



Gazette

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Friday, Aug. 10, 2018
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Macomb County Election Round-Up

by EMMITT LEWIS

A record number of people participated in Tuesday's August primary election. Shelby Township, Washington Township, and Macomb Township were some of the municipalities with the highest voter turnouts in the county. As a whole, Macomb County had a 29.9% voter turnout. In total, 186,483 votes were cast in the county during Tuesday's elections.

Bill Schuette and Gretchen Whitmer won the nominee vote both in Macomb County and statewide for their respective parties. Schuette will represent the Republican party in the race for governor, garnering 57.3% of the votes, while the Democratic nominee, Whitmer, took Macomb County with 56.8% of the votes.

Republican Lisa Sinclair and Democrat Fred Miller will be facing off for the position of county clerk. Sinclair won 17.7% of the county's vote and Miller took 33.5% of the votes.

In the race for Washington Township Trustee, Republican Gary Kopp took the win with 59.6% of the vote. He will face Democrat Art Grimes, who ran unopposed.

Douglas Wozniak became the Republican nominee for state representative of the 36th district. He landed 45.5% of the vote. His opponents this November will be Democrat Robert Murphy and Libertarian Benjamin Dryke. Murphy received 58.9% of the vote and Dryke ran unopposed for his party.

Peter Lucido beat out Ken Goike for the area's state senate Republican race, capturing 71.7% of the votes. Democrat Paul Francis triumphed over Patrick Biange and Raymond Filipek with 46.6% of the vote.

To see more of the election results, go to clerk.macombgov.org.



Record Primary Turnout In Macomb, Lucido Wins Handily

PETER J. LUCIDO SECURED HIS PARTY'S NOMINATION for state senator during Tuesday's primary election. The Republican Shelby Township native now faces Democrat Paul R. Francis in the general election November 6. Lucido thanked his supporters, adding, "We all have a lot to be proud of. I love Macomb County because I was Homegrown in Macomb, I love being a Michigander, and most of all, I love being an American!" Residents will start seeing those big yellow Lucido signs taken down - just give them a few days to collect them all.

Shelby Boasts Compliance With State Stability Board

The Michigan Stability Board (MSB) recently released its best practices and strategies document, and officials in Shelby Township are boasting it reads like a narrative of the steps the Board of Trustees has taken to ensure the township's long-term financial success.

The MBS best practices draft document, which aims to help local units of government meet the challenges of funding pension and other post-employment benefit (OPEB) obligations, was released July 20 with the

MSB accepting public comment and feedback until August 9. It highlighted several strategies and approaches to retiree administration to ensure municipalities can maintain their financial commitments to retirees while ensuring stable government finances for operations.

"There are several key takeaways that show how far ahead of the curve Shelby Township is from a finance and long-term planning perspective," Township Treasurer Michael Flynn said.

"Shelby Township has already implemented or is planning to implement the most prominent recommendations in the document ... The Township Board has already put in place an OPEB trust. We closed the pension and reformed the OPEB system for new hires and changed from a defined benefit to a defined contribution retirement system. We're also over contributing to OPEB and finding new revenue and funding sources for the system like the

See STABILITY, page 2

"Veiled Threats" At Macomb Twp Board Meeting

by ANDREW NEAL

During the public comment portion of Wednesday's Macomb Township board of trustees meeting, resident Tom Sokol voiced his objection to the township repaving the sidewalk in front of Dino Bucci's residence - a sidewalk that by most accounts appeared to be in good condition.

After the meeting, Sokol claims he was confronted in the parking lot by someone who represents the township who said they had a gun in their possession.

"Residents have lost trust in our local government due to corruption," Sokol said at the meeting, referencing the indictments handed down by the FBI to both current and former Macomb Township trustees - Dino Bucci and Clifford Freitas respectively.

Just as recently as July 27, residents have reported that the entire frontage of Dino Bucci's home was completely marked with red X's as part of the sidewalk improvement project," Sokol continued. "After the sentencing and indictments being executed in our township, why are we allowing these types of activities to take place? These are the types of practices that the attorney in the Freitas sentencing referred to as 'the Macomb Township way,'" Sokol said, arguing that the repaving was a poor use of taxpayer dollars.

As Sokol went on to reference the department head who is overseeing the sidewalk project, he expressed his

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Primary Victory! Thank You!

