



Health & Wellness - Inside

# Troy-Somerset Gazette



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August 19, 2019  
Vol. 39, No. 48

## Ferndale Mayor Chosen as New County Executive

Democratic Ferndale Mayor Dave Coulter was appointed Oakland County executive on Friday in an 11-10 vote. The decision comes after two weeks of political infighting and legal wrangling following the death of longtime County Executive L. Brooks Patterson.

Coulter's appointment is contingent on his resignation as mayor of Ferndale. The Ferndale City Council is expected to hold a special meeting on Monday morning to accept Coulter's resignation.

Prior to the vote to appoint Coulter, Republican members of the Oakland County Board of Commissioners pushed to keep Gerald Poisson in the role. Poisson served as Patterson's chief deputy executive director and was sworn in as executive after Patterson's death. The Democratic majority ultimately overcame those efforts.

Tensions in the county were high last week after former Board of Commissioners chairman Dave Woodward resigned from his position in hopes of being appointed as executive. Woodward plans to run for the position in 2020. County Treasurer Andy Meisner, Woodward's Democratic rival, was especially critical of Woodward's move.

Five candidates were interviewed last week, and the board chose between applicants.

This is the first time Democrats have held the county executive job, and it's the first time Democrats have held the majority on the county board in decades.



TROY HIGH STUDENTS traveled to Austria and Switzerland last month to attend the Global Leadership Summit. The focus was on global issues centered around the theme "The Power of Communication." Students also travelled and saw historic landmarks, like the Plague Column in Vienna, which was built after the end of the Great Plague of 1679.

## Torrential Rains Bring Flooded Streets to Troy Neighborhoods

by JUSTIN COOPER

The border area of Oakland and Macomb counties was hit by "torrential" rains last Monday night that brought over five inches of rain down on a narrow seven to nine mile wide stretch of land, according to Local 4 meteorologist Paul Gross.

The rain system regenerated over the same area over the course of about three hours the night of Aug. 11 before heading further south, Gross said.

In Troy, the rain rendered some roads and neighborhoods unnavigable. Dequindre Road was closed between Long Lake and Square Lake roads, where cars idled in knee-deep water with their hazard lights on.

Much of that flooding had been drained away by morning, leaving some streets dry but cluttered with garbage swept up by the water and cars abandoned over the course of the night. Others weren't so lucky.

When residents of the

Chesapeake Grove neighborhood near the intersection of John R. and Square Lake roads woke up Tuesday, Aug. 12 they found the central streets of their small subdivision submerged under just as much water as it had been the night before.

On Silverstone Drive, one of three entrances to the subdivision, a white SUV was abandoned. Some residents walked the water's edges, surveying what all described to the

See FLOODING, page 2

## Somerset Golf Approved for New Building And Pro Shop

by CYNTHIA KMETT

There was quite a bit of concern last fall when the Somerset Apartments new owners asked to rezone the complex's golf course from R1-C single family to MF multiple-family. Rumors flew that the 9-hole course would be closed and additional apartments might be added to the 2,200+ units already on the site. That was not the case at all. What was planned was a consolidation of several administrative offices around the site, but not the activity centers, into just one building. You can't build such a facility in single-family zoning.

Half of the proposed 18,000-square-foot building also would be home to a new pro shop, an eating area, and a place to house the course's electric golf carts out of Michigan's winter weather.

The Troy Planning Commission and City Council wanted some assurance on that promise of no new apartments when the owners asked to rezone just the site of the new building and not the entire course. Problem solved.

Last week the site plan for the new facility was on the table at the Planning Commission. City planning consultant Ben Carlisle of Carlisle Wortman also had no problems with the plan, it just needed two bike racks and some

See PLANNING, page 3

### Inside This Issue

6 & 7

Arts & Entertainment

11

Classifieds

## Thornetta Davis | August 22

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## Fridays | 2-6 pm

Through September



## Kim's Restaurant Closing as Family to Retire

by CYNTHIA KMETT

"Where will we go for Christmas Eve?" asked the dismayed customer having just learned that after almost 45 years the Yee family is going to retire.



MARGARET YEE

The business will close its doors forever on Saturday, August 31, at 10 p.m.

**Don't expect** the property to sit vacant. The site has already been purchased by local developer Paul Chosid, who also owns the Kroger plaza, among other Troy buildings, on the other side of Long Lake.

As news of the closing has spread, Kim's has seen an uptick in business. Even when the parking lot is not packed with cars, the back counter at the cash register is laden with takeout orders awaiting pickup for lunch and dinner. Last week, the lot was full with people who wanted a seat and a last chance to say how much they love this Troy restaurant.

**Many people** wanted to hug the owner and say how much they'll miss her and their favorite Troy eatery.

Margaret Yee is the face of Kim's for most patrons. Although she may manage the eatery, it's her brother Larry, a retired U.S. Marine Corp major, who has been standing over the hot stoves in the kitchen for the past 22 years. Margaret's sister, Kim, works in

the back office keeping the company books. And, as Margaret puts it, "My wonderful husband William, who married me in 1973 and joined the family restaurant the next year," has made a big difference in her life in the busy restaurant game.

No matter what kind of Chinese food you crave, Kim's served it with a friendly staff and reasonable prices.

**Hundreds have** already posted their memories on Kim's Facebook page. Remembrances of Margaret's generosity are a legend. Margaret was never once turned down a non-profit asking for a donation for a fundraiser.

"We're so thankful for our wonderful customers and I'm thankful for our hardworking staff and my supportive family," Margaret said. This family definitely deserves a little quiet time.

