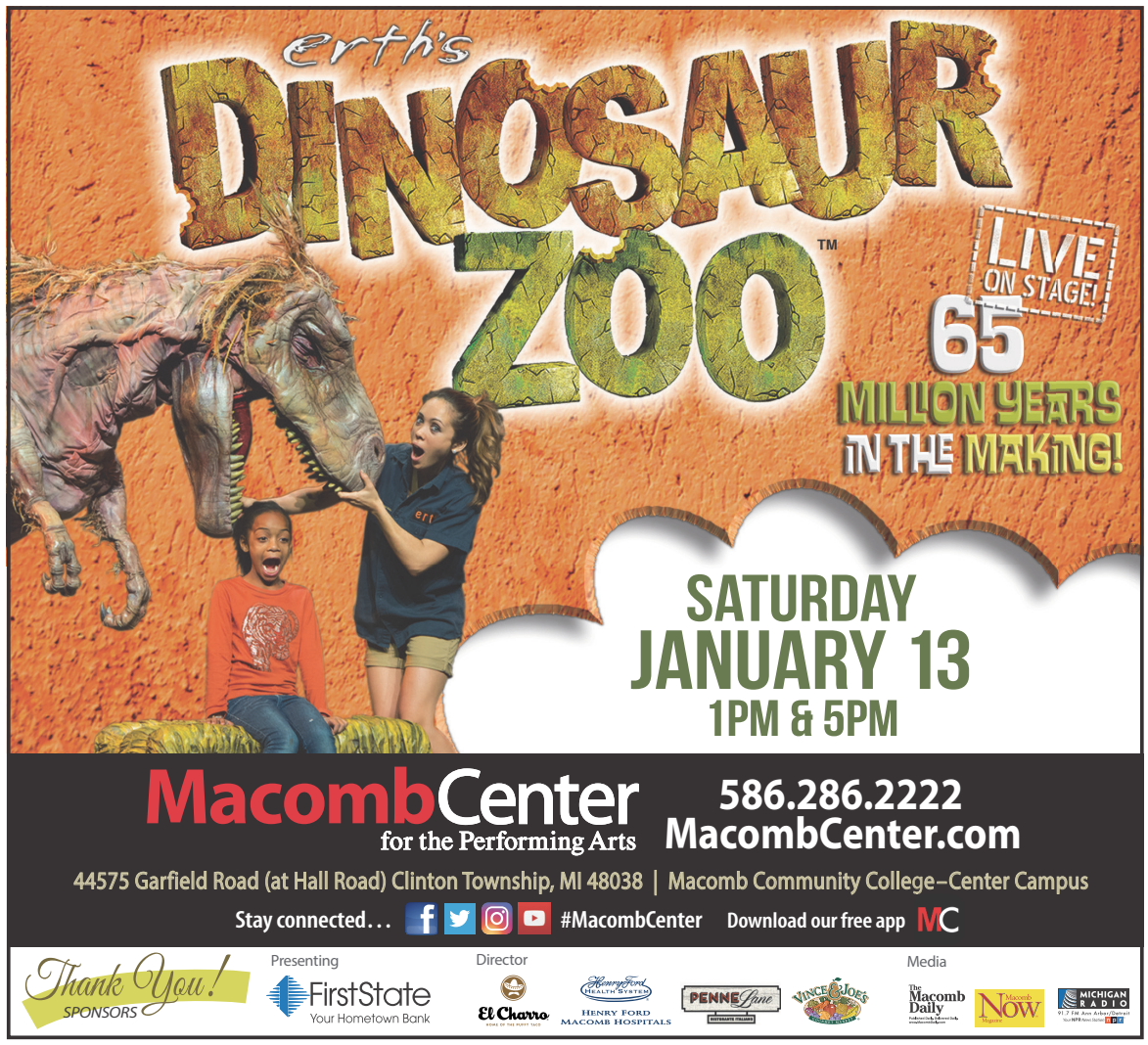
VIRGO (Aug 23-Sept 22): There are two things that drive most Virgos crazy: Change and letting other people do stuff. Well, guess what? This month is full of both. Most of the planets are aligned against you, so, for once in your life, resist the urge to take charge. Trust your friends and co-workers. For some reason, they actually like you, and they won't let you down. Sit back, relax, and let things happen. If you're single, don't be surprised if a special someone takes a liking to your new, laid-back self.