Elect DOUGLAS C. Wozniak

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Nov. 6

for State Representative 36th District

Paid for by The Committee to Elect Douglas C. Wozniak - 51543 Van Dyke Shelby Township Michigan



Free Adopt A Stream Training

INTERESTED IN ADOPTING A STREAM? On Monday, August 13 at 6 p.m. learn how to become a citizen scientist for the Clinton River Watershed Council. The event will cover basic water quality monitoring techniques and how you can become involved in collecting important data on local rivers and streams. Training takes place at Stony Creek Nature Center, within Stony Creek Metropark in Shelby Township. Space is limited, pre-register by calling 248-601-0606.

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Resident Says He Was Confronted In Parking Lot

BOARD, From page 1

disagreements with the employee's decision-making in previous instances, before township attorney Tom Esordi interjected.

"I think comments or allegations regarding employees would be handled in a more appropriate way," Esordi said. "These are all public employees and they're entitled to their rights and they don't speak at these meetings and I think it would be inappropriate to make allegations against our employees."

Sokol continued with his statement, but during the trustee comments portion of the meeting, Tim Bussineau also brought up the sidewalk in front of Bucci's residence, again referencing what Freitas' attorney referred to as the Macomb Township way.

"When we see something like this, it appears to be that old Macomb Township way," Bussineau said. "The optics of this, it doesn't look good."

Bussineau added that he would withhold judgment until the department head had a chance to produce a report on the matter.

But the story doesn't end there.

After the meeting concluded, witnesses say the township attorney and supervisor, Esordi and Dunn, were overheard having a "heated discussion" outside of the meeting room with Sokol, and things allegedly escalated from there. In a separate interaction after of the meeting – this time in the parking lot – Sokol said he was told by "someone who sits in one of those chairs that they have a gun in their possession in an aggressive tone." According to Sokol, trustee Bussineau and resident Ted Nicodemus witnessed the unnerving interaction.

The next day, both Sokol and trustee Bussineau took to social media to voice their concerns.

"For a resident to get confronted after a meeting, by some who are in power in our Township, is not new,"

Bussineau said, "But the veiled threat I heard against [Sokol] by someone who represents our Township in the parking lot was serious."

Sokol was clearly concerned by the incident. "To be told by someone who sits in one of those chairs that they have a gun in their possession in an aggressive tone shows the lengths that certain individuals in this township will go to silence us from bringing issues forward like Bucci's excessive sidewalk replacement," Sokol said, adding that he would use the next few days to "reflect and consult."

Social media news outlet Macomb County Scanner has referenced an anonymous source who said Esordi made the comment to Sokol in the parking lot. When contacted by the Gazette Thursday, Esordi did not wish to comment. A follow-up story will be featured in the Gazette as more information comes to light.

Michigan Stability Board Releases Best Practices

STABILITY, From page 1

Shelby Manor sale. The list goes on, and it's nice to see this level of verification from the state of Michigan."

Officials say there was one portion of the document that did not mesh with the financial philosophies of the Shelby Township Board of Trustees, though. "The one recommendation our taxpayers will thank us for not implementing, or even considering under this Board, is millage increases in any form," Flynn said. "Sadly, many of our neighbors will have no choice but to raise millage rates if they are to remain solvent."

State law requires the Municipal Stability Board to annually review and update a list of best practices and strategies to assist entities with an underfunded pension, underfunded health care plan or both. The document provides recommendations for the funding, design, and administration of retirement benefits.

"This guidance is a starting point for problem-solving an entity's underfunded retirement benefits and developing a corrective action plan," said acting Deputy State Treasurer Anne Wohlfert, head of the State and Local

Finance Group. "The board is looking forward to receiving feedback on this document from individuals and other stakeholders in the search of solutions to ensure the long-term financial health of our local units of government."

Following a review of the additional comments and feedback, the board will reconsider the best practices and strategies document at their next scheduled meeting.

Comments should be emailed to Treas-MunicipalStabilityBoard@michigan.gov with the subject line, "Best Practices Comment: 2018."

Karmanos Promoting Awareness For Prostate Cancer

The Karmanos Cancer Institute is bringing awareness to prostate cancer through baseball. Karmanos, in partnership with the McLaren Macomb Foundation, is hosting their inaugural awareness game at Jimmy John's Field in Utica on August 17.

This event will put a spotlight on men's health, and raise funds for prostate cancer research. The occa-

sion will honor those who have prostate cancer and survivors. Children will have fun activities to participate in at the game too.

Tickets cost \$35 and include patio seating, an all-you-can-eat barbeque buffet, and more. The \$35 ticket package also includes a \$10 donation to support prostate cancer research at Karmanos. While supplies last, sur-

vivors of prostate cancer can receive a complimentary ticket with the purchase of two other tickets. Ticket packages must be ordered by midnight on August 13.

The game will be on Friday, August 17 and gates open at 6 p.m. The game will start at 7:05 p.m. For more information on Karmanos, visit karmanos.org.



