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Troy-Somerset Gazette

CELEBRATING 40 YEARS

February 3, 2020
Vol. 40, No. 20

VOICES OF TROY PODCAST

Dr. Richard Machesky

Superintendent, Troy School District

On this week's Voices of Troy podcast, presented by the Troy-Somerset Gazette, host Andrew Neal interviews Dr. Richard Machesky, Superintendent of the Troy School District.

Listen to the full episode at Anchor.fm/VoicesofTroy or anywhere you get your podcasts.

How did growing up on the east side of Detroit help you become the person you are today?

"I was the first in my family to go to college and finish college and I don't take that for granted - the sacrifices that my mother, in particular, had to make that available to me. And for me, the best way to give back was to become a teacher."

"I grew up in the home of primarily a single mother and without a father, I found my role models in adult males who typically were either teachers or coaches in my life and as I look back on that experience, it was those individuals that I looked at what they did and I said, 'I think I can do that.'"

What makes a great teacher and what does a day-in-the-life of a superintendent look like?

"Great teachers care about kids and when kids know that you care about them, they will care to do their very best in your classroom."

See VOICES OF TROY on page 4

Troy students win big at Women in Tech web design contest



TWO TROY HIGH SCHOOL STUDENTS, Lily Yang (second from left) and Abigail Liang (not pictured), and TWO BOULAN MIDDLE SCHOOL STUDENTS, Rithika Karthikeyan (seventh from left) and Arunima Vasudev (fifth from right), were recognized for their web design talents in this year's Michigan Council of Women in Technology Foundation website design contest. The award ceremony was held at Harmon International in January. Yang and Liang received an honorable mention for their work on a Fitbit website, and Karthikeyan and Vasudev were awarded second place in their category for their work on an Anti Bullying Resource website. You can view all of the winner and honorable mention websites at Mcwtwebdesign4girls.net/2019-winners/.

City launches new online tool to support business growth

The City of Troy has teamed up with award-winning technology firm Localintel to launch the Troy Business & Investment Assistant which is designed to provide businesses, entrepreneurs and investors with online information and advice in an easy-to-use format in both English and Spanish.

The city's Economic Development Office is hopeful that this week's announcement will help remove barriers to

economic success with the launch of this new digital tool.

According to the city, many businesses express frustration when looking for reliable market research and advice online. As part of their mission to support business growth and new investment, Troy launched the new Assistant to help make it easier for startups, investors, and existing businesses to research

See ASSISTANT on page 2

Shallowdale gives okay to Rochester zoning change

A conditional rezoning request from MNK Troy 1 did not meet the usual protests from residents at last week's Troy Planning Commission meeting.

In an October planning session, the big question had been whether or not to move the Environmental Protection (EP) zoning from one side of the site on Rochester Road, just south of Shallowdale, to the other side. This EP site has nothing to

protect - no wetlands, no native plants, no animals.

The EP does, however, protect Shallowdale Sub residents from new construction. The site had been approved years ago for homes, but they were never built. This new plan for condos would have backed to Shallowdale if the EP was moved. Residents had previously protested the move.

Now, the new plan is to leave
See SHALLOWDALE on page 2

Inside This Issue

6 & 7

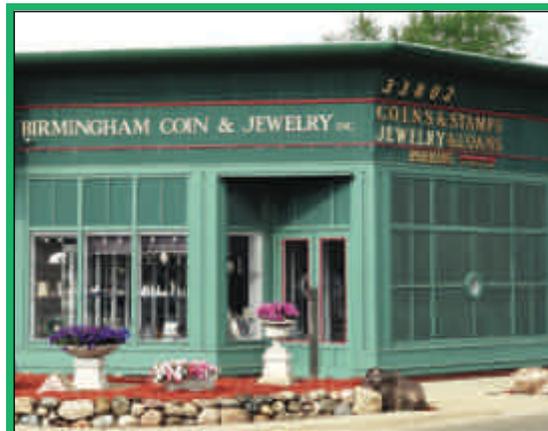
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Saturday 10 am-2:30 pm

Serving Our Community for 40 Years

City council and planners to talk development

On Tuesday, February 4 from 7-9 p.m. the Troy City Council and the Troy Planning Commission will hold a joint meeting at the Troy Community Center. Room 303.

Topics for this discussion include Neighborhood Nodes and

transitions between different neighborhoods.

There will be public comment allowed on those topics. This is not, however, a question and answer session or a debate.

The Troy Community Center is located at 3179 Livernois Rd.



KROGER held its grand re-opening celebration on Friday at 1237 Coolidge after a nearly \$2 million renovation. City officials including Mayor Ethan Baker (fifth from right) were on hand to congratulate the grocery store on their investment in the city. Now the only thing they're missing is a Troy-Somerset Gazette newsstand. Photo courtesy of Cindy Stewart, City of Troy



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Condos clear planning after builder compromises with residents

SHALLOWDALE from page 1
the .93-acre EP land right where it is, but with a new name, and some new rules.

Presenting the plan was John Thompson, project manager. He had a list of conditions the developer had added after talking with the neighbors. He said there would be no 15-foot setback, and a dry detention pond would be on what is now an EP site. The new name of the area is an Open Space Preservation Easement, which is a legal document, to preserve the open space and protect residents. In addition, they added three rows

of trees on the west and two rows of trees, with enhanced landscaping. They even turned two buildings so there will be back-to-back setbacks between the new condos and the existing homes.

Thompson noted that MNK Troy will meet or exceed all conditions of the RT zoning called for by the city's Master Plan, which calls middle-level homes in Troy on Rochester Road, north of Wattles.

Jim McCauley, representing the Homeowners Association, said the Shallowdale homeowners have met with the builder. They had two major concerns, headlights and geese (geese have been a problem for a number of years). He would still like to see if there's a way to keep headlights at the front from shining at homes. City engineers, according to Thompson, have said they cannot make that change. Thompson said they could look at landscaping as a means to block headlights, but

he has to leave a way for the city DPW staff to maintain the detention pond when the city takes over the maintenance. When the city takes over the maintenance, they prefer a utilitarian pond, without amenities, as there are hundreds of these ponds all over the city.

There's no site plan for this property at the moment, so there is still another step or two to go. First, the conditional rezoning has to be approved by council, and then the builders will have to have a site plan approved by the Planning Commission.

To be sure they get the language in the Open Space Preservation Easement so that everyone understands what will happen, they all agreed to hold a meeting to hammer out the language of the agreement.

The annual Planning Commission report, as required by law, is out, and Planning Director Brent Savidant said they've been very busy.

Troy launches Business & Investment Assistant to help local businesses

ASSISTANT from page 1
the city's business climate, customers, competitors, and workforce.

The online tool is also designed to help businesses find advice on how to start and grow their business, as well as connect with resources and organizations that can help them succeed.