LIBRA (Sept 23-Oct 22): Members of your family will try hard to lose their minds and drive everyone else insane, so they'll be lucky to have you around this month. Jupiter will give you everything you need to be a rock of stability, voice or reason, and maker of peace during this time of domestic chaos. Once everyone has aired their grievances, they'll actually come closer together, and you'll look like a hero for making everyone see that their differences are only matched by everything they have in common. Also, you better brush up your Kumbaya skills if they're rusty. You'll get bonus points if you can deliver the jazz flute version.

SCORPIO (Oct 23 - Nov 21): The There's good news and bad news for scorpions this month. The good news is that the planets are perfectly aligned in your favor, and everything is fine. The bad news is that the planets are perfectly aligned in your favor, and everything is fine. Because – let's be real – you LOVE the drama. This whole lack of conflict thing might drive you nuts, but hang in there. Wait it out while living vicariously through some good movies and tv shows. Your regularly scheduled soap-opera-as-directed-by-Michael-Bay of an abnormal life will resume around the 28th.

SAGITTARIUS (Nov 22 - Dec 21): There's great news for Sagittarians this month. You won't have to rely on anyone for anything. Jupiter's got your back in a big way, and all of January is about YOUR will, YOUR abilities, and YOUR ambition. And, let's face it, telling a Sagittarius that their success depends on their independence is like telling a librarian that books will be the next currency. Because – independence is what you're all about. Enjoy it. Strangely enough, Venus is set to give you a nudge toward the romantic, and someone who's had their eye on you for a while will finally make a move. It's probably because everyone is at their most attractive when they're actively being themselves.

CAPRICORN (Dec 22 - Jan 19): You've been working hard to achieve a thing for a long time now, and all of your efforts are about to pay off. You'll be able to pat yourself on the back for a job well-done, but then you might be a little baffled by all of the time that you suddenly have on your hands. Here's a tip: Now is a good time to focus on you. Get a haircut, update your wardrobe, or start going to the gym. At the very least, take a shower. As you move forward with a major accomplishment under your belt, the success will be even sweeter if you look (and smell) like the awesome person you are.



Senior Project Brings Musicians to Nursing Home

by Lauren Clair of the UHS Arrow

For their senior project, some seniors may be taking part in a blood drive, or helping clean their community. One group of seniors, however, decided to take their musical talents to local nursing homes.

"I wanted to do something for my senior project that meant a lot to me," senior Jessica Norris said, "and the flute is something that means a lot to me and so I decided to play it at the nursing home."

Seniors Jessica Norris, Marley Biernaczonek, Brandon Fox, Andrew Kerr, and sophomores Gianna Bratke and Katie Philips brought their music to Bortz Health Care and Nannie's Inn.

Their recital included songs from their Broadway-themed marching band show. They played songs from "Phantom of the Opera," "Lion King," "Wicked," and "Les Miserables."

"It was really fun, and brought joy to them," Kerr said. "They were dancing a little bit."

Sophomores Gianna Bratke and Katie Philips went along with the seniors, even though they did not need to earn community service hours for a club.

"[The seniors] asked me, and I said 'Why not?'" Philips said. "I mean, it would be fun."

These musicians chose to bring something that they enjoy to the senior citizens of these two nursing homes.

"I did enjoy it, and we had a lot of fun," senior Marley Biernaczonek said. "We created our own fun for them and gave them a smile."

Shelby•Utica•Macomb
GAZETTE

Health & Fitness *Digest*

As Temperatures Fall, Potential Dangers Rise

Old man winter has recently kicked it into overdrive. Forecasters are calling for continued cold, frigid temperature readings through the start of the new year. As temperatures plummet, the chance of frostbite, hypothermia and other health dangers, such as chest pain are on the rise. By following some practical cold weather tips, most people can avoid a trip to the hospital emergency department.

James Ziadeh, M.D., chief, Emergency Services at Beaumont Hospital, Royal Oak, says people should be prepared before heading outside and exposing themselves to these potential health risks.

"When we get extremely cold weather, as we've experienced the past 24 hours, we usually see some frostbite and hypothermia patients who have been out in the cold temperatures too long," said Dr. Ziadeh.

While young children and older adults are most susceptible to frostbite and hypothermia, Dr. Ziadeh stresses that everyone is at risk. Frostbite advertises itself by tingling, followed by numbness and occurs when skin tissues, fluids and blood vessels are damaged or frozen from exposure to cold temperatures. These signs indicate that it's time to go inside and warm up before it's too late.