Free Arcade At One Eyed Jacks In Shelby

"IT'S ON LIKE DONKEY KONG," Shelby Township watering hole One Eyed Jacks said this week, announcing that their 30-plus vintage video games are free to play with the purchase of food or drinks. Classic games like Galaga, Ms. Pac Man, Donkey Kong, Terminator, NBA Jam, Scared Stiff, and many more line the walls of the newly-renovated arcade bar. One Eyed Jacks is located at 48762 Van Dyke Ave. Tell them the Gazette sent you – they're not paying us or anything, but tell them anyway.

UCS, USPBL Celebrate Back To School

Utica Community Schools (UCS) and the United Shore Professional Baseball League (USPBL) will team up to celebrate Back to School for a special night of baseball on Thursday, August 23 at 7 p.m.

The UCS Back-to-School night will allow district residents and supporters to receive a special food and ticket package and watch the hometown Utica Unicorns take on the Eastside Diamond Hoppers at Jimmy John's Field, on Auburn Road in historic downtown Utica. Gates open at 6 p.m.

Appleby, USPBL Founder and Chief Executive Officer. "We are both committed to high standards and enhancing this area's quality of life. We look forward to this great night of family fun."

Special family packages are available that include a hot dog and soft drink for platinum club, infield or backstop tickets.

To order tickets, visit uspbl.com/schedule, click on the August 23 "UCS Back to School Night" ticket icon and enter the promo code UTICA2018.



LANCELOT, the Utica Unicorns mascot, reading to Flickering Elementary students.

"We look forward to bringing together two great traditions on the same night – Back to School and baseball," superintendent Dr. Christine Johns said. "This night of celebration reflects the pride our two organizations have in serving the residents of our community."

"We are pleased by the strong partnership we have created with one of this region's premier school districts – Utica Community Schools," said Andy

Over the past three years, the school district and league have announced \$32,000 in scholarships, student-designed and constructed bat and helmet racks at Jimmy John's Field, and upgrades to softball and baseball fields at Eppler Junior High School. USPBL and the district also partner on a special reading incentive program that encourages students to set and meet reading goals for March is Reading Month.

Inaugural Utica KidFest August 12

Bring your little ones to Grant Park in Utica on Sunday, August 12 from 1 to 5 p.m. for the first ever Utica KidFest.

The free event will feature a petting zoo from Upland Hills Farm and bounce houses sponsored by the Gazette. Other attractions include police horses from the Macomb

County Sheriff's Mounted Division, Utica police and fire trucks, Home Depot youth kits, two water obstacles, and food trucks with plenty of kid-friendly options.

Grant Park is located at 8243 Hahn St. For more information, call the city of Utica at 586-739-1600.

So You Sing? Check Out The Madison Chorale

The Madison Chorale is beginning its new fall season on Tuesday, September 4 at 7 p.m. Practice is until 8:30 p.m. every Tuesday night at Wilkinson Middle School, located at 26524 John R Road in Madison Heights just south of 11 Mile Road on the east side of John R Road.

This 30-member auditioned inter-generational musical group is open to men and women ages 16 and up. They are looking for all position parts.

The group performs a variety of holiday and spring concerts with some outreach to the community included. Directed by local voice performance artist, Vincent Halkey, the chorale sings show tunes, old tunes, somber, lively, spiritual and classical tunes – always a varied production of music to warm your soul and lift your spirit. Call Brenda at 248-376-5383 for more information or email bbradwood@hotmail.com.

MCC Fundraising Campaign Exceeds \$10 Million Goal

Macomb Community College's first comprehensive fundraising campaign, Mission Macomb: Creating Opportunities & Changing Lives, has concluded, raising \$10,753,000. Nearly eight percent over their goal, the funds raised over the five-year campaign are supporting three priority areas: student success, innovation and entrepreneurship, and arts and culture.

"It's gratifying not only to reach but to exceed such an ambitious goal for a first-time campaign," said James O. Sawyer IV, Ed.D., president, Macomb Community College. "The dedication and passion of Macomb Community College's supporters have been a driving force in raising critical resources to

ensure the college is a distinctive educational institution acutely attuned to our community's needs."

Campaign Mission Macomb's success has had a tangible impact, with the number of private scholarships for students doubling, along with additional investment in key college programs and services, such as Reading and Writing Studios that provide vital assistance to students in meeting college-level and workplace communication skills.

The campaign was also a catalyst for formalizing the college's ability to cultivate and support philanthropy, bringing together community leaders, retired faculty and alumni to create a Retiree Association, an Alumni

Association and a Community Board of Directors for the college's foundation.