"This Assistant provides businesses with access to valuable information and highlights the essential concepts required to ask the right questions, use data effectively and make better business decisions," said Glenn Lapin, Economic Development Specialist for the City of Troy. "This will be a valuable resource for our business

community and will make Troy more attractive to outside companies."

Data within the Assistant will be routinely updated by Localintel to ensure users can rely on accurate, current information.

"Data is this century's most valuable resource and the Business & Investment Assistant is a great example of how Troy is harnessing it to strengthen the City's economy and help the business community prosper," said Dave Parsell, Co-founder and CEO of Localintel.

Check out the Troy Business & Investment Assistant at Troymi.gov/departments/economic_development/index.php.

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New Year, New Look.



SUNRISE OF TROY EVENTS:

Grand Re-Opening | Wednesday, February 12 | 4:00-6:00 p.m.

Open House | Friday, February 14 | 12:00-4:00 p.m.

Open House | Saturday, February 15 | 12:00-4:00 p.m.

Sunrise of Troy has a new look, and we're ready for the big reveal! You're invited to experience what it's like to live in our vibrant community.

To RSVP call **248-293-1200** or to learn more visit **SunriseTroy.com/Gazette**.

Location: 6870 Crooks Road, Troy MI 48098



TROY



"The philosophy of the school room in one generation will be the philosophy of government in the next."

Abraham Lincoln

Voices of Troy: Superintendent Dr. Richard Machesky

Discusses upbringing, hiring great teachers, what state legislators can do to help school districts, and bringing communities together

VOICES OF TROY from page 1

"By and large, every day is a little bit different and the absolute best part of my day is getting in the schools and interacting with students."

"Mission, vision, values, goals – that's what makes an exceptional organization. But leadership is about keeping those things the priority whilst doing the day-to-day."

What can state legislators in Lansing do to help improve public education?

"There are a tremendous amount of requirements in education. The legislature is never short on suggesting that schools should do this and schools should do that. Before you know it, if you lay out all of the legislative requirements on school districts, it is overly-burdensome. And with each of those comes a price tag, and it's not always a dollars and cents price tag - there is opportunity cost there, when we're required to do all these little



things, that means we're not doing something else."

"My message to Lansing is, 'You just need to stop. We know you mean well – our legislators don't mean to do harm – but at some point, you just need to stop and let us reorient ourselves to what requirements are in place so that we can create a new normal here so we can do the very best for our kids.'"

When it comes to funding for public education, is it just a matter of needing more money?

"At the end of the day, in a very simplistic sense, it is about more money. I don't say that as a public educator just looking to get more money for the Troy school district."

"In the 2005-6 school year, we received \$9,415 per pupil ... This year, we will receive \$9,315 ... We have learned to do better with less, but that comes at a cost."

The Clawson School District has asked Troy Schools to consider an annexation. Is there an update on that merger?

"We hope to provide that information to the board sometime in early spring. It's a huge question and the reality is it's anywhere from an 18 to 24-month process from the decision to move forward to end. It's not something that just happens over the course of a semester."

"Whatever the decision is, it has to come before the voters in both communities."

With the recent and tragic death of Kobe Bryant and his daughter in mind, how can leaders help bring communities together in times of loss?

"Throughout generations, young people have sought role models and mentors oftentimes in athletic figures ... It's tough when you see someone as large a figure as Kobe Bryant was to be lost, and the other individuals in that crash – certainly our hearts go out to their families."

"The school district is ultimately the heart of a community. When someone is lost, it sends shutters throughout the organization, a ripple effect throughout the organization... The best thing that happens in the Troy School District on a daily basis are positive adult interactions with students and positive student interactions with one another, so we left one another up and then ultimately that helps lift our school community."

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VOT
Voices of Troy

Hi, my name is (what?) my name is (who?) my name is ... Obstruction of a Police Officer

POLICE PATROL



by
CYNTHIA KMETT

■ LYING TO OFFICERS CAN MEAN MORE CHARGES - A

Troy officer initiated a traffic stop on the driver of a white Chrysler Sebring for a traffic violation on northbound Road, north of Big Beaver. The officer spoke with the driver, a 32-year-old man from Flint, and noted an odor of alcohol emanating from inside the vehicle. The officer also noted there was significant damage to the vehicle but the driver denied he had been involved in a traffic accident. It was determined by other officers that the vehicle had been involved in a traffic accident while Northbound on Interstate 75, East of Rochester Road. Due to his demeanor, he was not asked to perform sobriety tests. He was arrested and transported to the

lock-up facility. He verbally provided a false name to the officers who were able to determine his true identity. It was discovered that the driver's State of Michigan Operator's License was 'Suspended' by the Michigan Secretary of State. While at the lock-up facility, he requested to be taken to the hospital. He was transported to a local hospital by medical personnel. A search warrant for a Blood Test was drafted and signed by a local Magistrate. The search warrant was executed and the driver's blood was drawn by medical personnel. He was charged with Driving While License Suspended, Hinder and Obstruction of a Police Officer, and Operating a Motor Vehicle While Under the Influence of Alcohol pending laboratory results. A female passenger inside the vehicle, a 26-year-old from Almont, was also arrested, as she had valid Felony and Misdemeanor Warrants out of Macomb County. When asked what the driver's name was, she falsely provided the same name that he claimed he was. She was charged with Obstruction of a Police Officer as well.

■ PLENTY OF PROBLEMS FACING THIS 20-YEAR-OLD

Officers initiated a traffic stop on the driver of a silver 2008 Dodge Avenger for a traffic violation on Concord, south of Fourteen Mile. The officers spoke with the driver, a 20-year-old man from Waterford, who refused to provide his driver's license. He was asked to step out of the vehicle to which he complied. He was arrested and while searching him, the officers located two driver licenses in his possession, one being a State of Michigan Operator's License and one being a driver's license from the State of Ohio. Both licenses had different names on them. The State of Ohio License was discovered to be fraudulent. The vehicle the subject was driving also did not have vehicle insurance coverage. He was charged with Hinder and Obstruction of a Police Officer and No Vehicle Insurance.

■ MAKING IT TO STERLING HEIGHTS DIDN'T STOP HIS ARREST

This Troy Officer initiated a traffic stop on Metropolitan Parkway, just east of Dequindre, on the driver of a black Ford F150 Raptor for traffic

violations which included failing to stop prior to exiting a business, failing to stop for oncoming traffic, speeding (at least 20mph over the speed limit), and sudden acceleration (spinning and squealing tires). The officer spoke with the driver, a 16-year-old man from Washington Township, who denied racing with another vehicle. The driver was arrested and charged with Reckless Driving. Wonder what will happen to his insurance rates with six points on his license?