**Hours at Kim's are from 11 a.m. to 9 p.m. and until 10 p.m. on Friday and Saturday. You can order takeout by calling 248-524-9207. If you want to dine in, try a late lunch. If you have a gift certificate, you have until August 31 to redeem it.**

## Heavy Rains Cause Flooding in Troy

FLOODING, From page 1

Gazette as something they'd never seen before in their neighborhood.

"This is history, I would say. History in the making," said Karla Bennett, whose basement had

drained. Based on readings by their weather radar, Local 4 calculated the rainfall to have been a once-in-500-years event.

**The recurrence** of such a purportedly rare storm in just five years doesn't have Troy Streets &



about an inch of flooding. Bennett, a Chesapeake Grove resident for 13 years, had gotten home around 9 p.m. the previous night and compared the drive to going through a car wash.

**Chesapeake Grove** resident Rick Stout's basement didn't flood, but the water in front of his house was so deep that after backing out of his driveway to go to work he turned around, pulled back in. Stout said he had called the city and been told to wait 24 hours for the water to drain.

The draining water is ultimately meant to reach Lake St. Clair, which this summer reached its highest-ever water levels across over 100 years of record-keeping.

**A Troy resident** posted an image of similar flooding in the Mt. Vernon subdivision at John R. and Wattles roads the day after the storm on neighborhood-based social network Nextdoor.com.

By noon August 13 much of the flooding in Chesapeake Grove had

Drains Operations Manager Scott Carruthers concerned for the future performance of our drainage systems.

"It doesn't worry me at all," Carruthers said. "I think we are in this society kind of spoiled with this instant gratification, our cellphones, everything is instantaneous, and when we have to wait for something, like a ditch to drain down, I think it's frustrating for a lot of people." Carruthers said the city was looking at priority concerns such as indoor flooding, but that "a little bit of patience is in order."

**Carruthers said** the flooding remaining Tuesday was mostly centered on the corridor between Long Lake and Square Lake roads, where he says most of the rain fell as the storm lingered. He said our drainage systems were performing just fine, and that the problem was too much water, too fast. Let's hope the water slows down a little next time.



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## Back to School



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## Planners Approve Consolidation of Administrative Offices

PLANNING, From page 1

lighting toned down along its perimeter. There was a question about trash, but planners were informed it would be stored inside the building and trucked daily to the Somerset's own on-site trash compacting facility.

It's actually quite a modern looking building and architect James Smith said they had taken their ideas for the design from all the modern buildings now dotting Big Beaver. The new administrative center/pro shop will be visible when looking down Lakeview to Golfview from Big Beaver.

Only Planning Trustee Karen Crusse had a real problem with the architecture, which she didn't think fit with the "very dated" exteriors of the current apartments. She said this new facility will soon become dated itself. She wondered why they hadn't taken planning commissioner Tom Krent's idea of copying the classic looks of the Somerset Collection. She said for her own personal view, "I can't embrace it."

Smith said the owners wanted something new and fresh. It's a new direction, he added, noting

they expect to do some changes for branding to tie things together.

While Krent said he would have liked something more substantial – he didn't think a fancy building would do anything for the current buildings, and that could make the older apartments go from looking dated to looking shabby.

In the end, all nine members of the Planning Commission voted to approve the new building.

Also winning the Planners' approval was Eden Garden, which uses site condominium state rules, but these are actually single-family homes, not condos. This made the residents in the neighborhood behind this development pleased to learn and no one showed up in protest. This zoning would have allowed attached homes, too, and that isn't going to happen.

Eden Gardens will have 27 homes on 8.3 acres on the west side of Rochester, between Maple and Stephenson. These are going to be four-bedroom homes in the \$460,000 to \$500,000 price range. These are nice lots because the developer, Gary Abitheria, could have had 42 homes on this site.

This is empty land now and you probably have seen it many times if you made that sweeping right turn of Rochester Road headed toward Maple.

All the developer has to do is put an 8-foot sidewalk on Rochester Road and plant some trees to replace ones that get cut down to make way for the new homes.

The only thing the planners didn't like was that the homes were planned to have brick on the front, but then aluminum on the other three sides. Planners can't at this time tell the developer not to do that. But when the planners learned that for \$10,000 there can be brick on all four sides, they said that would be an excellent investment for the future value of the home.

Approval of the project was unanimous.

This also started another major discussion on what kinds of materials they want to see on buildings in the future. Planning Director Brent Savidant will research how they can go about setting such rules and get back to them with the options available.



## Troy Kiwanis Saluted for 50th Anniversary

KIWANIS DISTRICT Executive Director Greg Smith stopped by the Kiwanis Club of Troy Tuesday at their luncheon at Maggiano's Little Italy to present club President Lori Sisk with a patch for the club's 50th anniversary.

## Troy Fire Department Extinguishes Deck Fire

A fire at a home on Island Court in Troy caused approximately \$5,000 in damage last week. Fortunately, no injuries or fatalities were reported, and the Troy Fire Department was able to quickly extinguish the blaze.

house had no damage. The occupant were not displaced by the fire.

Investigators said that the fire appears to be accidental, and dry conditions were a supporting factor in the spread of the fire.



According to a fire department press release, the fire started in the decorative mulch and spread to the deck. Upon arrival, firefighters worked to put out the flames on the deck and prevented the fire from spreading to the home.

A witness said she contacted the occupants, and they exited the structure. The deck sustained significant fire damage, but the

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## WINGS



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## Troy High Marching Band Kicks Off March-A-Thon to Raise Funds for Trip to Ireland

On Thursday, August 22 at 9 a.m., the Troy Colt Marching Band will kick off its March-A-Thon to raise funds for the band's performance tour to Ireland. The full band will begin the fundraiser by marching in its practice field at Troy High School, located at 4777 Northfield Parkway in Troy, followed by a kick-off march by the band's four drum majors, Theresa Chen, Elisa DeDonno, Nate Kovacs, and Bright Xu. Immediately thereafter, groups of students will begin marching, rain or shine, for one and a half hour increments around the clock until the March-A-

Thon concludes on Friday, August 23 at 9 a.m. The full band will march on Friday from 8:30-9 a.m. to conclude the event.

