



Spring Senior Guide Inside

# Troy-Somerset Gazette



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May 13, 2019  
Vol. 39, No. 34

## Coming to Somerset: Michael Kors, Ted Baker, Morphe, Shake Shack

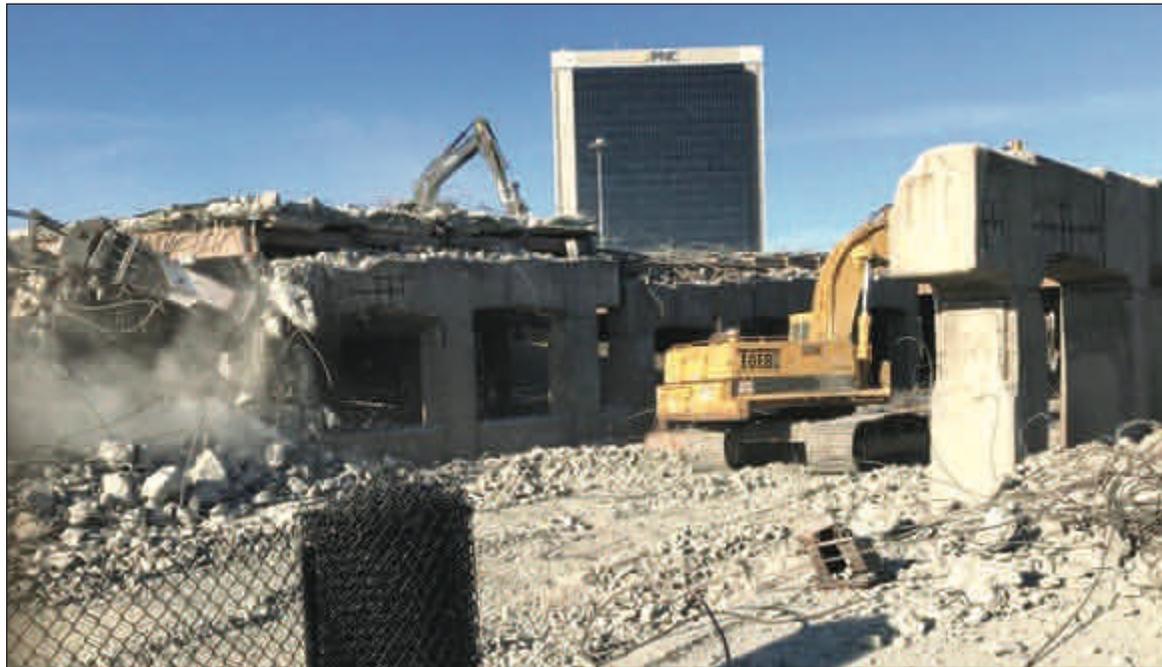
Somerset is welcoming four new brands to its collection this spring. Michael Kors is bringing its luxury brand to the market, and Ted Baker is set to open its first Michigan store at Somerset Collection this spring. Additionally, Somerset Collection will be the first location in the state for Morphe Cosmetics, and the popular Shake Shack eatery will open in the Peacock Cafés.

“Somerset Collection’s ability to attract and introduce new retail to Michigan is signature to the history and brand of our company,” said Nathan Forbes, managing partner of The Forbes Company. “We are thrilled that global brands continue to choose Somerset Collection as their first location in our state.”

Michael Kors will be 2,700 square feet, on Somerset south, level one near Neiman Marcus. Ted Baker will be 3,254 square feet, on Somerset Collection north, level two near Nordstrom. Morphe will be 4,352 square feet, on Somerset north, level two near Macy’s.

**Shake Shack** will be 1,662 square feet, on Somerset North, level three in the Peacock Cafés. Shake Shack is a modern-day version of a roadside burger stand serving burgers, chicken, hot dogs and shakes.

Information about the center or store-specific events, as well as store hours, can be found at [TheSomersetcollection.com/](http://TheSomersetcollection.com/).