■ DRUNK FROM A FUNERAL

Officers responded to the intersection on the report of a traffic accident Rochester and Big Beaver. The officers spoke with the at-fault driver, a 25-year-old man from Troy, and noted an odor of alcohol emanating from him. When asked, the driver admitted to consuming four drinks that contained alcohol while attending a funeral. He was asked to perform several sobriety evaluations to which he did but the officers noted that he performed poorly. He submitted to a Preliminary Breath Test with a result of .149%. He was arrested and transported to the Troy Police Lock-up Facility

where he was read his Chemical Test Rights and he agreed to take a blood test. His blood was drawn by medical personnel and he was charged with Operating a Motor Vehicle While Under the Influence of Alcohol pending laboratory results.

■ DRUNK DRIVERS WERE BUSY THIS WEEK

This Troy officer responded to Maple Rd west of John R on the report of a two-vehicle accident. The officer spoke with the at-fault driver, a 25-year-old man from Sterling Heights, and noted an odor of alcohol emanating from him. When asked, the driver denied consuming any alcohol. He was asked to perform several sobriety evaluations to which he did but the officers noted that he performed poorly. He submitted to a Preliminary Breath Test with a result of .19% - more than twice the legal limit. He was charged with Operating a Motor Vehicle While Under the Influence of Alcohol - 2nd Offense.

Note: If you have any information on any criminal offenses, call the Troy Police Department at 248-524-3477.



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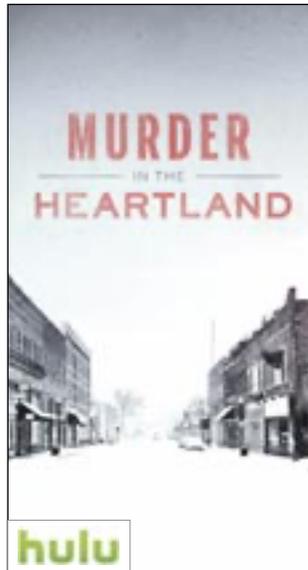
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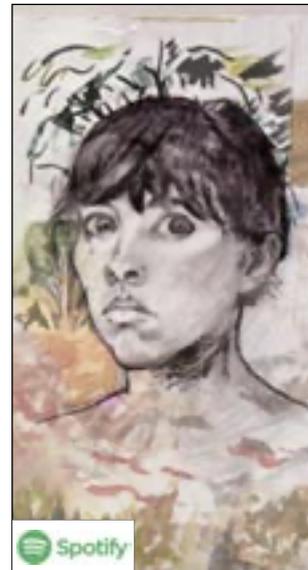
AJ AND THE QUEEN
TV-14, Comedy



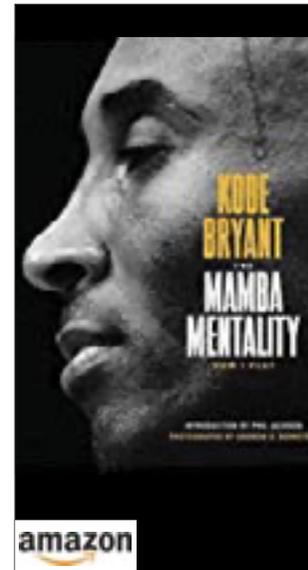
MURDER IN THE HEARTLAND
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Fiddler on the Roof at the Fisher Theatre March 10-15

Broadway In Detroit will present the Detroit engagement of the Tony Award-nominated Broadway revival of Fiddler on the Roof at the Fisher Theatre from March 10-15.

Tickets start at \$45 and can be purchased online at Broadwayindetroit.com or Ticketmaster.com/. Tickets may also be purchased by phone by calling 800-982-2787, and at the Fisher Theatre box office.

A beloved theatrical classic from Tony Award-winner Joseph Stein, and Pulitzer Prize-winners Jerry Bock and Sheldon Harnick, Fiddler on the Roof is directed by Tony Award-winner Bartlett Sher (South Pacific, The King and I); choreographed by the acclaimed Israeli choreographer Hofesh Shechter; inspired by the original choreography of Jerome Robbins; and has musical direction by Ted Sperling.

Fiddler on the Roof is the heartwarming story of fathers and daughters, husbands and wives, and life, love and laughter. This classic musical is rich with Broadway hits, including "To Life (L'Chaim!)," "If I Were A Rich Man," "Sunrise Sunset," "Matchmaker, Matchmaker," and "Tradition."

The cast will feature return performances from Maite Uzal as Golde, Jonathan von Mering as Lazar Wolf, Carol Beaugard as Yente, Ruthy Froch as Hodel. Additional casting includes Kelly Gabrielle Murphy as Tzeitel, Noa Luz Barenblat as Chava, Emma

Taylor Schwartz as Shprintze, Carly Post as Bielke, Nick Siccone as Motel, Nic Casaula as Perchik, Jack O'Brien as Fyedka and Andrew Hendrick as Constable.

costume design by Catherine Zuber, lighting design by Donald Holder, sound design by Scott Lehrer, and hair and wig design by Tom Watson.



The original Broadway production of Fiddler on the Roof, which opened in 1964, was the first musical in history to surpass 3,000 performances. The show won the 1965 Tony Award for Best Musical in addition to eight other Tony Awards that year. This acclaimed revival proudly introduces a new generation to the iconic musical adored across the globe.

The world premiere of Fiddler on the Roof, before it went to Broadway, was at Detroit's Fisher Theatre in 1963 starring Zero Mostel.

Fiddler on the Roof has scenic design by Michael Yeargan,

Performance times for Fiddler on the Roof appearing March 10-15 at the Fisher Theatre (3011 West Grand Blvd. in Detroit) are Tuesday – Saturday evening performances at 8 p.m.; Sunday evening performance at 7:30 p.m.; Saturday & Sunday matinees at 2 p.m.; and a special open captioned and audio described performance on Friday, March 13 at 8 p.m.

Tickets for Fiddler on the Roof start at \$45 (includes facility and parking fees) and are now on sale. Tickets can be purchased online at broadwayindetroit.com or ticketmaster.com, and by phone at 800-982-2787.

Shakespeare's Macbeth coming to Oakland University this week

Something "wicked" is coming to the Oakland University stage as the Department of Theatre presents William Shakespeare's Macbeth — a cautionary tale about the trappings of power and what happens when vaulting ambition takes priority over the people one is expected to govern — from February 6-9 and 13-16 in the Varner Studio Theatre on the OU campus.

"With Brexit on the horizon, we have set our play in an imagined 2023, where the United Kingdom is in disarray, countries have been betrayed and seceding is the only option for independence," said Director David Gram, an assistant professor of theatre at Oakland University.

Blurring the line between the psychological and the supernatural, Macbeth traces the downfall of a respected soldier who, in collusion with his industrious wife, employs extreme measures to fulfill and counter the eerie prophecies of "three weird sisters."

"In the play, Macbeth is told by three witches that he will become the Thane of Cawdor and eventually the King of Scotland," said Lauren Goyer, who plays Lady Macbeth. "After the witches leave, missives from the current queen give him the title Thane of Cawdor, which leads him to believe that he could actually become king. Once he shares this with me (Lady Macbeth), I encourage him to murder the queen so that he can take the throne."