"Macomb Community College is a vital community asset, harnessing the transformative power of higher education for our residents' and community's benefit," said Maria Silamianos Sherman, chair of Campaign Mission Macomb.

The college's fundraising gala, Comedy & Cocktails, also had its roots in the early months of Campaign Mission Macomb. This year's Comedy & Cocktails gala event will continue raising resources for the college's arts and culture programs, and will take place on Friday, October 19. For more information, visit macomb.edu/.

Sherwood Brewing's 12th Anniversary Celebration

Sherwood Brewing Company is celebrating what they call "12 Years of Obnoxiously Unpretentious Beers" at the 12th Anniversary Celebration.

The event will take place on August 18 from 1 to 9 p.m. at Sherwood Brewing Company, located at 45689 Hayes Road in Shelby Township. The company brewed a special Belgian Abbey Ale at their opening in 2006, and have since only offered it again each year on their anniversary, hence the name "Anniversary."

Family fun events will take place from 1 to 4 p.m. Tickets are only needed during this time for adults wishing



to drink beer. The family fun time offers live music from the Rock & Roll Prep School Varsity Band, grilled fare, and local vendors. There are also many free activities taking place, including fun with Duke the K9 Cop, face painting, professional photo ops,

a bounce house and carnival games, and a visit from the United Shore Professional Baseball League mascots.

The event's adult activities are dubbed "Woodfest," and take place from 1 to 9 p.m. During Woodfest, participants must be 21 years or older and have a valid ID. The event offers a small batch fest featuring unique ales, lagers, sours, and barrel-aged beers, as well as local vendors selling their Michigan-made products, a limited edition bottle release, cask tapping, live music, and food.

To purchase tickets, visit abbey12.brownpapertickets.com/.

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For details call Vickie at 248 • 524 • 4868 ext 304

Fatal Crash, Attempted Homicide, And A Shoe Store Thief

POLICE PATROL



■ **FATAL ACCIDENT ON M-53** – On August 7 at approximately 10:54 p.m., the Shelby Township Police and Fire Departments responded to north bound M-53 just south of 23 Mile Road for a report of a vehicle fully engulfed in flames. The vehicle was just off of M-53 in the tree line. This investigation caused a temporary north bound M-53 road closure. The vehicle involved was a GMC Envoy registered out of Clinton Township, occupied by the driver only. Unfortunately, the female driver passed away, whose name is not currently being released. Witnesses to the accident, or any individuals with information relevant to the accident, are asked to contact the Shelby Township Police Department at 586-731-2121, extension 470, Traffic Investigator Phelps.

■ **ATTEMPTED HOMICIDE IN MT. CLEMENS** – On August 6 at approximately 4:10 p.m., Macomb County Sheriff's deputies were dispatched to the area of Gibbs Street and Dickinson Ave. in Mt. Clemens for shots fired. It was reported that a male had been shot and was still on scene. Upon arrival, deputies located one victim who had been shot in the head. The victim is a 21-year-old male out of Eastpointe. He was transported to the hospital for

treatment and is expected to survive. Several persons of interest were located and brought in for questioning. After speaking with the persons of interest they have been cleared as suspects. Information provided is that this shooting stems from an incident where money was owed to an individual regarding a vehicle. Multiple shots were fired and the victim was struck. Macomb County Detectives continue to investigate this incident and ask that anyone with information contact Detective Wohlfield at 586-463-1854.

■ **UTICA CASH THIEF WANTED** – The Utica Police Department is asking for your help in identifying this individual. He was reportedly involved in the theft of money stolen from the back of the New Balance store on Hall Road. Anyone with information is asked to contact Detective Morabito at the Utica Police Department at 586-731-2345.



Note: If you have any information on the aforementioned crimes or any other offenses, please call the Macomb County Sheriff at 586-469-5151.



THE SHELBY TOWNSHIP POLICE DEPARTMENT shared the above photo this week to their Facebook page. Officers spotted this squeely grunt box behind the White Castle at 23 Mile and Shelby Parkway. Based on previous experience of similar discoveries, they were hesitant to put this friend of the "porcine persuasion" in a patrol car. Luckily, the babe was reunited with its thankful owner courtesy of Sgt. Heisler and D Platoon.

Macomb Healthcare Providers Meeting

The Macomb Healthcare Providers Group holds a networking event every month at the Red Ox Tavern, located at 45411 Park Ave in Utica. The meeting is held the second Thursday each month from 11:30 a.m. to 1 p.m. There is no fee for this group, just plan to buy lunch and tip your server. Bring your business cards, brochures, flyers, and your elevator

speech. Consider bringing someone new to introduce to the group, joining their LinkedIn page, and posting something about your company on their page. If you have a topic you would like to present to the group, email Macombhealthcareproviders@gmail.com or speak with an event organizer at the meeting.