According to the American College of Emergency Physicians, signs of frostbite can include a change in feeling of the skin in the affected area, as well as a change in color from pink to pale or white.

Hypothermia is another life-threatening condition that occurs when a person's body temperature drops. A temperature below 95 or 96 degrees can affect the entire body. The common signs and symptoms include: constant shivering, confusion, sleepiness, muscle stiffness, slurred speech, memory loss, pale skin and irrational behavior. It is often a companion who notices these changes and should be alert to their importance.

Shivering is usually the first sign the body is trying to warm itself. Dr. Ziadeh urges those who experience shivering to immediately go inside and warm-up.

The chilling temperatures can also be dangerous for people with heart disease. Breathing cold air stimulates reflexes in the body that can provoke angina. Chest discomfort can be an early symptom of a heart attack. Those with heart disease should use protective clothing - a mask or scarf, when performing activities in temperatures less than 40 degrees.

The Emergency Center at Beaumont, Royal Oak is home to the only Level 1 trauma center in Oakland and Macomb counties. It is staffed by full-time, board-certified emergency physicians, including specialists in pediatric emergencies.

Hospital, Police Team Up for Holidays

More than 200 generous associates from Automated Benefit Services, SmartHealth and US Health and Life Insurance, which are part of Ascension Care Management, joined forces with the Michigan State Police Troopers Association to make this holiday brighter for some families in need.

The associates collected hundreds of items, things many of us take for granted, such as basic clothing and household supplies, for families struggling to make ends meet.

These items were loaded by associates and State Troopers into police vehicles and then distributed. The MSPTA identified five families from different parts of the state who will receive the items collected.

Questions and Answers about Assisted Living

SENIOR LIVING ADVISOR

by LAURA SMIGIELSKI, LPC, LNHA, EXECUTIVE DIRECTOR FOR BICKFORD ASSISTED LIVING AND MEMORY CARE

Q: "Do Veteran Benefits Cover Any Assisted Living Costs?"

A: Backed by the Veteran's Administration, a Veteran's Aid and Attendance Pension may be available to offer you a cash benefit, which could be used to offset the costs of assisted living. Wives of veterans may be eligible too! Some assisted living facilities may partner with local organizations to provide education on available benefits, assist in the completion of applications and paperwork and even check on the status of submitted claims.

Laura Smigielski is a licensed professional counselor (LPC) and a licensed nursing home administrator (LNHA). She is currently the Executive Director for Bickford Assisted Living and Memory Care in Shelby Township.

Please feel free to send Laura any questions you may have to laura.smigielski@enrichinghappiness.com or call her at 586-685-5800.

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Participants Wanted for Michigan Senior Olympic Winter Games

Registration is now open for the 2018 Michigan Senior Olympic Winter Games. The events will begin on Wednesday, February 7 and will run until Monday, February 12 (exception of DanceSport February 18). With 500 athletes from all over the state participating in the games, the Michigan Senior Olympics are open to anyone age 50+. Athletes compete in 5 year age groups.

If you are not an athlete, check out the winter events. They are all free to watch (with the exception of the Dancesport event). The DanceSport Competition is held at the Royal Park Hotel on February 18, where professional and amateur dancers compete on the dance floor. The evening will include a cash bar, buffet dinner, raffles, and social dancing. Please contact the MSO office at 248-608-0252 to purchase tickets or for more information.

The annual Ice Hockey Tournament will be held at the Troy Sports Center, February 7-12 from 9 a.m.-1 p.m. each day.

There are many ways to be involved with Michigan Senior Olympics. Join as an athlete, a member, sponsor, volunteer, or spectator. This event is made possible by the support of sponsors including Blue Cross Blue Shield of Michigan, Home Instead Senior Care, Oakland County Parks, Bellbrook, Boulevard Health Center, American House, and Native Stem Cell.

For more information call Becky Ridky at 248-608-0252 or email info@michiganseniorolympics.org.

Oxford Explains: CranioSacral Therapy

WHERE HEALING BEGINS

by TAMI PETERSON, PHD, CHT, CFNC, CNHP
OXFORD RECOVERY CENTER

Hello readers, I am excited to tell you about our newest offering at Oxford Recovery Center in Troy, Michigan: CranioSacral Therapy. CranioSacral Therapy, also known as CST, is a gentle and light hands-on approach that releases tension deep within the body to relieve pain and dysfunction.