For Goyer, playing the role of Lady Macbeth has been "a dream I never knew I had."

"I love portraying such a strong woman, which we don't see a lot of in theatre from Shakespeare's time," she said. "I am honored that David chose me to play this role of a lifetime."

Dryden Zurawski, who plays Macbeth, said the role has "served as a culmination of everything I've learned at Oakland during my time here thus far."

Comedy fundraiser to benefit Salvation Army

The Salvation Army of Metro Detroit will hold its 9th annual Comedy for a Cause fundraiser on Wednesday, February 5 at Mark Ridley's Comedy Castle, located at 310 South Troy St. in Royal Oak. Doors open at 6 p.m. with the program starting at 7 p.m.

Comedy for a Cause will feature comedian and funny family man Brad Upton.

To purchase tickets, visit Salmich.org or call 248-443-5500 ext. 312.



Photo credit: JLBoone Photography

"It's such a great honor to tackle a part as iconic and mildly terrifying as this one," he said. "The role is challenging; first with its sheer size and magnitude, but also with the expectations that people have for the role. Luckily, David has given the cast the liberty to navigate the rehearsal process as if we were picking up a fresh script that has never seen the light of day, much less an audience."

Haley Spencer, who plays one of the "weird sisters," said it has been an "honor and a privilege" to be part of the production.

"The most challenging part of the role has been justifying my character's actions: deceit,

murder and violence," she said. "My character fully believes that what she is doing is right. I think of her as a 'goddess of truth' who can see through the mask people have put on for vanity. Once the mask comes off, the truth comes out."

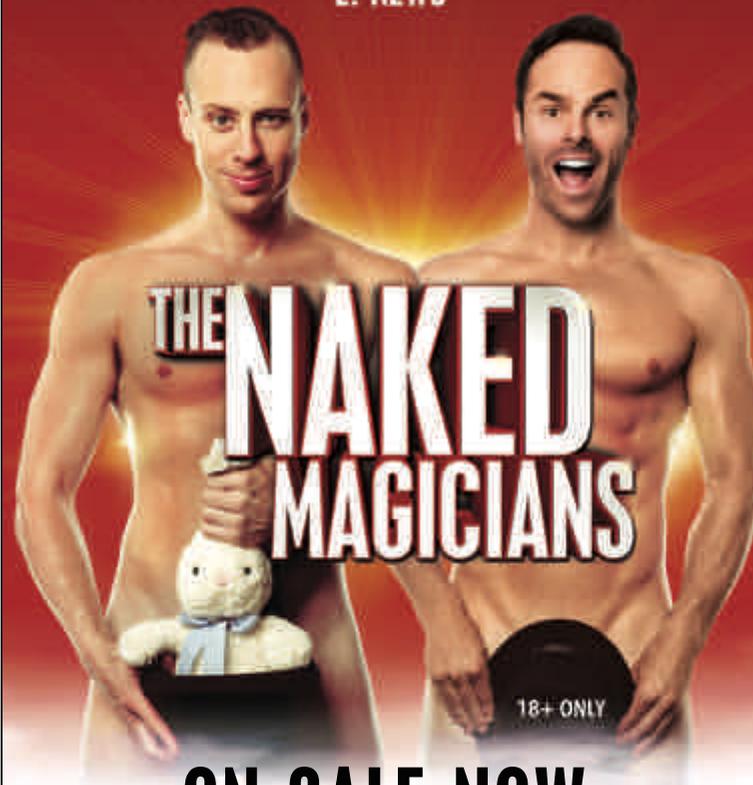
Tickets for Macbeth are \$15 for the general public and \$8 for students. Tickets are also \$8 during the 10 a.m. matinees. To purchase tickets, visit Etix.com/.

Varner Studio Theatre is located in Varner Hall at 371 Varner Drive on the OU campus.

For more information, contact the School of Music, Theatre and Dance at 248-370-2030 or smt@oakland.edu.

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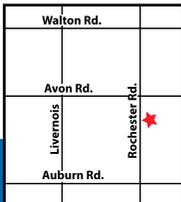
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County Clerk has reminders for voters for the March Presidential Primary

Soon, absentee ballots will be sent to voters for the Presidential Primary, and Oakland County Clerk Lisa Brown has a few reminders for voters to ease the process.

“Michigan’s Presidential Primary is a closed election, meaning you have to choose a ballot style, Democrat, Republican, or no party (which won’t have any Presidential candidates on it, but will contain ballot proposals). Voters should also realize that there may be names printed on the ballot of candidates who have dropped out of the race,” Brown said in a press release.

With the passage of proposal 2018-3, citizens can register to vote with their county clerk, city or township clerk, at a branch office of the Secretary of State or state agency that provides public assistance, by mail, or online until 2 weeks before the election.

If registering to vote between fourteen days prior, up to and including Election Day, citizens must register in person at their city or township clerk’s office and must provide proof of residency to vote in the March election.

Voters no longer need a reason to vote absentee. Absentee ballots can be requested from the local city or township clerk. To have

your ballot mailed to you, you must return your application no later than 5pm on Friday March 6th.

Absentee ballots may look different than residents expect. Envelopes that were previously manila are now white. Voters are asked to use caution when sorting mail as not to miss it.

Polls will be open from 7am – 8pm on March 10th. If you have previously requested an absentee ballot, but choose to vote at the polling precinct, please bring your absentee ballot with you to be spoiled.

Absentee ballot applications, online voter registration, sample ballot, and polling place directory can be found at the Secretary of State website, Michigan.gov/Vote/.

As voting security also remains a concern for our citizens, “I also want to assure voters that our voting equipment is secure and federally certified. It never touches the internet and has many security features to ensure that every ballot is counted,” said Clerk Brown.



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Aquarius, your all-about-me mentality may lead to some indulgent purchases

YOUR FEBRUARY HOROSCOPE

by PAULA LYNDE

AQUARIUS (Jan 20-Feb 18): It's all about you, this month, Aquarius, as a great forward motion in the planets puts a spring in your step and ambition in your brain. The sky's the limit, career-wise, right now, so make the most of it. Just watch out for the fact that your "all about me" mentality in February may cause you to make some indulgent purchases. That's okay, of course, as long as you don't go overboard.

PISCES (Feb 19-March 20): A large number of influential planets occupy the Eastern horizon of your horoscope this month. This means that you'll be extra aggressive with your goals and less likely to take "no" for an answer. Luckily, because your charisma is strong right now, others are likely to let you have your way.

ARIES (March 21-April 19): Planetary strength lies in the Northern half of the horoscope this month, so you'll need to play it cool. If you play it cool enough, you'll impress your boss, and quite possibly land a nice raise or promotion. That might have you thinking about making a big purchase in the near future.

TAURUS (April 20-May 20): Taurus, the first week of the month could get interesting. This is when planetary dominance will shift to the eastern half of the chart. At this point, your personal creativity will override your social graces and desire to fit in. Venus is definitely on your side this month, so a special someone will be highly impressed with your new devil-may-care attitude.