Health & Fitness *Digest*

The Health Benefits Of Watermelon

WebMD – It's summer, time to enjoy the sweetness and benefits of a tasty slice of watermelon.

Some pigments help protect plants from the sun. Oddly enough, just eating them may shield your skin, too – at least a little. The lycopene in watermelon may make it less likely that you get sunburned. But that's not for sure, so keep using your broad-spectrum sunscreen with SPF of 30 or higher every day.



DON'T MISS THE GREAT TASTE and health benefits of including watermelon on your summer meal plans. Those of all ages will love it.

Watermelon is rich in an amino acid called citrulline that may help move blood through your body and can lower your blood pressure. Your heart also enjoys the perks of all the lycopene watermelon contains. Studies show that it may lower your risk of heart attacks. Of course, your whole lifestyle affects your heart health. So make sure you also work out, don't smoke, limit saturated fat, and keep up with your doctor's advice.

Watermelon has a natural pigment called beta-cryptoxanthin that may protect your joints from inflammation. Some studies show that over time, it could make you less likely to get rheumatoid arthritis.

Just one serving of watermelon gives you more than 30% of the vitamin A you need each day. This nutrient is one of the keys to keeping your eyes healthy. Foods are the best ways to get all the vitamins and minerals that your body needs.

Juicy watermelon is 92% water, so it's a simple way to help stay hydrated. Every cell in your body needs water. Even a small shortage can make you feel sluggish. If you get really dehydrated, it can become serious enough that you need to get fluids by IV.

Vitamins A, B6, and C in watermelon help your skin stay soft, smooth, and supple. Because it's loaded with water, melon also makes a great face mask. Mix 1 tablespoon of watermelon juice with the same amount of Greek yogurt. Spread over your face and leave on for 10 minutes to slough off any dry, dull skin. Rinse and pat dry.

A cup of ice cream will set you back around 300 calories. You can enjoy the

same amount of watermelon for just 40 calories. And unlike many other desserts, it's fat-free, low in cholesterol, and has no sodium. Plus, the water in it will help you stay fuller longer. To make an easy sorbet, puree some watermelon in your blender, add a squeeze of lime, and pop in the freezer until it hardens.

Watermelon's high water content, antioxidants, and amino acids may make for a better workout. It's also high in potassium, a mineral that could cut down on cramps at the gym. You can sip watermelon juice after you sweat, too. Doing so could help prevent muscle soreness, as long as you don't push yourself too hard.

Trying to keep your blood glucose levels steady? You're in luck. Watermelon has a glycemic index (GI) value of 80, about the same as a bowl of cornflakes. But it's got few carbs. That means its glycemic load (how quickly it enters your bloodstream and how much glucose it can produce) is a mere 5. Enjoy a slice without guilt!

Pick a melon that's free of dents, nicks, and bruises. Look for a yellow, not white, spot on the bottom. This signals that it's ripe. A juicy, ready-to-eat watermelon will feel heavy for its size. When you thump it, it should sound hollow.

Wash the outside of your melon before you slice into it. You don't want your knife to transfer any germs to the inside. While melon tastes best right after it's cut, you can store it in your fridge for up to 5 days. Freezing is an option, too. While the watermelon won't stay crisp, you can thaw it to use in smoothies.

A slice of fresh watermelon tastes great, but you can do more with it. Top a salad with cubed melon and crumbled feta cheese. Make a watermelon pizza by topping wedges with yogurt, mint, slivered almonds, and berries. And save the seeds! Tossed with olive oil and sea salt, they can be roasted for a tasty (and healthy) snack.

– Reviewed by Kathleen M. Zelman, MPH, RD, LD

Preseason Wellness Can Help Young Athletes

Student-athletes train hard, and that intensity can lead to injury. As more young athletes focus on year-round training in one sport, the risk for overuse injuries increases.

On July 24, orthopaedic and sports medicine experts from the American Academy of Orthopaedic Surgeons and American Orthopaedic Society for Sports Medicine announced new study findings and reinforced important recommendations from the OneSport Injury youth sports specialization campaign. Information and new guidelines for preseason practices and back to school sports were shared during a media webcast.

“As more athletes under the age of 12 focus on just one sport and year-round training, coaches, parents, and athletes need to encourage youth to think about participating in a variety of activities to prevent injuries,” said event moderator Charles Bush-Joseph, MD, and immediate past president of American Orthopaedic Society for Sports Medicine, in a press release.