**THE EFFORT TO MODERNIZE I-75** requires a bit of demolition before it can be rebuilt. Here’s a look at the Big Beaver bridge crews were working on last week, taken by the ‘Modernize 75’ team. MDOT crews closed I-75 from I-696 to Square Lake Road on Friday night, May 10, for another bridge demolition at Wattles and Crooks/Corporate. The road reopens Monday, May 13 at 5 a.m. The ramps to and from northbound I-75 at Crooks/Corporate will remain closed until early August for reconstruction. The Wattles bridge and pedestrian bridge will also be closed until August. For help with alternate routes and upcoming construction, visit [Modernize75.com/](http://Modernize75.com/).

## New Laws Will Cost City More for Voting

by CYNTHIA KMETT

Remember last fall when you voted to make it so everyone can vote absentee and everyone can register up to 8 p.m. on election day? Those changes are going to add to the costs the city pays to tally your votes.

**Councilwoman** Edna Abraham wondered just how much the AV ballots will cost this November and City Clerk Aileen Dickson supplied the answer last week.

For the 2020 Budget, Dickson reported, we requested \$300,000

for the purchase of an additional three VeritCentral High-Speed Absentee Ballot Processing stations from Hart Intercivic, which will give us a total of four stations. The four stations will essentially create four separate Counting Boards, so the Personal Services or Election Inspectors was increased from an average of \$90,000 to approximately \$128,000 to accommodate additional staffing for the Counting Boards.

**The city is** (always) actively recruiting for the Election

Inspector positions, she continued, and, ideally, they will be able to hire tech-savvy workers to operate the Central stations. The staffing increases will remain in all elections (odd-year November, even-year August primaries and November generals, and the Presidential Primary coming up in early 2020), with the only fluctuation being how many elections we have in a budget year.

As far as actual AV ballots are concerned, Dickson says she

See VOTING, page 2

## Water and Sewer Rates Headed Up

by CYNTHIA KMETT

No surprise these days when a rate hike happens. Check your health insurance or cable bill to see if that’s a true statement. So, you shouldn’t be surprised that last week, Troy City Council approved new water and sewer rates if there’s any good news. Troy’s rates are much, much lower than many other cities, because Troy has always taken excellent care of our sewer system.

**And we can’t** blame these increases on city government. The rate adjustments are a result of increased prices charged to the city for wholesale water and sanitary sewer disposal services charged by the Great Lakes Water Authority (GLWA) and the Oakland County Water Resource Commission (OCWRC), respectively.

These adjustments will provide sufficient funds to operate, maintain and make improvements to our Systems, reported Troy Finance Director Thomas Darling, DPW Director Kurt Bovensiepe and Sewer and Water Operations Manager Paul Trospen. The water and sewer rates are reviewed annually and adjusted when required. The last water and sanitary sewer rate adjustments were on July 1, 2018. These new rates will apply when you’re sprinkling the lawn or filling your swimming pool in July.

See WATER RATES, page 2

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# Water and Sewer Rates will Increase Again, Surprising No One

WATER RATES, From page 1

And, remember you can't run your sprinkling system during the day. The city gets a better rate for water we use in the late, late hours.

**This year's rate** was \$39.30 for water and will be \$40.50 in the new budget year, a \$1.20 raise. Sewer rates go from \$27.49 to \$28.20, an 80 cent raise.

Charges for water service to each premises within the City connected with the water supply system, for each quarterly (3-

month) period, shall be \$40.50 per 1,000 cubic feet. Minimum quarterly bills will be \$32.80.

**Charges for sewage disposal, operation, and maintenance service** shall be levied upon all premises having any sewer connection with the public sewers.

Those premises using metered water will pay \$28.20 per 1,000 cubic feet of water consumption for sewage disposal and maintenance charges.

It's anticipated that you can

expect your quarterly water and sewer bill to increase about \$7.80.