"This fundraiser is student-driven," explain directors Brian Nutting and Jacob Greenwood.

"Their enthusiasm will carry us through the week and lead into our first halftime performance at the football game on Friday evening. We hope Troy merchants and other area businesses will support our efforts by contributing."

All funds pledged in a lump sum or per hour amount are tax-

deductible and will be used to help defray the substantial expense of the Ireland trip. It will take a huge financial commitment to transport the large team of student musicians and their equipment to the Emerald Isle.

The band was invited to perform in Ireland, having received a formal invitation from Councillor James Collins, Mayor of the City and County of Limerick. One of the performance highlights of the tour is the opportunity to take the magnificent stage at the University Concert Hall, Limerick. The Troy

Colt Bands will perform in the parade, concert and jazz settings in various cities across Ireland.

"We're making strides to meet our financial needs, but we've yet to reach our goal," states Brian P. Nutting, Troy High School Director of Bands.

To sponsor a student or make a tax-deductible donation, please

contact Denice Schomer, President of the THS Band Boosters at [thbb\\_president@troycoltbands.org](mailto:thbb_president@troycoltbands.org), Brian Nutting or Jacob Greenwood, Directors at 248-823-2794. Donations may be mailed and made payable to Troy High Band Boosters at 4777 Northfield Parkway, Troy, MI 48098.

## Back to School Financial Advice



by  
TONYA DUPREE  
VP of Retail Delivery  
Cornerstone Community  
Financial

### Make Saving a

**Habit** – Are you working a job while you're in school? Don't spend it all - make sure to set aside money into your savings account. The best option is to have an automatic withdraw set up for the day after payday, but if your weekly income varies a lot, then just make a transfer right when your direct deposit hits your account. A good start is 10-20%, but if you can do more, even better.

**Track Your Spending** – Using a debit card or mobile wallet is super convenient, but studies show that card users majorly underestimated their weekly spending when compared to those who used cash. No need to ditch the debit card, though! Simply keep your receipts, track

your spending in your notes app, or do a daily mobile banking login to review your spending and check balances.

**Use Your Student ID for Discounts** – Anytime you buy something, check if there is a student discount offered. You can get so many discounts using your ID, like Amazon Prime, tickets to movies, concerts, sporting events, restaurants, travel, magazine subscriptions and lots more.

Parents can do their part as well to help their college-age student. If your student is under 18, then you are a joint account holder on their checking or savings accounts. Use this time to establish regular financial check-ins with your teen to show them how to avoid over-drafting their account, set savings goals for a big-ticket item or school trip, and monitor spending. The earlier they learn these good financial habits, the better off they will be once they're on their own.

**Include Your Kids in the Back to School Budgeting** – This time of year presents a great opportunity to teach kids the value of a dollar. Establish a budget for each child and talk about where they want to spend and where they can save – clothing, supplies, electronics, etc. Have them keep track of their budget with each shopping trip. Show them how to research prices and comparison shop. For example, buying a refurbished laptop instead of brand new might free up the cash needed for those got-to-have-them shoes they've had their eye on.

**A Small Loan is Better Than a High-Rate Credit Card** – If you need a little extra help paying for back to school purchases, don't reach for that high-rate credit card. Talk to a credit union about a small personal loan. CCF offers low-rate back to school loans of up to \$2,500 with set payments to make payoff quick and easy. Plus, with the decision made locally, you could have your funds the day you apply.

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# Industrial Engineer

**Ford Meter Box**

Ford Meter Box is seeking an Industrial Engineer at its Wabash, Indiana facility. The position has the following responsibilities:

- Establishing piece-work standards through time and motion studies and the development of standard time data
- Maintaining and updating company incentive programs for Foundry, Machining and Assembly areas
- Reviewing process methods for cost and productivity improvements, while maintaining safety and quality standards
- Performing routine and project focused studies related to cost and labor analysis for process and equipment topics
- Working with management to establish material flow, equipment and material station layouts

An Industrial Engineering degree and four years of related experience in a manufacturing work environment are requirements for this opening. Expertise with ERP software and Microsoft Excel/Word is also desired.

Interested prospects may email their resume to [opportunities@fordmeterbox.com](mailto:opportunities@fordmeterbox.com).

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## Family Owned Pet Store Celebrates 35 Years Serving Troy

For many pet owners, not being able to find their pet's favorite treat or food brand is an incredibly frustrating experience. Thirty-five years ago, Valerie Robbins, a grocer, noticed people's frustration and thought she could do something about it. And so, Val's Pet Supply was born.

has helped many customers.

"There's nothing better than a person coming back and saying your advice—whether it's me or one of my staff—made a huge difference with my pet," Robbins said.

**The people at Val's** can help customers with more than just their indoor animals. One of the



This month, Val's Pet Supply is celebrating its 35th anniversary. The family owned pet store, which has locations in Troy and Clawson, is locally focused and has provided customers with personalized service since 1984.

Now, Val's is owned and operated by Jack Robbins, Valerie's stepson. Throughout its history, Val's has been a family business.

"Over the years, almost all my brothers and sisters have worked here," Robbins said.

Like his stepmom, Robbins has a background in grocery, and his understanding of how people like to shop for food informs how he runs Val's.

**Both stores** have a 100-foot-long doggie deli that features treats and chew things and allows customers to shop for items in bulk or to try new products one at a time.

"That comes from my grocery background," Robbins said.