The foundation of CranioSacral Therapy was laid during a neck surgery in 1970 when an osteopathic physician, John E. Upledger, discovered what would later be called the craniosacral system. Shortly after the surgery, Upledger began research at Michigan State University with Dr. William Sutherland, the man credited as the founding father of CranioSacral Therapy. Here, Upledger supervised a team of anatomists, physiologists, biophysicists, and bioengineers in research and testing. The results not only confirmed Sutherland's theory but led to clarification of the mechanisms behind this motion - the craniosacral system.

CranioSacral Therapy is a gentle and light hands-on approach that releases tension deep within the body to relieve pain and dysfunction. CranioSacral therapy is a method that also allows the therapist to evaluate and enhance that function of the craniosacral system which is made up of membranes and cerebrospinal fluid that surrounds and protects the brain and spinal cord. Cerebrospinal fluid helps maintain the physiological environment in which your brain and nervous system develop, live and function. CranioSacral therapy also focuses on the fascia throughout the body to decrease tension and tightness within. Through the gentle, hands-on method it, helps improve whole-body health and performance. Some reasons why you may get CranioSacral Therapy include headaches/migraines, back pain, hyperactive children for calming, anxiety/stress, dizziness, normalize blood pressure, increase overall vitality, the release of connective tissue, reduction of acute pain, removal of metabolic waste and decreased hypertonicity.

How does CranioSacral Therapy work? Fascia is a tough connective tissue that holds our body together. Our whole body is made up of fascia. It is what keeps our organs in place so that they don't fall to the pelvis, keeps our lungs and heart from exploding, it envelops every structure in the body. What are the functions of fascia? Fascia has structural and emotional memory, it provides a movement of internal structures, it separates and compartmentalizes parts of the body, it protects and supports structures, and it transmits flexion and extension of the craniospinal fluid. Fascia is mobile to some extent, of course under normal circumstance, they allow for physiological and subtle movements with offering little to no resistance; they also allow for gross body movements; for example, throwing a football. CranioSacral Therapy is "myofascial manipulation," meaning by utilizing the subtle, gentle, hands-on approach, the therapist is guiding the fascia to release tensions within the body to relieve pain and improve whole-body health and performance. When the fascia is releasing tension and/or softening, the patient may experience and or feel heat, lengthening, increased fluid flow or energy flow, energetic repelling (feels like opposing magnets), therapeutic pulse, and you may take several deep breaths. Also, there are other signs of fascia tension release or softening with the autonomic nervous system such as muscle twitching, changes in breathing, REM (rapid eye movement), rapid blinking, gut sounds, sneezing, coughing, crying or laughing. All signs of fascial release are normal and will subside. During the session of CranioSacral Therapy, the patient becomes very relaxed and calmed along with feeling pain relief.

To find out how Oxford Recovery Center can help you, call for a no-charge consultation. Call Dr. Tami Peterson's team today at 248-486-3636 to schedule an appointment at the new state-of-the-art Troy Location located at 165 Kirts Blvd., Suite 500, or visit www.OxfordRecoveryCenter.com. Let your healing begin!

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— Patricia C

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Shelby•Utica•Macomb GAZETTE

CLASSIFIED

January 5, 2018

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KAI

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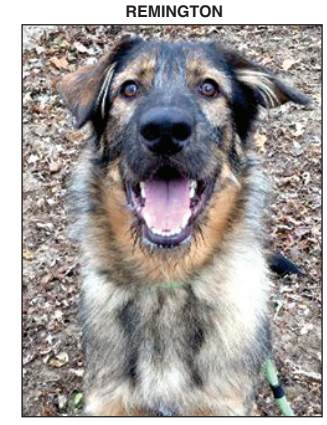

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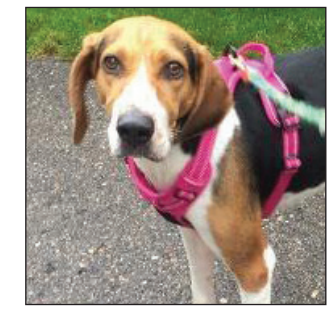

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6			2			4	7	
		2			1		5	
	1			9		7	6	
			7	4	3			
	2	7		1			3	
	6		9			2		
	9	3			7			5
4				2		9	1	3

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Arts & Entertainment

Music

DETROIT SYMPHONY ORCHESTRA
FRI, JAN 12 - 8 p.m.
Macomb Center for Performing Arts