GEMINI (May 21-June 20): Good news, Gemini. The moon will propel your finances forward during the first half of the month. Although, unfortunately, all of this success will make you a little self-centered. If you're in a committed relationship, your partner may start to feel neglected.

CANCER (June 21-July 22): Wow, Cancer, Mars and Mercury are really working against you this month, making your finances weak and your love

life – well, not the best. The good news is that your health will flourish. So, use this time to eat right and get back into a fitness plan. When the tide turns, and your luck turns around, you can greet March with a smile and a six-pack.

LEO (July 23-Aug 22): February will start off slow for Leos, but the forward movement of Mercury during the middle of the month will give your wallet a nice boost. Love is also in the air for lions this month, so if you're in a committed relationship, you may decide to take a plunge.

VIRGO (Aug 23-Sept 22): Virgo, you're an independent type of person who likes to feel in control of the situation – any situation. Well, this month may throw you off a bit, but don't look at it as a bad thing. Okay, you'll definitely see it as a bad thing, but you may learn a thing or two and come out stronger on the other side.

LIBRA (Sept 23-Oct 22): Cupid has you in his sights, so get ready to get smitten. If you're already in a relationship, don't be surprised if you become a little hyper-critical about things that have never bugged you before.

SCORPIO (Oct 23-Nov 21): Hey, Scorpio, fasten your seatbelt. You're going to have a very interesting month. It looks like Mars is in your House of Career, so success in business (whatever business you're in) is likely. However, throughout February, you're career goals are closely tied to your social life, so now is the time to be the life of the party at work.

SAGITTARIUS (Nov 22-Dec 21): Planetary influence is on the Eastern side of the zodiac, and your career isn't the most pressing thing on your mind right now. Instead, the desire to travel and learn new things dominates

your mental space. So, load up the car – throw your family in if you have one – and take that road trip you've been planning.

CAPRICORN (Dec 22-Jan 19): Even Capricorns who don't pay much attention to fashion or their appearances in general will feel the influence of Venus in their House of Personal Image. So, don't be alarmed if you suddenly have the urge to match your shoes to your belt – or change purses because the one that you normally carry clashes with your ensemble. For more style-conscious Caps, this won't be a big deal.



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100 Women Who Care February meeting

The next meeting of 100 Women Who Care-Troy will take place at the Troy School District's Services Building on Wednesday, February 5 at 6:30 p.m.

Women from Troy and the surrounding area commit to one hour of their time and a quarterly \$100 donation to support the work of 501(c)3 organizations doing great work for the community.

100 Women Who Care-Troy has donated over \$50,000. Consider joining this group of women who are committed to serving the needs of the community. You do not have to be a Troy resident to join.

For more information or to join, visit 100WomenWhoCare-Troy.org/.

Stimulants, Alcohol, and Painkillers, Oh My!

If you care enough about your family and friends addicted to any of these types of substances, join us for a presentation and open forum at Clawson's Hunter Community Center, 509 Fisher Ct., Clawson, Michigan. Wednesday, February 12th, 2020 from 7:30pm-8:30pm. Presented by Terry Stretten, author of a substance awareness course. Refreshments served.

"Activist Week" to benefit Pals for Pontiac



HEIDI GARAY, Troy High School senior. Photo courtesy of Troy School District



TROY HIGH SCHOOL STUDENTS Sarayu Bethamcherla, sophomore, and Viktoria Shubalyek, junior. Photo courtesy of Troy School District

Troy High School's Activist Week, benefitting "Pals for Pontiac," is February 3-7. All donations will go toward the purchase of Kindles, gift cards, and other supplies for students at Walt Whitman Elementary School in Pontiac.

The students will also raise funds to purchase school supplies and items to create a "calming" room for kids who may have challenges adjusting to the classroom environment.

The public is invited to after-school activities such as Mr. THS on Monday, powerpuff volleyball on Wednesday, a cookie bake-off during lunch on Thursday, and a pep rally and Basketball game at 7 p.m. on Friday.

"One short week makes a huge difference to our pals in Pontiac," said Student Government President Molly Myers, "and brings increased awareness to a school in need, so close to home."

To contribute, go to GoFundMe.com and search "Pals for Pontiac."

For more information on how to participate, contact mriddock@troy.k12.mi.us or call 248-823-2700.

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Work goes on despite fire



TROY FIREFIGHTERS used several ways to approach a fire inside a vent stack of an incinerator. Photo courtesy of Troy Fire Department

It's not often the Troy Fire Department arrives and those working at the company don't realize what is happening.

But that's exactly what happened last Friday afternoon at 835 Stephenson Highway, on the industrial side of the street.

Firefighters were dispatched for a possible structure fire, sending Fire Station 4 and other equipment as well as Alliance Mobile Health – the city's EMS provider – to the scene. A caller had reported that they could see flames coming from the roof. The fire department arrived to find thick, black smoke coming from the roof, according to Troy Assistant Fire Chief Chuck Riesterer.

Normal operations were still underway inside the building. No smoke or fire was visible from inside of the building.

Firefighters accessed the roof and located an active fire inside a vent stack for an incinerator. Flames were visible 4 feet into the air. The incinerator which was involved is used to burn off non-recyclable material as part of the recycling process, explained Riesterer.

After speaking with site managers, firefighters were told a flame unit, which is used to help

complete the burning process, failed and allowed the partially unburned products to ignite in the vent stack.

Putting the flames out proved to be a bit tricky. Firefighters used multiple dry chemical fire extinguishers through a vent opening on the side of the incinerator to try and extinguish the fire, without success. A garden hose was applied through the same opening to slowly cool the inside of the unit, again without success. The crew then transitioned to a 1 3/4" fire hose from the Engine to extinguish the fire. Fire crews monitored temperatures by using a handheld thermal imaging camera.

Once the flames were knocked down, firefighters opened the furnace and extinguished the remaining fire. Crews confirmed that no fire extended to the roof structure. Building management was advised to have the incinerator, the secondary flame unit, and the vent stack serviced prior to using the incinerator again.

No injuries or fatalities were reported. The business was allowed to remain open, and the cause of the fire remains under investigation.

"I used to work in a fire hydrant factory. You couldn't park anywhere near the place."
Steven Wright

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Health & Wellness

Alert: Community Center therapy pool is down

The Community Center therapy pool heater is down for repair.

Parts will be delivered this weekend, but officials are looking to alert the public that the pool will be cold until Saturday.

An alert will be sent soon with the status of the repair.

The Troy Community Center is located at 3179 Livernois Rd.

For more information, visit Rec.Troymi.gov or call 248-524-3484.



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Could your Meniere's Disease be helped with Dental Treatments?

FOR YOUR HEALTH



by
JEFFREY S. HADDAD, D.D.S.