So what can young athletes do to

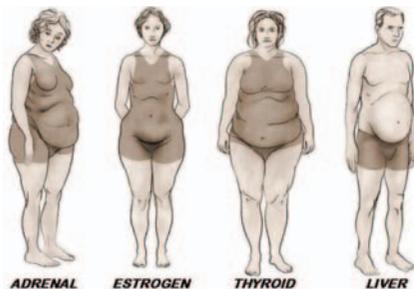
stay healthy? Orthopaedic surgeon and assistant professor of orthopaedic surgery at Harvard Medical School, Elizabeth Matzkin, MD, MS, presented guidelines for athletes, their parents, and coaches. The recommendations advise to get a preseason wellness check-up, ensure adequate time for rest and recovery, and take good care of bones, joints and muscles.

“We know that overuse injuries account for half of all sports injuries in middle school and high school,” said Dr. Matzkin.

Student-athletes should properly warm-up and cool-down before and after activities, incorporate strength and stretching exercises into training, and hydrate to maintain health and minimize cramps.

It's also important for athletes and parents to communicate with coaches and school trainers about health and injuries. That way, everyone can be working together to do what's best for the student-athlete, and they can stay healthy and in the game.

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- “I lost 70 pounds and am still losing.” - George E.
- “I have lost 30 pounds, and am no longer on my insulin anymore.” - Theresa D.
- “I lost 5 inches off of my belly, cut my blood pressure medication in half, and have greatly reduced my acid reflux medication.” - Bill H.

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Cardiologist,**

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Dr. Dangovian will tell you about the latest scientific breakthroughs and methods that help you permanently and safely remove unwanted belly fat while quickly reclaiming your health, your youth, and your life!

Tuesday, August 21st at 6:00pm

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SAT, AUG 18 - 8 p.m.
Chene Park, Detroit

BEACH HOUSE
SUN, AUG 19 - 7 p.m.
Royal Oak Music Theatre

ON STAGE

WICKED
SAT, AUG 11 - 2 p.m.
Detroit Opera House

WILD 'N OUT LIVE
SAT, AUG 18 - 8 p.m.
Little Caesars Arena, Detroit

LIBRARY

TUESDAY BOOK CLUB
TUE, AUG 14 - 1:30 p.m.
Graubner Library, Washington

EVENING BOOK CLUB
TUE, AUG 14 - 6:30 p.m.
Shelby Township Library

KIDS & TEENS

ONE MAN'S QUEST TO
TRAVEL THE WORLD
MON, AUG 13 - 7 p.m.
Clinton-Macomb, Main Branch

DIY MINI FAIRY GARDEN
TUE, AUG 14 - 1 p.m.
Utica Public Library

ARTFUL TUESDAY
TUE, AUG 14 - 1:30 p.m.
Clinton-Macomb, North Branch

TEEN ANIME CLUB
TUE, AUG 14 - 6 p.m.
Graubner Library, Washington



CHRISTOPHER ROBIN
Adventure, PG



CLERKS
Comedy, R



BATMAN BEGINS
Action, PG-13



READY PLAYER ONE
Action, PG-13



THE DARKEST MINDS
Thriller, PG-13

CHRISTOPHER ROBIN

Christopher Robin, now a family man living in London, receives a surprise visit from his old childhood pal, Winnie-the-Pooh. With Christopher's help, Pooh embarks on a journey to find his friends Tigger, Eeyore, Owl, Piglet, Rabbit, Kanga, and Roo. Once reunited, the gang travels to the big city to see Christopher.

THE DARKEST MINDS

When teens mysteriously develop powerful new abilities, they are seen as a threat by the government and sent to detention camps. Sixteen-year-old Ruby soon escapes from her captors and joins other runaways who combine their collective powers to fight the adults who tried to take away their future.

August Performances At The Cube

Though the Detroit Symphony Orchestra (DSO) is on vacation until September, music still fills its home this August. The Peter D. and Julie F. Cummings Cube (The Cube, for short) is Midtown Detroit's hub for curated, urban, boundless experiences and will present a collection of innovative events to close its second season. The Cube was renamed and reimagined in 2016 by the DSO with the help of Peter D. and Julie F. Cummings as a locus of diverse and captivating programming within the Max M. and Marjorie S. Fisher Music Center, the home of the DSO.

On Friday, August 17 at 8 p.m. Red Baraat brings more of Brooklyn to Detroit. Famously dubbed "the best party band in years" by NPR, Red Baraat is a pioneering six-piece ensemble that has drawn worldwide attention and praise for its blending of hard-driving North Indian Bhangra with elements of go-go, rock, and jazz.