EASTON CORBIN
SAT, JAN 13 - 7 p.m.
Emerald Theatre

THE KILLERS
MON, JAN 15 - 8 p.m.
Masonic Temple, Detroit

ANTI-FLAG
TUE, JAN 16 - 6 p.m.
Magic Stick, Detroit

TENNIS
TUE, JAN 16 - 7 p.m.
Majestic Theatre, Detroit

On Stage

CHICAGO THE MUSICAL
TUE, JAN 9 - THU, JAN 11
Macomb Center for Performing Arts

SWAN LAKE
SAT, JAN 13 - 8 p.m.
Music Hall, Detroit

ERTH'S DINOSAUR ZOO LIVE
SAT, JAN 13 - 1 & 5 p.m.
Macomb Center for Performing Arts

Library

KNIT AND CROCHET MEET-UP
THU, JAN 11 - 6 p.m.
Clinton-Macomb Library (Main)

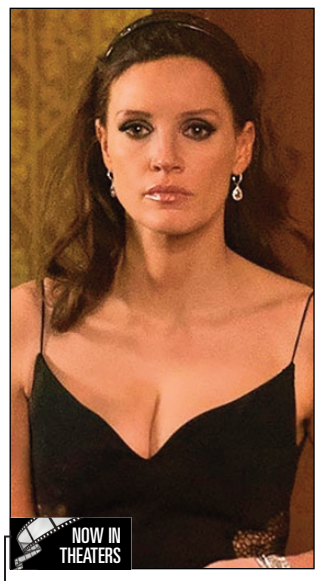
WRITER'S GROUP
THU, JAN 11 - 6:30 p.m.
Shelby Township Library

Kids

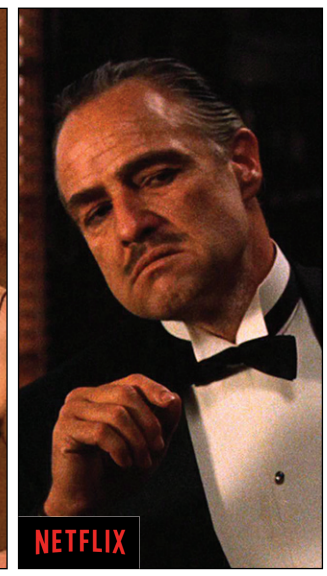
MOVIE MATINEE
THU, JAN 11 - 1 p.m.
Clinton-Macomb Library (Main)

PAWS FOR READING
MON, JAN 8 - 6:30 p.m.
Clinton-Macomb Library (Main)

LITTLE LISTENERS
TUE, JAN 9 - 10 a.m.
Clinton-Macomb Library (Main)

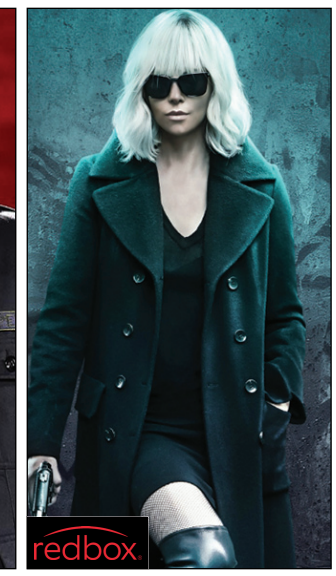


MOLLY'S GAME
Drama, Rated R



THE GODFATHER TRILOGY
Drama/Crime, Rated R

DAVE CHAPPELLE: EQUANIMITY
Comedy, Rated TV-MA



ATOMIC BLONDE
Mystery/Thriller, Rated R

ALL THE MONEY IN THE WORLD
Suspense/Thriller, Rated R

MOLLY'S GAME

When a serious injury ends her dreams of competing in the Olympics in skiing, Molly Bloom (Jessica Chastain) discovers a new calling: organizing high-stakes, underground poker games. She finds great success at first by catering to celebrity clients, but when her poker game is raided, she turns to a charismatic lawyer (Idris Elba) to help keep her out of jail.

ALL THE MONEY IN THE WORLD

This crime thriller dramatizes the real-life 1973 kidnapping of 16-year-old John Paul Getty III (Charlie Plummer), the grandson of billionaire oil tycoon J. Paul Getty (Christopher Plummer). John's mother Gail (Michelle Williams) begs J. Paul Getty to pay the kidnappers' ransom; when he refuses, she decides to rescue her son with the help of, an ex-CIA agent named Fletcher Chase (Mark Wahlberg).