The store also carries specialty items and national brands.

"We want to be that neighborhood, local, community place where people can get what they need," he said.

Robbins said that it's important that customers can get good help when they come into the store.

"We don't want that big, box-store feel...It seems like you just wander the aisles, and it's really hard to find someone to answer your questions," he said. "My biggest thing is to make sure the customers are assisted and answer their questions."

**Robbins fields** all sorts of questions about food-switch issues, digestive problems, and grooming for pets. His staff is just as helpful. Their knowledge, gained through years of experience and learning about pet needs and pet products,

things that sets the store apart is its custom bird seed blends.

"Most people that have pets... they enjoy animals. Why not include the animals in their own backyard?" Robbins said.

**The seed blends** are created in Michigan for Michigan birds. Robbins said that other stores sell blends that are sold nationally, and a national blend isn't always the best for local wildlife.

"A lot of that grain is not appropriate in Michigan," he said.

By creating local blends, Robbins said customers are getting a lower cost, a fresher blend, creating less waste, and supporting Michigan businesses.

**Robbins enjoys** helping people attract new birds to their backyard and has learned which species like what food through experience.

"We can get more birds attracted to their little backyard habitat," he said.

One of Robbins favorite things about helping people with bird feeders is seeing kids get excited about local wildlife.

"It's neat to watch them come in, and then they come back in and they say how intrigued they are," he said. "It's fun. I enjoy that."

As the store celebrates its anniversary, Robbins is looking ahead to the future. He said he appreciates all of his employees and customers and hopes to be able to continue to serve the area for another 35 years.

"We hope to continue to be here for the community," Robbins said.

**Val's Pet Supply has locations at 4 S. Rochester Rd in Clawson and 6975 Livernois in Troy. To learn more, go to [vals.pet.com](http://vals.pet.com). Customers can call the Clawson store at 248-588-2177 or the Troy store at 248-813-8961.**



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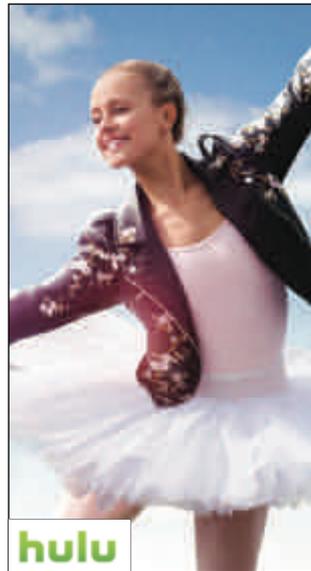
# Arts & Entertainment



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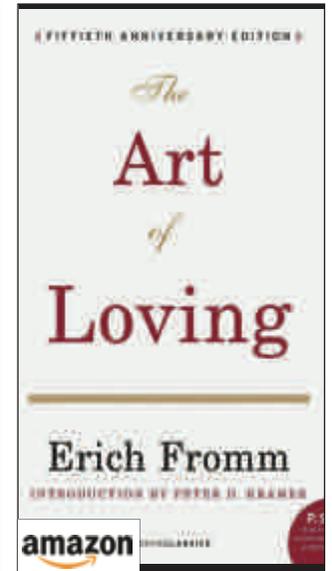
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TV-PG, Comedy/Drama/Family



**TOLKIEN**  
PG-13, Drama



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## Music

**Black Flag** Tuesday, August 20, 6 p.m. Harpos, Detroit

**Jamie Marvin** Thursday, August 22, 7:30 p.m. RJ's Pub, Rochester Hills

**Lamb** Thursday, August 22, 6 p.m. Patti Finnegan's Pub & Grille, Rochester

**Florida Georgia Line** Thursday, August 22, 7 p.m. DTE Energy Music Theatre, Clarkston

**The Adicts** Friday, August 23, 7 p.m. Saint Andrew's Hall, Detroit

**I See Stars** Saturday, August 24, 6 p.m. Pike Room, Pontiac

**Flying Lotus** Saturday, August 24, 8 p.m. Royal Oak Music Theatre

**DJ Spinductor, DJ Dharak & DJ Raj** Saturday, August 24, 9 p.m. Buffalo's Anchor Bar, Rochester Hills

## ON STAGE

**Monday Night Improv** Mondays, 8 p.m. Planet Ant Theatre, Hamtramck

**Open Mic** Wednesdays, 8 p.m. Mark Ridley's Comedy Castle, Royal Oak

**All-Star Showdown** Fridays, 8 p.m. Go Comedy! Improv Theater, Ferndale

## AROUND TOWN

**Coffee and Ice Cream with Sheriff Bouchard** Wednesday, August 21, 11 a.m. Cold Stone Creamery, Rochester Hills

**3rd Annual I See You Awards** Thursday, August 22, 10 a.m. Emagine, Royal Oak

**Dutton Farm Market Summer Open House** Thursday, August 22, 10 a.m. Dutton Farm Market, Rochester Hills

**Coffee, Cake and True Islam - Open House** Thursday, August 22, 7 p.m. Masjid Mahmood Islamic Center, Rochester Hills

**Art in the Elements** Sunday, August 25, 11 a.m. Meadow Brook Hall & Gardens, Rochester

**50th Annual Troy Family Daze** Thursday, September 12-15, 3179 Livernois Rd, Troy

**Arts, Beats & Eats August 30 - September 2**, Downtown Royal Oak

**Michigan Renaissance Festival** Now - September 29, 10 a.m. - 7 p.m. Rain or Shine. Tickets are \$20.95 for adults and \$12.50 for children 12600 Dixie Hwy., Holly

## LIBRARY

All events take place at the Troy Public Library, 510 W Big Beaver Rd, unless stated otherwise. To register, visit [Troypl.org](http://Troypl.org)

**Mind Aerobics: Your Healthy Brain** Wednesday, August 21, 7 p.m.

**In-District Meeting Hours with State Representative Padma Kuppa** Monday, August 26, 4 p.m.

**Trivia & Brews: 90s Pop Culture** Monday, August 26, 7 p.m. Granite City Food & Brewery, Troy

**Your First Email: Setting up an account with Microsoft Outlook** Wednesday, August 28, 6:30 p.m.

**Talk Time: English as a Second Language Conversational Group** Saturday, August 31, 10:15 a.m.

**Word 2016 Basics Class** Tuesday, September 3, 6:30 p.m.

## KIDS & TEENS

All events take place at the Troy Public Library, unless stated otherwise.