Meniere's disease is a common disorder of the inner ear that affects over 615,000 people in the U.S. It causes episodes in which you feel as if you're spinning (vertigo), and you have fluctuating hearing loss, ringing in the ear (tinnitus), and sometimes a feeling of fullness or pressure in your ear. It is a very frustrating condition because as of now, there is no known root cause or cure available. However, several studies have shown a direct connection between Meniere's disease and temporomandibular disorders (TMD), which share many of the same debilitating symptoms. Recently, two of my patients have experienced this improvement in their Meniere's symptoms and it was a result of the treatment of their underlying temporomandibular disorder. With the growing research in the overlap of these two conditions, it gives people hope in managing their Meniere's symptoms if their TMD is addressed.

If you are suffering from vertigo, ear ringing, or ear congestion, there may be an underlying cause that isn't so obvious, the health of your jaw joint (TMJ) and your bite (occlusion). When issues arise with either of these two things it can result in a temporomandibular joint disorder or dysfunction. TMD sufferers have been complaining about issues with balance, nausea and vision that are commonly associated with benign positional vertigo (BPV) or Meniere's disease.

Signs and symptoms of Meniere's disease include:

- **Recurring episodes of vertigo.** You have a spinning sensation that starts and stops spontaneously. Episodes of vertigo occur without warning and usually last 20 minutes to several hours, but not more than 24 hours. Severe vertigo can cause nausea and vomiting.
- **Hearing loss.** Hearing loss in Meniere's disease may come and go, particularly early on. Eventually, most people have some permanent hearing loss.
- **Ringing in the ear (tinnitus).** Tinnitus is the perception of a ringing, buzzing, roaring, whistling or hissing sound in your ear.

- **Feeling of fullness in the ear.** People with Meniere's disease often feel pressure in the affected ears (aural fullness) or on the side of their heads.

What is striking is that every one of the symptoms of Meniere's disease are commonly found with TMD: Tinnitus, pain or pressure in the ears and dizziness. Tension headaches, neck pain, and migraines also seem to go hand in hand with patients suffering from Meniere's disease. This could actually be a direct result of a misaligned bite or underlying TMJ disorder. Research has shown that there may be a correlation between TMD and Vertigo which helps in resolving some cases by treating the patients' misaligned bite and reducing tension in the connected jaw muscles. A technique called Neuromuscular Dentistry utilizes computer analysis and muscle relaxation to diagnose and treat your symptoms. It is very successful in improving or eliminating the chronic pain and discomfort that you have been living with for years.

Signs and Symptoms of Temporomandibular Disorders (TMD)

- **Headaches or Migraines**
- **Jaw Pain**
- **Neck Pain**
- **Recurring episodes of Vertigo**
- **Ringing in ears (Tinnitus)**
- **Fullness in ears or ear congestion**

Temporomandibular joint disorder (referred to as TMJ or TMD), affects many people's quality of living and can present itself through many symptoms such as clenching and grinding of the teeth. Clenching and grinding often results in muscle spasms in the jaw. There have been several cases of Meniere's that have been completely resolved through neuromuscular treatment to align the jaw properly. This leads to the relief of stress on the socket of the TM Joint which in turn allowed the ear balance organs which are extremely close to the socket to go back to normal as well.

We see this in my own office routinely. My own father was diagnosed with Meniere's disease about 1 year ago and since we began treating him, he has not had another vertigo attack and his ear ringing has reduced significantly. Recently, an audiologist patient of mine, who was also diagnosed with Meniere's disease is almost completely resolved of all of her ear symptoms after being treated with our TMJ disorder treatment.

The unpredictable episodes of vertigo and the prospect of permanent hearing loss can be the most difficult problems of Meniere's disease. The disease can interrupt your life and cause fatigue, emotional stress, depression and anxiety. Vertigo can cause you to lose balance, increasing your risk of falls and accidents while driving or operating heavy machinery. In cases when the cause of vertigo or hearing issues cannot be isolated and normal treatments are not effective, exploration of the potential cause being rooted in TMD may be a next step.

Overwhelming evidence has shown that seeking treatment for coexisting conditions could be the answer. Meniere's patients are looking for to get relief. Information is power. Being examined and evaluated by a dentist with the proper training and technology in your area may be exactly what you need to improve your symptoms and quality of life.

Jeffrey S. Haddad D.D.S. received his Bachelor of Arts degree in Psychology from the University of Michigan in 1997. He completed his dental education at the University of Michigan in 2001. Dr. Haddad is a fellow of the Las Vegas Institute for Advanced Dental Studies. Dr. Haddad lectures nationally on cosmetic dentistry, TMJ and sleep disorders, and teaches other dentists the latest techniques in TMJ and Sleep.

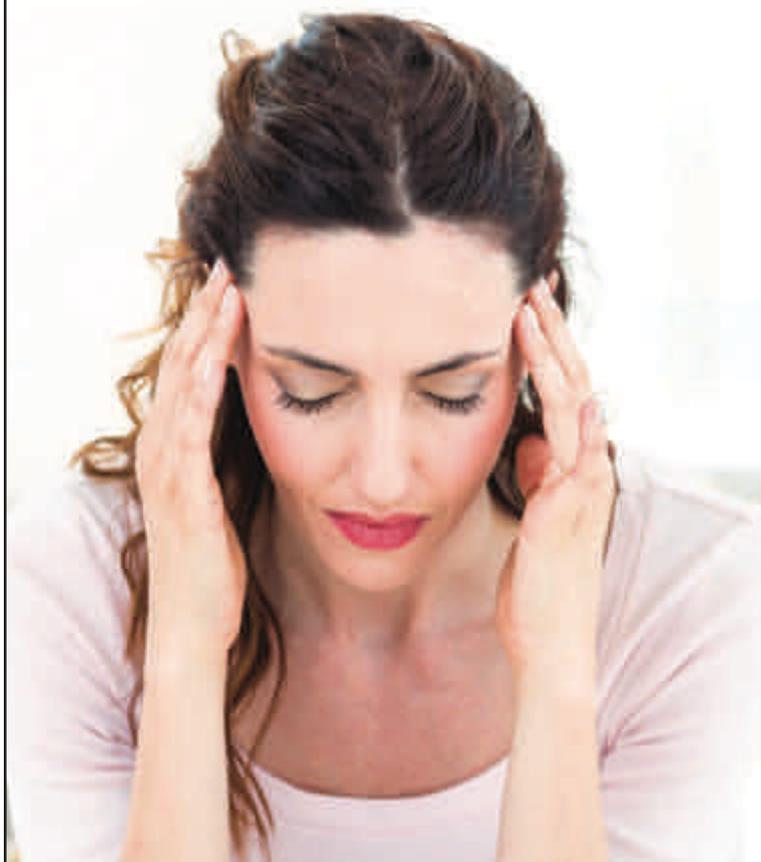
For more information, visit www.michigantmjandsleep.com or call his office at 248-480-0085

OCHN brings awareness to need for direct support professionals

Oakland Community Health Network (OCHN) is promoting careers as a direct support professional (DSP) through a new webpage and marketing campaign.