**Council adopted** four budgets last week. First was the city's annual 2019/20 and three-year budget. If you expected this would be a unanimous vote, you are wrong. Mayor Dane Slater voted no. It was actually the principal of the thing when it came to not having much money being set aside for trails and pathway projects. He had argued that \$750,000 should be saved in each of the coming three years during the budget study sessions, but he couldn't get support for the measure, perhaps because there's no real plan for where such trails

might go. He also has concerns about library funding when the current funding ends in the third year of the budget. This will probably be a hot topic in a year or so, as many feel that the Troy Library should have standalone funding as it does in many other cities.

**The general fund** is anticipated to take in \$65,859,929, with the tax rate of 6.50 mills for this fund. There's also a refuge millage of 1.09 mills and a tax for the library fund of 0.6841 and the general debt service fund of 0.40. Other taxes include the school taxes, intermediate school district, and SMART. So Troy is

only collecting those taxes and passing them on to other government agencies.

Council also adopted budgets for Adoption of the Troy Brownfield Redevelopment Authority (BRA) Proposed Fiscal Year 2019/20 Budget and Three-Year Budget, and the Joint Local Development Finance Authority Troy Subcommittee

**Proposed Fiscal Year 2019/20 Budget and Three-Year Budget**, as well as the Troy Downtown Development Authority's Proposed Fiscal Year 2019/20 Budget and Three-Year Budget.

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## Absentee Ballot Numbers Could Double in Troy

VOTING, From page 1

expects the number of absentee requests to spike each election through the 2020 Presidential General, then level off to a "new normal" for each type of election.

**Officials have** also requested \$40,000 in Elections Printing to cover the cost of a larger supply of AV ballot envelopes, and AV applications for the 2019 City General Election in November and the 2020 Presidential Primary in early 2020, and in preparation for the 2020 August Primary and 2020 Presidential Elections. Local clerks are required to pay for the odd-year November ballots, so our 2020 Budget request includes the cost of ballots for the City

General Election in November 2019. The County Clerk pays for ballot printing in statewide elections.

Finally, the Clerk Personal Services and Elections Personal Services requested amounts include an increase in overtime and part-time pay to accommodate the increase in AV ballot issuing and preparation. The number of part-time Election Aides hired for five weeks before each election to assist with AV ballots fluctuates according to the size of the election, typically two for City Generals and 4-6 for Presidentials.

**Dickson's request** for 2020 includes funding for three Election

Aides for the City General and, going forward, the requests will be for 5-7 for Presidentials. The Clerk's Office employs four full-time employees, including the Clerk, who all work on AV ballot issuing and preparation. Overtime and comp time amounts will increase as the AV ballot amounts increase.

"We expect that the 'new normal' for City General AV ballot numbers could reach 10,000 (up from approx. 5,500) and for Presidentials it could reach 20,000 (up from approx. 15,000)," she reported to council. The AV ballot season begins 75 days prior to each election, and the typical amount of AV ballot-related overtime per full-time Clerk's employee can reach 30 hours. With the new AV ballot law, the new voter registration law, and the additional hours required by law for AV ballot issuing, overtime demands are expected to increase accordingly, per election type.

Councilwoman Abraham also asked, "When will the restrooms at the dog park be available for the public to use?"

**According to Kurt Bovensiepe**, Public Works Director the problem isn't the city's fault. He said the Daisy Knight Dog Park's restrooms will be available once DTE installs the necessary electrical service. DTE has begun the scheduling process but cannot commit to a date. It could be another month.

However, officials have been working on this service since fall 2018 so it could be a bit longer than normal. "We understand the importance of restrooms at this park and will continue to pressure DTE to provide timely service," Bovensiepe said.