**Paws to Read with Buddy** Tuesday, August 20, 5 p.m. Ages 4+

**YA Book Club: One True Way by Shannon Hitchcock** Wednesday, August 21, 5 p.m. Grades 6-12

**Fairies on the Farm** Thursday, August 22, 10 a.m. Rochester Hills Museum at Van Hoosen Farm - Ages 4-12

## SAVE THE DATE

**5 Seconds of Summer** Thursday, October 3, 7 p.m. Little Caesars Arena, Detroit

**Tegan and Sara** Wednesday, October 16, 8 p.m. Royal Oak Music Theatre

**Max Bemis** Saturday, November 2, 7 p.m. The Loving Touch, Ferndale

To submit an event, email [News@gazettemediagroup.com](mailto:News@gazettemediagroup.com). Submissions run in the paper space permitting. To advertise an event, email [Advertising@gazettemediagroup.com](mailto:Advertising@gazettemediagroup.com).

## GAZETTE RECOMMENDS...



### PENNYWORTH

Comic books fans should check out DC's latest show on Epix, "Pennyworth." The series tells the story of Bruce Wayne's legendary butler, Alfred Pennyworth, a former British SAS soldier finding his way in London. After starting his own security company Alfred

meets young billionaire Thomas Wayne. Viewers should beware, this show is very violent, so if you don't like gore, stick to the Batman media you know and love.

- Elena Durnbaugh, Editor

## Rochester End of Summer Tradition Continues

The Arts and Apples Festival will return to Rochester Municipal Park for its 54th year on September 6-8.

The festival will host more than 250 artists, musical performances, and food vendors, and offer fun activities for the entire family.

**This year**, people can explore what it's like to work with different art mediums. There will be hands-on art activities and demos. Michigan artists Kelly Haehl and Ryan Lack will give a ceramic wheel throwing demonstrations, and Michigan glass artist Chris Ervin will show visitors how he blows glass.

Arts and Apples is put on by the Paint Creek Center for the Arts and is consistently ranked as one of the top festivals in the country. Last year, it ranked No. 10.

**"We are eager** to once again welcome thousands of art enthusiasts who will get to experience the best display yet of talent in a wide variety of mediums," said Elizabeth Chilton, executive director of the Paint

Creek Center for the Arts.

This year's Main Stage performance schedule will kick off on Friday, Sept. 6 with performances from the Stoney Creek High School Cougar Marching Band, Eisenhower Dance Detroit Youth Ensemble and LL7 Latin Jazz. On Saturday, Sept. 7, highlights include Motor City Irish Dance Company, 3rd Degree Burns and Denise Davis & The Motor City Sensations. And Sunday, Sept. 8 shows feature the Swing Shift Orchestra, country music artist Melissa Lee and the Saline Fiddlers Philharmonic.

**For just** the second year, fresh Michigan apples from Blake's Cider Mill will be returning to the festival.

"We know it's hard to believe that for 52 years we did not have apples at the Art and Apples Festival," Chilton said. "I am proud that for the second consecutive year, the festival will be celebrating Michigan's apple season by inviting Blake's back to Rochester."

Genisys Credit Union is also

returning to sponsor the event.

"The decision to partner with the festival again this year was an easy one," said Jackie Buchanan, president and CEO of Genisys Credit Union. "Genisys Credit Union wants to continue to enhance to lives of those in our community by supporting artists and the events that celebrate them."

**Arts and Apples** is aligned with the Paint Creek Center for the Arts Connecting through Creative Expression campaign, which encourages people to connect with their neighbors in a positive manner, though creativity and artistic expression, so relationships can grow and thrive. The center's overall mission is to support creativity in Rochester and the Metro Detroit area by providing opportunities for all to learn, create, experience, and appreciate the arts.

The festival begins Friday, September 6, and is open from 2 p.m.- 7:30 p.m. Friday night. Hours on Saturday, September 7, are 9 a.m.- 7:30 p.m., and hours on

Sunday, September 8, are 9 a.m. to 4 p.m. Admission is a \$5 tax-deductible donation per person. The money goes toward providing Paint Creek Center for the Arts the ability to work all year promoting the arts in Oakland County, through its involvement in art education, exhibitions, an art market, outreach programs and more. Donations also go to other nonprofit groups, including: St. John Rochester Youth Group, Music Shapes, Adams High School Boys Swim, Rochester College Theatre Department, and Onyx Theatre Troupe – Skating Team.

**Volunteer shifts** are available at the festival. To learn more about shift and how to sign up, go to [pccart.org/festival/volunteer-2/](http://pccart.org/festival/volunteer-2/). Artists interested in participating in the 2020 Festival should reach out to Paint Creek Center for the Arts to have their names, emails, and art mediums added to the mailing list for 2020 Festival announcements.

**To learn more about the Arts and Apples Festival**, go to [pccart.org/festival/](http://pccart.org/festival/).

## Art Classes for Adults at Paint Creek Center for the Arts

Paint Creek Center for the Arts (PCCA) invites you to take an art class. The 2019 Fall Term offers art classes in a wide variety of art mediums for students of all ages.