Keith Haring: The End of the Line at Cranbrook Wainger Gallery

Keith Haring: The End of the Line is open at Cranbrook Art Museum, 30 years after the artist created his landmark temporary mural at Cranbrook in 1987. He considered that project one of his best, and it marked a new direction in Haring's visual language that continued until his untimely death in 1990 at the age of 32.

Documentation of this pivotal project is presented alongside two bodies of work — Apocalypse (1988) and The Valley (1989) — that were anticipated by the mural and made in collaboration with acclaimed beat poet William S. Burroughs.

Haring became widely celebrated for his comic-like drawings and paintings in the New York subways in the 1980s. At his lecture at Cranbrook on September 25, 1987, Haring discussed his intentions in these early subway explorations: "I started making drawings that were figurative after doing abstract work for almost five years, and for the first time, it seemed like I had made something that made sense to be in public because it had a kind of communicative power. [It] seemed like they should be in places where people could see them and think about them."

Haring's subway drawings were ephemeral works that were documented by his friend and fellow artist Tseng Kwong Chi. A selection of these photographs along with a rare, surviving example of one Haring's large-scale subway drawings, still intact on its advertising panel, are on display.

Keith Haring at Cranbrook Art Museum, 1987 Photograph by Tseng Kwong Chi, 1987 © Muna Tseng Dance Projects, New York Art work: © Keith Haring Foundation, New York

The End of The Line concentrates on the last years of Haring's life, when his work and activism got intensely personal after being diagnosed with AIDS. The Cranbrook mural introduced stylistic shifts of intentional drips and blotches, but it also depicted characters he continued to explore in Apocalypse and The Valley, such as jesters, masks, skulls, martyrs, and other religious icons. Entrenched in thoughts and philosophies about the end of times, Haring's later works have art historical kinship with the chaotic storytelling of Hieronymus Bosch and violent playfulness of his friend and contemporary Jean-Michael Basquiat. The ominous texts by Burroughs stationed alongside them complement the energy of Haring's drawings, which have the frenzy of an artist trying to process life before its end.

Keith Haring: The End of the Line is organized by Cranbrook Art Museum with the assistance of the Keith Haring Foundation, whose mission is to sustain, expand, and protect the artist's legacy, art, and ideals. The Foundation supports not-for-profit organizations that assist children, as well as organizations involved in education, research, and care related to AIDS.

The Keith Haring exhibition will be at Cranbrook thru March 11. The Cranbrook Art Museum is located at 39221 Woodward Ave in Bloomfield Hills. Museum hours are Tuesday – Sunday from 11 a.m. – 5 p.m. Admission is $10, or $6 for students, $8 for seniors over 65, and free for kids 12 and under.

Gazette Recommends...

THE CHI

A powerful coming-of-age drama series that recently premiered on Showtime about an interconnected group of working-class African-Americans on Chicago's volatile south side, who remind us that the human spirit is strong and hope never dies. This coming-of-age series focuses on Kevin, a preteen who embraces the normal rites of childhood, Brandon, who makes a leap of faith to succeed in love and life with Jerrika, Emmett, who seeks guidance from his mother, and Ronnie, who is a drifter struggling to be loved. All of them are linked together by sheer coincidence as they seek redemption.

– Mark Nicholson, Publisher

Clinton-Macomb Public Library's Top 10 Books Checked Out in 2017

Top 10 Young Adult Books

The Hate U Give
When Dimple Met Rishi
Turtles All The Way Down
Because You'll Never Meet Me
The Fever Code
The Assassin Game
Happily Ever After: Companion to the Selection Series
Dan and Phil Go Outside
What if? Serious Scientific Answers to Absurd Hypothetical Questions
Carve the Mark

Top 10 Adult Books

A Man Called Ove by Fredrik Backman
The Couple Next Door by Shari Lapena
The Whistler by John Grisham
Camino Island by John Grisham
Two by Two by Nicholas Sparks
No Man's Land by David Baldacci
The Fix by David Baldacci
All the Light We Cannot See by Anthony Doerr
Small Great Things by Jodi Picoult
A Simple Favor by Darcey Bell
News of the World by Paulette Jiles
The Girl on the Train by Paula Hawkins

'Soundings Series' Speakers Use Music to Unite, Engage Community

For nearly a year, the founders of the Soul Food concert series — Mark Stone, associate professor of music at Oakland University, and Dwayne Anthony, community relations specialist and arts commissioner for the city of Pontiac — have been bringing their message of peace and unity through music to the Oakland County community.