The campaign includes a webpage on the OCHN website at Oaklandchn.org, under the about us drop down, listing training resources and provider agencies looking for dedicated individuals to take on the role of a DSP. Additionally, promotional flyers and social media messaging will spotlight the program in the community.

For more information about this program, contact Customer Services at 800-341-2003.



Yoga helps your mind, body, and spirit



TROY CITY COUNCIL saluted the annual celebration of “Yoga for Health, Health for Humanity SURYA Namaskar Yajna 2020” with a Proclamation at last Monday’s meeting. Photo courtesy of Cindy Stewart, City of Troy

Yoga is the ancient practice of keeping the mind, body, and spirit in good health.

Hindu Swayamsevak Sangh (HSS) is a non-profit social and cultural organization that aims to preserve and pass on ancient Hindu heritage and cultural values of universal brotherhood and selfless service to the next generation and to raise awareness of Hindu culture worldwide.

The Surya Namaskar, also known as Sun Salutation, integrates simple yoga postures that, along with breathing techniques, provide the practitioner with the key health benefits of yoga practice.

HSS is organizing the annual “Yoga for Health, Health for Humanity” or “Surya Namaskar Yajna - 2020” with a goal to create awareness about Yoga and its advantages in achieving a healthy body, mind, and spirit and thereby promote friendship, mutual understanding and good health among all members of the community.

HSS initiated this project in

2006 and participants from over 42 states in the United States of America have participated in this event regardless of individual faith and belief.

The Bharatiya Temple in the City of Troy has participated in this event for the past 13 years. Yoga enthusiasts, yoga studios, local schools, and community organizations from across the United States are committed to participating in this event.

Anyone, regardless of age, religion, gender, or race, is invited to include Surya Namaskar as part of their daily physical and spiritual practice to contribute to achieving this goal.

The city of Troy thanked Hindu Swayamsevak Sangh for their outstanding job helping to preserve and promote the ancient heritage and cultural values around the world.

Varun Rallabandi thanked council and invited everyone to Yoga for Health concludes at Bharatiya Temple on Sunday, February 2 from 8-11 a.m.

“Concentration of the mind is in a way common to both Knowledge and Yoga. Yoga aims at union of the individual with the universal, the Reality. This Reality cannot be new. It must exist even now, and it does exist.”

Ramana Maharshi

Lawmakers look to bolster distracted driving laws

Michigan lawmakers are working to increase laws against distracted driving by banning mobile devices while driving, for those under the age of 18. According to a recent report by QuoteWizard, Michigan drivers were found to have a 2.95% fatality rate and 7080 deaths due to distracted driving from 2013 to 2017.

House Bill 4181 is an

expansion of Kelsey’s Law, (which passed in 2013), that prohibits drivers with Level 1 and Level 2 licenses from using their cellphones while driving except in the case of an emergency.

To learn more about state rankings for distracted driving, view the full report at quotewizard.com/news/posts/states-with-the-most-distracted-drivers/.

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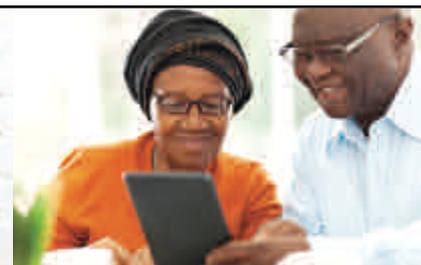
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Henry Ford West Bloomfield Hospital to host health and wellness programs

Henry Ford West Bloomfield Hospital invites the community to health and wellness events taking place at the hospital during the month of February.

Heart-y Soups and Stews: Thursday, February 6 from 6:30 – 8 p.m. \$20 per person or \$30 for two people; registration required.

DIA Gallery Talk – Your DIA: Tuesday, February 11–12 – 1:45 p.m. This event is free to attend; no registration required.

A Heart to Heart Talk with Jackie Kallen: Knockout Heart Disease: Tuesday, February 11 – 6:30-8 p.m. This event is free to attend; registration required.

Henry Ford West Bloomfield Hospital is located at 6777 W. Maple Road, in West Bloomfield.

For further information, or to register, please call 248-325-3890, or email dk@hfhs.org.

Sunrise of Troy announces grand re-opening

Sunrise Senior Living of Troy, a local senior living community, is inviting local seniors and their families to join them at a special ribbon cutting ceremony, marking their grand re-opening on February 12 from 4-6 p.m.

Residents, associates and interested participants will meet to mark this special occasion at Sunrise of Troy, located at 6870 Crooks Road. The public is invited to participate in this special event.

Sunrise is managed by Sunrise Senior Living corporate headquarters, a regional senior living development and management company based in McLean, VA.

“At Sunrise of Troy, we are excited to celebrate our “new look” after the extensive \$1.8 million dollar renovation to the community,” said Ashley Dubay, Executive Director of Sunrise of Troy. “We truly want to honor our



TROY

residents and families who have graciously accommodated the contractors as they have worked to update the community common areas. Our team of serving hearts are guided by our mission, principles of service and values—all of which help encourage independence, preserve dignity and enable freedom of choice for each resident. We hope you will join us for this worthwhile event.”

For those who wish to participate, complimentary

transportation will be provided by Sunrise of Troy. The valet company will be at Sunrise starting at 3:30 p.m. on February 12. This special event is free and open to the public. For more information on this event, call Activities and Volunteer Coordinator Jevanna Wiater at 248-729-0472.

Sunrise of Troy features 24-hour staff, supportive services, housekeeping service, concierge services and the exclusive Dining Program with customized dining experiences. It also includes Sunrise Live with Purpose Life Enrichment Programs, designed to provide mind, body and spirit focused recreational opportunities that have a positive impact on residents.

For more information on Sunrise Senior Living, visit Sunriseseniorliving.com/.

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Beaumont Urgent Care opens in Warren

Beaumont Urgent Care has opened a new location in Warren at 28284 Dequindre Road. Through 2020, the Beaumont Network will expand with up to 30 urgent care locations throughout Southeast Michigan.

The new Beaumont Urgent Care sites allow patients to access providers and facilities in the Beaumont Network quickly for minor injuries and illnesses at a reduced cost compared to a more expensive emergency room visit. Patients will get fast, efficient care. Expanded services like an in-house lab, X-ray and fiberglass splinting are also available.

“Beaumont is working with WellStreet, a company experienced with running patient-focused urgent cares. We are eager to serve area patients and families by providing quality care on their terms, with easy access at

lower cost,” Dr. Bernice Sessa, medical director of Beaumont Urgent Care, said.

While services are not limited to Beaumont patients, the medical team at Beaumont Urgent Care can access the Beaumont patients' electronic medical records to help doctors and nurses provide coordinated care. Patients are also encouraged to find a primary care physician and staff can assist with referrals.