**Open registration** for their 2019 Fall Term begins August 12. Located minutes from Main Street in Downtown Rochester, the center's location is ideal for anyone wanting to engage in the arts. Classes will begin September 16 and will end November 16.

"I am excited to teach the fall term because the students come back from the summer refreshed and ready to dive into their art practice again," said Mary Dudek, BFA and Paint Creek Center for the Arts Faculty. "There's an energy and drive for learning that gives me a real boost to teach the students."

**This session**, the center is introducing PCCA Art Night Out! On selected Fridays throughout the term, adult students can sign

up for a workshop and bring their kids for separate workshop, which will include a project, pizza party, and games.

"I look forward to fall art classes at Paint Creek Center for the Arts. It's a place where I am inspired to create and learn with a group of supportive artists of all levels," student Sigrid Grace said.

**Paint Creek Center** for the Arts' mission is to celebrate and support creativity in the

community by providing opportunities for all to learn, create, experience, and appreciate the arts. Those interested in taking classes can see the list of offerings and register online at [pccart.org/](http://pccart.org/). The center is located at 407 Pine Street in downtown Rochester at the intersection of Pine and Fourth Streets. For information on exhibits, classes, special events or volunteer opportunities, call 248-651-4110 or visit [pccart.org/](http://pccart.org/).

## A Servant's Life: Special Downton Abbey Tour

Love Downton Abbey? Here is your chance to really see how the servants of the 1920's lived and worked at The Great Estate.

**Meadow Brook** is offering this opportunity September 7-22 at \$35 per person - reservations required.

Not only will you tour the downstairs of Meadow Brook Hall dubbed Michigan's own Downton Abbey" but the head housekeeper of the estate may ask you to be part of the staff in what is sure to be a fun interactive tour for any Downton fan. Round out your tour with an invitation for tea and scones in the servant's dining room after the completion of the tour.

**For more information** visit [meadowbrookhall.org](http://meadowbrookhall.org) or call 248-364-6200 to make a reservation.



**DETROIT PISTONS NIGHT**

**AUGUST 24 | GATES OPEN 6:00PM**

WEDNESDAY 8/21	THURSDAY 8/22	FRIDAY 8/23	SATURDAY 8/24	SUNDAY 8/25
2-FOR-1 Wednesday Guys Night Out	Law Enforcement Appreciation Night UCS Back-To-School Night Thirsty Thursday	Suicide Prevention Awareness Night Spectacular Fireworks	DETROIT PISTONS Detroit Pistons Night	Minion Villain Party

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## Art Walk at Meadow Brook Hall and Gardens

To celebrate the estate's 90th anniversary, Meadow Brook Hall is hosting Art in the Elements, Friday, August 23, through Sunday, August 25. Tickets cost \$20 per person, and discounts are available. To learn more, visit [meadowbrookhall.org](http://meadowbrookhall.org).

**COME THIS WEEKEND!  
AUG. 24TH - 25TH**



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FLING**

**Highland  
Heavy Games**

**Men in Kilts**

**Flint Scottish  
Pipe Band**

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TROPICAL CAFE • Tim Hortons • Big Boy • JJ

## City to Honor Exceptional Volunteers

The City of Troy will continue where Leadership Troy left off – honoring exceptional volunteers within the community. The city is hosting the Community Volunteer Recognition Banquet on Wednesday, November 6 at the San Marino Club. Nominations are being accepted for Distinguished Citizen of Troy, Troy Business of the

Year, and Volunteer of the Year for our local non-profit organizations.

**Nomination forms** for each of the awards can be obtained from the City of Troy website at [Troymi.gov/VolunteerRecognition](http://Troymi.gov/VolunteerRecognition), or by calling 248-524-1147. The deadline to return nomination forms is Monday, September 23 by 4 p.m.

## Troy Celebrates 45th Annual Art on the Lake

Over 100 award-winning artists will be featured at the 45th annual Northfield Hills Art-on-the-Lake on Sunday, August 25 on the grounds of the Community Association of Northfield Hills – located at the corner of Coolidge and Long Lake in Troy.

**Troy resident** Megan Swoyer is participating in the Art on the Lake fair for the third year. Swoyer focuses on watercolor paintings, note cards, handmade gift wrap, table linens, fabrics, and scarves.

Her inspiration to create art started with watercolor paintings. From there, Swoyer learned to create patterns using her paintings, and eventually, she learned how to transform those works into linen. And her craft has been a long time in the making as she started painting over 20 years ago.

"The whole time when I was growing up, I was always doing arts and crafts and making people's gifts," she said. "And one day I decided to take some classes."

She enrolled at the Birmingham Art Center and other workshops around the country and now has been professionally selling her art for about three years.

**Swoyer has** previously taught at the Troy Historic Village. In addition to the Art on the Lake, you can find Swoyer at other art shows in the metro Detroit area. Swoyer will be at the Royal Oak Woman's Club "Fall into Fashion" Boutique on Saturday, September 21. It will be held at the Ukrainian Cultural Center in Warren.

"Mackinac really inspired me to get into fabrics," Swoyer said,



"and I started creating a potpourri of all-things-Mackinac, which turned into my first wrapping paper."

**"I paint what I love."**

And it's not just Mackinac that Swoyer draws inspiration from. "I just finished a lighthouse in Charlevoix," she said. "There's just not enough hours in the day to paint the things I love."

Visit the fair anytime on Sunday, August 25 from 10 a.m. to 6 p.m. Parking will be available

with the entrance on Coolidge. Parking is free, but a donation can be made to the Boy Scouts of America who will supervise the area.