On Wednesday, Jan. 10 they'll share how they did it, and how others can do it too, during the next installment of Oakland University's popular Soundings Series, which features examples of faculty successfully taking their research out of the classroom and using it to make a positive difference in the world.

The next Soundings Series event — Soul Food: Music as a Ladder and a Bridge — will take place from 3-4:30 p.m. in the Oakland Room at the Oakland Center.

"The overt mission of the Soundings Series is to help faculty on the OU campus learn how to become publicly engaged academics or intellectuals, wherever that may be on the spectrum of public engagement," said Dave Stone, Ph.D., chief research officer for Oakland University.

According to Anthony, bringing people together is what Soul Food is all about. "We're trying to grab all types of musicians, bring them in one room, and share their positivity and music with the community," he said. "That's what we're trying to do. We're one human race, so let's promote love and togetherness. That's what Soul Food is about, and that's why we think it's such important work to continue to do that."

Presented by the Pontiac Arts Commission and sponsored by the OU/Pontiac Initiative, Soul Food was inspired by Professor Emeritus Marvin "Doc" Holladay, who established Oakland University's World Music Program in 1975. It features different groups, representing a diverse range of cultural and spiritual traditions, sharing their message of peace and unity.

"One of the jobs of the Pontiac Arts Commission is to be a connector," said Professor Stone, who also serves on the commission. "I often do find myself acting as a translator between cultural communities. That's what Soul Food is about; this idea of common humanity that centers around the oneness in humanity. We have all different languages and music, and there are different religions and cultural traditions, but if we dig deep enough to what we're really about, that's where we start making the connections."

A leading expert in global percussion performance and education, Stone has performed with the foremost musicians in Uganda, Ghana, Trinidad, South Africa, India and the United States.

"If you think about it, when people are singing, they're singing together," Anthony said. "They all have the same goal — to make the melody sound right. They're not thinking 'I'm black, you're white' — they're just trying to sound good together. Everything else is thrown away in that moment when the music is really good and everyone is singing together. That's what music does. It unifies. It takes you out of who you are."

The next Soul Food concert will take place at 7 p.m. in Varner Recital Hall at Oakland University. Admission is free and the event will be followed by a post-concert reception and discussion led by OU Religious Studies faculty.

For more information about the Soundings Series, visit oakland.edu/research/soundings-series. To attend an event, RSVP to Leanne DeVreugd, program assistant for Women in Science, Engineering and Research (WISER) at Oakland University, at ldevreug@oakland.edu.

Mr. Popper's Penguins January 19

Macomb Center for the Performing Arts Presents Mr. Popper's Penguins on Fri, January 19, at 9:30 a.m. and noon.

In the small town of Stillwater, Mr. and Mrs. Popper are pleasant, practical, predictable people. But when a package for the Poppers produces a penguin, chaos waddles into their lives! Soon, the Poppers open their home and hearts to not one, not two, but to a bunch of boisterous black and white birds.

Tickets for Page to Stage productions are $6 for students. Teachers attend free with groups of 20 students or more. Call 586-286-2021 for tickets.

A $4.50 handling fee per order applies in person, online, or by phone. Artists, programs and pricing are subject to change without notice. All sales are final, no refunds.

Macomb Center for the Performing Arts is located at 44575 Garfield Rd in Clinton Township.

Detroit Symphony Orchestra at the Macomb Center

Hear the Detroit Symphony Orchestra in its full symphonic splendor at the Macomb Center for the Performing Arts during their second season of residency.

The first show will be Friday, January 12 at 8 p.m. All tickets are $25.

Visit the Macomb Center's website to keep up with DSO performance dates, www.macombcenter.com.

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E.J. DIONNE
Can a Divided Nation Discover a New Empathy and a New Patriotism?
Thursday, January 18

E.J. Dionne, Jr. is a senior fellow at the Brookings Institution, a syndicated columnist for *The Washington Post*, and university professor in the Foundations of Democracy and Culture at Georgetown University. A nationally known and respected commentator on politics, Dionne appears weekly on National Public Radio and regularly on MSNBC. He has also appeared on *News Hour with Jim Lehrer* and other PBS programs.