On Thursday, August 23 at 7 p.m., DJ, music journalist, and nationally-renowned tastemaker Chris Campbell is back for Conversations in The Cube with the vocal duo Les Nubians, French sisters Hélène and Célia Faussart, and hip-hop activist and Kresge Arts Fellow, Mahogany Jones. A short acoustic set by special guests will follow the interviews.

A unique event titled Sound Sculpture hits The Cube on Friday, August 24 at 8 p.m. Participants can

create unique musical compositions with this set of interactive sound and light building blocks by changing their order, location, and orientation. Keyboard-wizard and DJ Jon Dixon and special guest Marquis Johnson will close out the experience with a high energy set fusing Detroit techno and jazz.

Om @ The Max is back on Saturday, August 25, at 10:30 a.m. Certified instructor Rebecca Murawski (Detroit Yoga Lab) will lead a slow yin class for yogis of all skill levels, accompanied by the live music of guitarist Al Ayoub and bassist Dan Kolton, who both frequently perform with the DSO.

Celebrate an evening of the Detroit Latin Jazz Experience on Saturday, August 25 at 7:30 p.m. with performances by Aguanko, Los Gatos, LL7, and the Wesley Reynoso Afro-Latin Ensemble. Don't forget your dancing shoes, because Award-winning dance instructor Mambo Marci will be there to lead a few steps.

All events take place at The Cube, across the William Davidson Atrium from Orchestra Hall, within the Max M. and Marjorie S. Fisher Music Center (3711 Woodward Avenue, Detroit).

Tickets for all events in The Cube can be purchased at dso.org, by calling 313-576-5111, or in-person at the Max M. & Marjorie S. Fisher Music Center Box Office - located at 3711 Woodward Ave. in Detroit.

Submit To The Michigan Great Artist Competition

The MI Great Artist online art competition is open for submissions, and this year's cash and prizes total more than \$16,000.

Visual artists who are at least 18 years old who live, work or go to school in the following counties are eligible: Genesee, Lapeer, Livingston,

Macomb, Oakland, Shiawassee, St. Clair and Wayne. Artists may submit up to five original works online at MIGreatArtist.com/.

Entries may be submitted now through noon on August 17. There is no fee to participate. Complete rules are posted at MIGreatArtist.com/.

Escape This Realm At The 40th Annual Michigan Renaissance Festival



The Michigan Renaissance Festival is back and celebrating 40 years of family fun. The Festival provides opportunities for fans to escape from this realm and journey into a time when Kings and

Queens rule and Mermaids and Fairies are more than just a dream.

Join the Royal Pet and Ale Fest August 18 and 19, where dogs are free and the event will feature pet vendors, pet rescues, wiener dog races, a pet costume contest, the ugliest dog contest, and pet demonstrations.

On August 25 and 26, the Highland Fling will feature the Highland Heavy Games, a Men in Kilts competition, Scottish dancers, a keg toss, Scottish market, and after hours band blowout.

The Michigan Renaissance Festival's 40th season begins on August 18 and ends on September 30. The Festival is open weekends and Labor Day, plus Friday, September 28 from 10 a.m. - 7 p.m. rain or shine. Admission at the gate is \$23.95 for adults, \$14.95 for children 5-12, and free to children four and under. Discount tickets are available at participating Kroger, Goodwill, and Menards stores or online at MichRenFest.com/.

Gazette CLASSIFIED

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Gazette

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Washington, MI—Manufactured home 3BR, 2BA central air, stove, refrigerator, dishwasher, washing machine, dryer. 28X48, 1344 square feet, double wide, \$29,900 Patty 586-822-6355, mention Lot #687 1/1

PAINTING

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VOLUNTEER

HOPE NOT HANDCUFFS
Hope Not Handcuffs is an initiative started by Families Against Narcotics (FAN), aimed at bringing law enforcement and community organizations together in an effort to find viable treatment options for individuals seeking help to reduce dependency with heroin, prescription drugs, and alcohol.
A person struggling with any drug addiction can come to any of the participating police agencies and ask for help. They will be greeted with support, compassion and respect. Hope Not Handcuffs volunteer 'Angels' help with paperwork and provide compassionate support until a treatment option is found. Angel's can choose their own time slot by signing up to be on call for just 2 four hour blocks per month.
To sign up and learn more, visit familiesagainstnarcotics.org/volunteer

ADOPT A PET

Cheese



Colby



Stormy



Jack



Sudoku

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| 5 | | | 6 | | | 2 | | |
| 8 | | | 1 | | 3 | | | 6 |

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PRAYER TO THE BLESSED VIRGIN