There will be a children's booth with crafts, sandy candy & balloons. Gilda Radner's singers will be on hand to entertain you.

**For more information, call Connie or Kathleen at 248-641-9070 or visit [Artonthelake.com/](http://Artonthelake.com/).**

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45<sup>th</sup> Annual

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WWW.ARTONTHELAKE.COM

## Candlelight Vigil Held for Long-time Troy Theatre Ensemble Director

Last Wednesday evening, the Troy School District, Troy High School community, and Troy Theatre Ensemble family came together for a vigil to remember and celebrate the life of long-time Troy Theatre Director, Rick Bodick, who passed away unexpectedly last week.

There was a welcome and opening, then students read through a roll call of all 68 productions performed under Rick's direction (since 1986, 34 years), with guests raising their hands for shows they had connections to during those years. There were reflections and heartfelt comments given by current and former students, remarks by Rick's brother, and a candlelight vigil – which due to the wind – participants raised their cell phones instead. Also

included, a moment of silence, some singing, then time for everyone to visit and share memories. In the middle of the ceremony, a rainbow appeared in

the sky to the right of the gathering. A more formal celebration of Rick Bodick's life and legacy will be held in the fall, with more details forthcoming.



– Photo courtesy of the Troy School District

# Too Many Crimes in Troy These Days, It's Hard to Keep Track of Them All

## POLICE PATROL



by  
CYNTHIA KMETT

### ■ NOT EXACTLY THE SMARTEST CAR THIEF

Officers responded to the area on a report of a vehicle being stolen. The vehicle, a black 2002 Volkswagen Jetta, was parked at the location near the road construction, as it was owned by one of the workers. An unknown female got into the vehicle and drove away as the vehicle keys were left in the glove box. As she was leaving, the owner of the vehicle approached her and she tried to hit him with the vehicle. Another employee got into the company pickup truck and followed her. The suspect drove south onto Dequindre Road and eventually drove behind the businesses on E. Maple Road, west of Dequindre Road. The employee was able to block her vehicle with the company pickup truck. The suspect exited the stolen vehicle and threw a drink at him. As the female attempted to strike the employee, he was able to pull her to the ground to immobilize her until officers arrived. The suspect, a 31-year-old female from Warren, was arrested and charged with Unlawful Driving Away of an Automobile and Felonious Assault.

### ■ WHY IS SHE IN OUR CITY?

Officers responded to the/Binbrook and Avonhurst Fives to check on the welfare of a subject who was in the bed of a pick-up truck, throwing trash out of it. The officers arrived and spoke with the subject, a 46-year-old woman from Detroit. The officers were given permission to check her purse and found an empty liquor bottle that had a crack stem inserted into a hole in it. The subject was arrested and charged with Possession of Narcotic Paraphernalia.

### ■ THIS CON MAN WENT RIGHT INTO THESE RESTAURANTS

Officers responded to the area on a report of a subject that was inside the Gran Castor with three children attempting to sell candy to customers. The general manager of the business said that this is the second time the subject has done this and when asked to leave this time, became aggressive and threatened to fight him before leaving. The responding officers located the subject and the children walking westbound on E. Big Beaver Road near Livernois Avenue. The officers spoke with the 19-year-old man. He was issued a Misdemeanor

Citation of Contributing to the Delinquency of a Minor and Solicitation without a Permit. He and the children were released from the scene.

### ■ BUT THEN THEY ARRIVED AT FOGO DE CHAO STEAKHOUSE

Officers responded to the restaurant on a report of a subject and three children attempting to sell candy to customers. Sound familiar? When confronted by management, they agreed to leave but utilized the business' bathroom. While the subjects were inside the bathroom. The hostess discovered her purse was missing from her work area. An employee walked into the bathroom and noted suspicious activity in one of the bathroom stalls by the adult while the children stood outside the stall. The subject quickly left the bathroom and ran across W. Big Beaver Road. Found inside one of the stalls was the hostess's purse, which was now missing approximately \$40. Officers arrived to find the subjects still in the area and arrested the 19-year-old man, charging him with Contributing to the Delinquency of a Minor, Solicitation without a Permit, and Larceny in a Building.

■ IT'S 3:15 A.M. ON MAPLE ROAD – This officer initiated a traffic stop on the driver of a red

2018 Dodge Charger who was driving erratically. The officer spoke with the driver, a 22-year-old woman from Pontiac, and noted an odor of alcohol coming from inside the vehicle. When asked, the driver admitted to consuming two drinks that contained alcohol while at a friend's house. The driver was asked to perform several sobriety evaluations, but the officer noted that she performed poorly. She submitted to a Preliminary Breath Test with a result of .14%. She was arrested and charged with Operating a Motor Vehicle While Under the Influence of Alcohol – 1st Offense.

### ■ THIS DRIVER IS GOING TO HAVE TROUBLE IN TROY'S COURT

At 2:37 a.m. an officer initiated a traffic stop on the driver of a red 2008 Lincoln MKX for a traffic violation. The officer spoke with the driver, a 24-year-old woman from Detroit, who was only able to produce a State of Michigan Identification Card. The driver admitted that her State of Michigan Operator's License was 'Suspended' by the Michigan Secretary of State which was confirmed for Failure to Comply with Judgment three times and Failure to Appear in Court. The officer noted an odor of alcohol coming from inside the vehicle and

when asked, she admitted to having consumed one drink that contained alcohol while in a drinking establishment located in Detroit. She was asked to perform several sobriety evaluations to which she did but the officer noted that she performed poorly. She submitted to a Preliminary Breath Test with a result of .15% BAC She was charged with Driving While License

Suspended, Transporting an Open Container of Alcohol in a Motor Vehicle, and Operating a Motor Vehicle While Under the Influence of Alcohol pending laboratory results

*Note: If you have any information on the crimes above, call the Troy Police Department at 248-524-3477. If you wish to remain anonymous, you may call 524-0777.*



CONE WITH A COP at the Dairy Queen at Rochester and Square Lake Roads proved to be a popular stop for Samantha Rico, 8, who attends Schroeder Elementary School and her brother Julian Rico, 12, who attends Boulan Park Middle School. Everyone could get a dollar off a cone, but this brother and sister brought their grandparents so they could order whatever treat they desired.