WellStreet's CEO, Ron Lavater added, “The talented providers and staff at Beaumont Urgent Care are focused on our patients' experience. It is our goal to have patients in and out within an hour or less. We are thrilled to serve the communities in and around Warren.”

The new location can be reached at 586-413-7069 and is open seven-days-a-week, including

holidays. Regular business hours are from 9 a.m. to 10 p.m.

Weekend and evening hours will provide area residents greater convenience and accessibility. It will also allow recently hospitalized patients an opportunity for earlier evaluation and intervention should problems arise after hours.

Urgent care centers are most appropriate for cough, cold or sore throat as well as rashes or skin irritations. It can also be used for patients experiencing fever or flu-like symptoms, minor lacerations, minor orthopedic injuries, or mild intestinal illnesses.

To learn more about Beaumont Urgent Care, visit BeaumontUrgentCare.com to view a list of current and upcoming locations.

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Oliver Law Group P.C. 1647 W. Big Beaver, Troy, MI. Now Hiring! Mass Tort Attorney. Six Months Experience Necessary. Responsibilities including drafting motions, conducting depositions, and court appearances. 60k/yr. Contact lmarino@oliverlawgroup.com.

2/2

VOLUNTEER

Hope Not Handcuffs is an initiative started by Families Against Narcotics (FAN), aimed at bringing law enforcement and community organizations together in an effort to find viable treatment options for individuals seeking help to reduce dependency with heroin, prescription drugs, and alcohol.

A person struggling with any drug addiction can come to any of the participating police agencies and ask for help. They will be greeted with support, compassion and respect. Hope Not Handcuffs volunteer 'Angels' help with paperwork and provide compassionate support until a treatment option is found. Angel's can choose their own time slot by signing up to be on call for just 2 four hour blocks per month.

To sign up and learn more, visit familiesagainstnarcotics.org/volunteer

AFFORDABLE CAREGIVER

G&F Professional Services Home Care - Affordable home care, compassionate caring, responsible caregivers. Call or text Georgina at 248-571-1837. Email Aidoogeorgina@gmail.com

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BLOOD DONATION OPPORTUNITIES

The American Red Cross encourages people to donate blood in order to meet supply needs in the Oakland and Macomb area. Donating blood is a simple way to make a lifesaving impact in your community. The American Red Cross regularly hosts blood drives.

To view the latest blood drives in your area, or to make an appointment to donate, visit RedCrossBlood.org or call 1-800-733-2767.

ADOPT A PET

Oakland County Animal Control and Pet Adoption Center have some wonderful dogs and cats waiting for someone to come rescue them! All of their dogs are current on age appropriate shots, microchip, and heartworm tested, all of their cats are up to date as well! If interested, please contact the shelter at 248-858-1070. OCAC is located at 1200 N Telegraph Rd Bldg 42E, in Pontiac.

KC



ADOPT A PET

Buckler



Casper

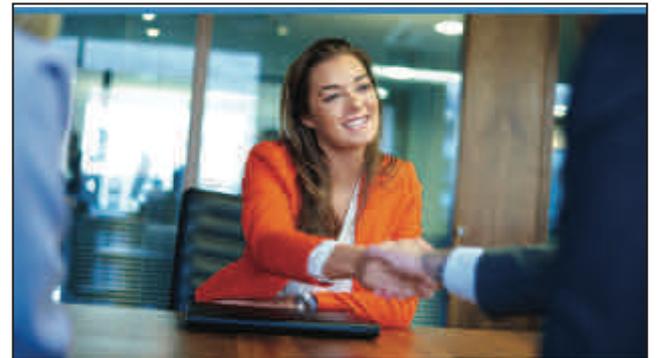


Ferdinand



GET YOUR GAZETTE

Gazette Media Group is a media and events company based in Troy, Michigan. Originally established in 1980 by Claire Weber as the Troy-Somerset Gazette, GMG now publishes two local newspapers and hosts a variety of events throughout the metro Detroit area. The Gazette creates and curates hyper-local content and distributes free weekly newspapers throughout businesses in the community. Go to GetYourGazette.com to read past issues and to find the nearest pick-up location. The Gazette is always looking for news, photos, and tips from around the community. Email News@GazetteMediaGroup.com or call 248-524-4868 for editorial submissions.



NOW HIRING!

Advertising Sales Account Manager

We're looking for an Advertising Account Manager

If you are interested, please call our office to schedule an interview and learn more about the position - **248-524-4868**.



Sudoku

	6		8		5	3		
7				3			6	8
3		2			4	9		
	1		5	8				9
	9	8				1	5	
4				9	2		3	
		9	3			5		1
1	3			5				7
		7	4		9		8	

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Two Great Papers, One Low Price!

Place your classified ad in both Gazette Newspapers and your message will reach readers in Troy, Rochester, Rochester Hills, and surrounding communities.

Novenas Available for \$17 per week

	1 Paper	2 Papers
15 Words	\$12	\$20
Each Additional Word	25¢ per word	50¢ per word

To place a classified advertisement, call 248-524-4868, fax 248-524-9140, or email classifieds@gazettemediagroup.com

Troy-Somerset
Gazette

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To place a classified advertisement, Call 248-524-4868, fax to 248-524-9140, or email classifieds@gazettemediagroup.com

15 words for \$12.00, each additional word 25¢ • Phone numbers and hyphenations count as 2 words, abbreviations count as 1 word
Single line of caps 75¢ • Bold single line of caps \$1.00 • Double line of caps \$1.50 • Bold double line of caps \$2.00

Payable by credit card or mailing a check to GAZETTE CLASSIFIEDS, P.O. Box 482, Troy, MI, 48099. Please make check payable to Gazette Media Group.

Deadline for ad placement is 10 a.m. Wednesday, the week of publication.

Gazette Media Group reserves the right to revise, classify, or reject in whole or in part, any advertisement in this newspaper. Errors / Corrections: The Gazette is committed to correcting errors that appear in the newspaper. Those interested in contacting the paper for that purpose can email: News@GazetteMediaGroup.com or call 248-524-4868. Please note, the Gazette is not responsible for errors in advertising.

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Around Campus Martius Park in Downtown Detroit

FEBRUARY 7-9

Friday: 5pm - 11pm • Saturday: 11am - 11pm • Sunday: 11am - 8pm

- Learn to ski and snowboard presented by Mt. Brighton
 - The Winter Slide
- Local Musicians on the Michigan Lottery Stages
 - Free Ice Skating presented by Delta Dental
 - Zipline Adventure
 - Family Fun from TCF Bank
- Kroger Food Truck Rally with Great Eats from Top Restaurants
 - Ice Garden presented by US Ice and the Detroit News
 - Marshmallow Roasting from the Detroit Downtown Development Authority
- Winter Blast Polar Plunge to benefit Special Olympics of Michigan

winterblast.com #WinterBlast @winterblast