Never known to fail. Oh most beautiful flower of Mt. Carmel, fruitful vine splendor of heaven, blessed Mother of the Son of God. Immaculate Virgin assist me in my necessity. Oh star of the Sea, help me and show me herein, you are my mother. Oh Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh show me herein you are my mother. Oh Mary, conceived without sin, pray for us who has resource to thee 3x. Holy Mother, I place this cause in your hands. 3x Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me, and that in all instances in my life you are with me. I want in this short prayer to thank you for all things as you confirm once again that I never wanted to be separated from you in eternal glory. Thank you for your mercy toward me and mine. This person must say this prayer 3 consecutive days, after 3 days the results will be granted. This prayer must be published after the favor is granted.

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With Age Comes Wisdom And Acceptance

PERSPECTIVES



Op-Ed by
PETE MAURER

With each passing year - like you - I am getting older, and as I've grown into each phase of life, I have noticed that there are far more things to enjoy than to complain about.

Yes, I don't heal as fast as I used to, my skin is some foreign layer that has a mind of its own, and even though I still stay in very good shape, the body still changes in ways that I wish it wouldn't. And knowing that there are far more ticks of the clock behind me than in front does make me ponder the future.

Yet, I have grandchildren, and their inclusion in my life fulfills me in ways I could never have anticipated. I am more patient and compassionate, not necessarily like Mother Theresa, but far more than I was as a younger man.

Having prepared for retirement, I do not worry about money like I used to. Having lived through six decades of history allows me to see things from a perspective that younger people may not, no matter how much they might have studied their history books.

I anticipate better, and let people

be who they are, knowing that trying to change people is a fruitless endeavor, although I do encourage change. I give more of myself and help others more than I did at one time.

I am politically more active, putting actions behind the words, and showing people that I will stand up for my beliefs and the beliefs of others.

But the single biggest difference I've noticed is acceptance. Much like the serenity prayer that many Christians know, I understand the difference between those things I can change, and those that I have to accept because I cannot change them.

And the wisdom to know the difference comes with age.

It isn't that older people necessarily give up on things because of health concerns, or because they've become disillusioned. While that is true in some instances, I think that there are more older people who have already fought the good fight, that their scars prove their commitment, and that it's time for the next generation to engage the enemy and carry on.

Retired people are more likely to see societal and technological changes, and more fully appreciate how current events are so radically different from the past, and the dangers they represent to an unsuspecting, younger generation.

Does that mean that older people are always right? No.

But unlike many other nations whose cultures honor and respect the elderly, America is content to put their

older citizens on a shelf until they pass on, hopefully before they bankrupt Medicare and Social Security, as I once heard a younger person say.

To accept age with grace is more than just a saying. There truly is nothing any of us can do to stop time, although a healthy lifestyle may slow it down a bit.

To age gracefully is to accept your age and make the best of it, to find the many good things at every stage of life and focus on those, rather than worrying constantly about the things out of your control.

Maybe you walk more than you used to jog, or maybe you buy a three-wheeled bike rather than worrying about falling off a two-wheeler. And perhaps you listen to audiobooks because you can't remember where you left your reading glasses half the time.

And maybe you give up your snug jeans in favor of relaxed-fit denim, and you buy more zippered clothing because the arthritis in your fingers makes buttons a challenge.

You can fight Time all you want, but she will win, every time.

Instead, accept the changes, find the good and focus on that. Change the things that you can, and accept those you cannot.

And for Heaven's sake, quit trying to look two or three decades younger! You're not fooling anyone!

Send a Letter to the Editor: Andrew@gazettediagram.com.



THE SHELBY TOWNSHIP LIBRARY recently hosted a world music and stories event as a part of their Libraries Rock! Summer Reading Club. They posted the above photo on their Facebook page with the note, "Thank you to the Storytellers, Mr. Bob and Ms. Audrey! We loved all of the world music and stories you shared with us!"

Go Back In Time At Packard Proving Grounds

On Saturday, August 18, visit the historic Packard Proving Grounds from 9 a.m. to 2 p.m. for "Honoring History - 1940s".

This year has been full of historic milestones, from Packard Proving Grounds celebrating its 90th anniversary to Macomb County celebrating its Bicentennial, and now Shelby Farmers Market is getting in on the history. The market is hosting four fun "Honoring

History" events, and the 1940s theme is the first in the series.

1940s-era attire is encouraged at the event. At the event, participants can get their picture taken with a classic Packard car from that era, shop the regular farmers market vendors as well as some special retro and vintage vendors, and interactive kids' activities. Free historic tours are also available during the event, and they begin at 10 a.m.

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