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# Health & Wellness

## Narcan Nasal Spray Can Help Reverse an Opioid Overdose

Narcan Nasal Spray counteracts the life-threatening effects of opioid overdose. Since most accidental overdoses occur in a home setting, it was developed for first responders, as well as family, friends, and caregivers, with no medical training required.



Often, people taking opioids to manage their pain are unaware of the potential adverse reactions. Important to know is that opioid overdose emergencies can occur at any time even when opioids are

used as directed, especially at higher doses and when taken with other sedating substances.

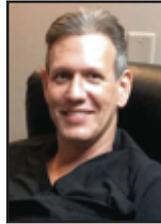
**The judges want** all of us to take the training. And you can, it will be offered at the Troy Family Daze community festival on both Saturday, September 14 from 12:30 to 1:30 p.m. and Sunday, September 15, from 7:30 to 8:30 p.m. There is no cost for the training, but admission to Troy Family Daze is \$3 per person and you must be 18 years of age to take the training. It is sponsored by the Troy Community Foundation, Oakland Community Health Network, Alliance Mobile Health, and the Troy Police Department.

**Everyone who** takes the training will receive a Save a Life bag and two doses of 4mg of Intranasal Narcan. For more information, call 248-221-7101.

## Periodontal Disease and Atherosclerosis

### HEALTHY MOUTH

### HEALTHY BODY



by  
DR. DANIEL O'BRIEN

As much as the insurance industry would like us to believe systemic health and oral health are two separate entities – therefore, the need for two separate insurance plans – studies over the last few decades reveal the conditions in the mouth affect the rest of the body in ways both beneficial and detrimental. It sounds like common sense, but it seems the dental community has had to prove its case.

**One of the important** links in oral/systemic disease is between atherosclerosis – a narrowing of the artery due to the accumulation of plaque – and periodontal disease. The incidence of cardiovascular disease in patients with periodontitis is up to 50% higher than in healthy individuals. Periodontitis, a chronic inflammatory disease that affects the tooth-supporting tissue (it is the most common reason for tooth loss) affects up to 50% of the population. What's even detected to strengthen this link is the

specific bacteria present in both tooth plaque and arterial plaque. In order for this bacteria to be found in the arteries, it has to be generated in an unhealthy condition in the oral cavity, making these particular bacteria thrive.

gums. Physicians now suggest patients with heart disease get checked and treated for periodontal disease as part of their recovery.

**Your mouth is not** a place to ignore. Unless your gum disease is so bad that it can be detected by



**Here's what happens with periodontal disease:** Gingivitis, which is inflamed and bleeding gums, always precedes periodontitis. Bacteria-filled plaque accumulates in the gum crevices around teeth. These are harmful bacteria, but less dangerous than the bacteria that accumulates when irreversible bone loss occurs around teeth. Untreated gingivitis leads to this bone loss, which is called periodontitis.

The specific strains of harmful bacteria occurring only in periodontal disease invade the bloodstream and form the same arterial plaque inhabiting infected

the odor which comes with advanced gum disease, it will not be discovered in a physical examination at your physician's office. They expect you to see your dentist because they depend on us to take responsibility for evaluating your oral health. It might make the difference of saving your life. This isn't an opinion. It's a proven link.

**Daniel J. O'Brien D.D.S., P.C.** has his offices at 3796 Rochester Rd., between Big Beaver and Wattles Rds. He can be reached at 248-526-0120 or go to [www.theartofsmiles.net](http://www.theartofsmiles.net).

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Troy-Somerset  
**Gazette**  
**CLASSIFIEDS**

August 19, 2019



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**ADOPT A PET**

Oakland County Animal Control and Pet Adoption Center have some wonderful dogs and cats waiting for someone to come rescue them! All of their dogs are current on age appropriate shots, microchip, and heartworm tested, all of their cats are up to date as well! If interested, please contact the shelter at 248-858-1070 OCAC is located at 1200 N Telegraph Rd Bldg 42E, in Pontiac.

**ADOPT A PET**



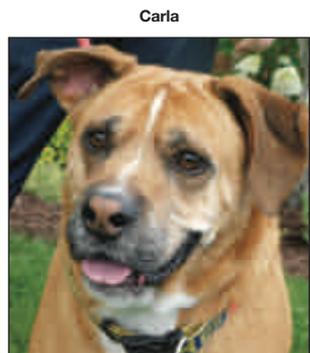
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Gazette Media Group is a media and events company based in Troy, Michigan. Originally established in 1980 by Claire Weber as the Troy-Somerset Gazette, GMG now publishes three local newspapers and hosts a variety of events throughout the metro Detroit area. The Gazette creates and curates hyper-local content and distributes free weekly newspapers throughout businesses in the community. Go to [GetYourGazette.com](http://GetYourGazette.com) to read past issues and to find the nearest pick-up location. The Gazette is always looking for news, photos, and tips from around the community. Email [News@GazetteMediaGroup.com](mailto:News@GazetteMediaGroup.com) or call 248-524-4868 for editorial submissions.

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		7			3		2	5
	3			8		1		6
1	2		6		9			
4					7	5	3	
		1		9		7		
	7	6	5					8
				3		6		1
8		9		2				7
7	6		9				2	

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