Meet & Greet: 5:30pm — Presentation 7pm
Meet & Greet + Presentation: $30 — Presentation Only: $20

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Michigan's Bottle Deposit Law is Good but Could Be Better

PERSPECTIVES

by NATHAN INKS

Michigan's bottle deposit law has been on the books since the late 1970s, and until recently Michigan was the only state to have an across-the-board 10¢ deposit on all containers covered by the law. Michigan has the highest redemption rate among the 10 states with bottle deposit laws; while the exact rate fluctuates slightly from year to year, the average redemption rate is around 96%. Under the law 75% of the unredeemed deposit funds is allocated to a state cleanup and redevelopment fund, and 25% goes to retailers to cover the costs of processing returned containers.

Although Michigan's bottle deposit law is one of the most successful in terms of redemption rate, it has a major flaw: it only covers soft drinks, beer, wine coolers, canned cocktails, and other carbonated beverages. This means that the state's bottle deposit law misses major sources of litter such as water bottles, juice and sports drink bottles, wine bottles, and liquor bottles.

From a public policy perspective, this arbitrary distinction of whether a container is covered by the deposit law based on the liquid in the container does not make sense. A sports drink bottle thrown on the side of the road causes no less harm and is no less aesthetically displeasing than a soft drink bottle thrown on the side of the road. Similarly, a beer bottle discarded on a sidewalk is no more harmful than a liquor bottle. So why should they be treated differently?

Expanding the state's bottle deposit law would have benefits beyond simply keeping our streets and sidewalks clean. Consumers who do not recycle pass the costs associated with the disposal of their bottles and cans onto society as a whole. This negative externality is especially prominent when it comes to bottled water; the low cost—compared to other bottled drinks—means that consumers can cheaply purchase large quantities of bottled water, and there is currently little incentive for consumers to recycle those bottles. By expanding the bottle deposit law to cover juice, water, wine, and liquor, the state would create an economic incentive for consumers to recycle more containers, and the funds allocated to cleanup and redevelopment would offset the negative externalities caused by those who choose not to return their bottles.

Admittedly the change would require some upfront costs by retailers in order to upgrade equipment to accept additional sizes and types of bottles, but retailers would eventually make back this money from the increased amount of unredeemed deposit funds.

For decades Michigan has been a leader in bottle and can recycling, but we can do better. Michigan has proven that a substantial bottle deposit serves as an effective economic incentive to recycle, and expanding the bottle deposit law to other types of beverages would help not only the environment but society as a whole.

The viewpoints and opinions expressed in the Perspectives Op-Ed column are those of the author and do not necessarily reflect the viewpoints of the Gazette. We encourage readers to submit a Letter to the Editor for publication consideration: Andrew@gazettemediagroup.com

Decorative Stitch Offers Serger Retreat and Modern Concepts in Quilting Club

Decorative Stitch will be hosting a two day Serger Retreat with Deb Canham on January 12 and 13 from 10 a.m. - 5 p.m.

The hands-on technique class will focus on working with knits. If you don't own a Baby Lock Serger a Baby Lock Triumph will be provided at no additional cost. Call 586-799-7507 to book your spot.

If you can't make it to the retreat, stop by on Thursday, January 11 for a decorative threads trunk show from 11 a.m.- 2 p.m., and a "what can you do with a Serger?" trunk show from 5 p.m.- 8 p.m.

Join the Decorative Stitch Modern Concepts in Quilting club to explore topics from quilt blocks to techniques each month. Members will receive supporting patterns and handouts. The club will meet once a month, the cost is $25 per meeting. January's meeting will be held on Wednesday, January 10 from 1 p.m.- 4 p.m.

Decorative Stitch offers Baby Lock Sewing Machines, a wide range of fabrics, classes and events, and sewing machine repairs and service.

Decorative Stitch is located at 48814 Van Dyke Ave in Shelby Township. Visit their website, decorativestitch.com, to learn more about the classes and events they will be hosting in the upcoming month.

Ocean Spa & Nails Now Open in Sterling Heights

JUST BEFORE THE HOLIDAYS, Ocean Spa & Nails cut the ribbon on their new facility in Sterling Heights. Located at 35264 Dodge Park Road, the full-service nail and spa salon is open Monday through Saturday from 9 a.m. to 7 p.m. The Sterling Heights Regional Chamber of Commerce and The City of Sterling Heights were on hand for the ribbon cutting and to wish them much success. To learn more about Ocean Spa & Nails, visit isb-oceanspa.com or call 586-883-6716.