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200 W. Big Beaver Road, Troy, MI 48084

View Important Safety Information & Register at [InspireSleepEvents.com](https://www.InspireSleepEvents.com)



## Meet the Experts at Cosmo Salon Studios' Grand Opening May 20

Cosmo Salon Studios – located at 829 E. Big Beaver Rd. on the northwest corner of Rochester Rd. in Troy – will be celebrating their grand opening on Monday, May 20 from 4-7 p.m. Cosmo will provide exclusive offers, hors d'oeuvres, beverages, and a live DJ for this special event and the public is invited to attend. The ribbon cutting will take place at 4 p.m. They welcome you to see all that Cosmo has to offer and meet their talented staff.

**Cosmo Salon Studios** is your one-stop-shop for all things beauty. It's where stylists take control of their own lives and businesses by owning their own salon. They get the freedom and advantages of ownership without the high upfront costs or risks associated with opening a traditional salon.

As a business owner, it's important to add your own finesse to your business to make it unique and different from the rest. Cosmo allows you to do just that by allowing you the freedom to customize your own studio's design. They also will help you open your own salon with minimum startup costs, so that you can boost your income right from the start. There are numerous studios with window space available and complimentary on-site laundry facilities are available for all the salons to use.

**Run by beauty** experts with a variety of specialties, this diversity helps each stylist find new clients thanks to their neighbors in the same building. Some of the specialty salon businesses include hair stylists, makeup artists, barbers, microblade artists, estheticians, nail technicians, massage therapists, and injectables.

Visit their grand opening event, whether you are a stylist or a client. For more information, call 248-834-2638.



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# Arts & Entertainment



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**TUCA & BERTIE**  
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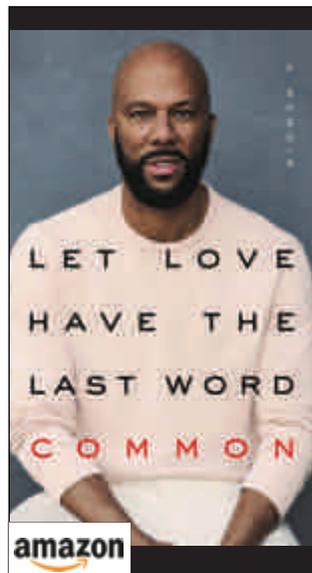
**SWIMMING WITH MEN**  
Comedy, Unrated



**THEY SHALL NOT GROW OLD**  
Documentary, R



**FATHER OF THE BRIDE - VAMPIRE WEEKEND**  
Rock, Columbia



**LET LOVE HAVE THE LAST WORD - COMMON**  
Memoir, Atria Books

## Music

**Live Music at Shield's**  
Thursdays at 7:30 p.m. and  
Fridays at 8:30 p.m. Shield's  
Pizza, 1476 W. Maple Rd.

**Thursday Night Jazz**  
Thursdays at 8 p.m. Goodnite  
Gracie, 224 S. Sherman Dr.,  
Royal Oak

**Open Mic** Thursdays at 8 p.m.  
Goldfish Tea, 117 W. 4th St.,  
Royal Oak

**Lizzo** Wednesday, May 15, 7  
p.m. St. Andrews Hall, Detroit

**Langsford Men's Chorus  
Spring Concert** Friday, May  
17, 8 p.m. First United Methodist  
Church of Troy, 6363 Livernois  
Rd. - Tickets at  
LangsfordMensChorus.org

**Slayer** Sunday, May 19, 8 p.m.  
DTE Energy Music Theatre,  
Clarkston

**Florence and the Machine**  
Friday, May 24, 7:30 p.m. DTE  
Energy Music Theatre

## ON STAGE

**Comedy Open Mic**  
Wednesdays at 7:30 p.m. Mark  
Ridley's Comedy Castle, Royal  
Oak

**Fresh Sauce Improv** Sundays  
at 9 p.m. Go Comedy! Improv  
Theater, Ferndale

**Company** May 17-June 1, Avon  
Players, Rochester Hills

**Oklahoma!** May 17-June 9,  
Stagecrafters, Royal Oak

**The Marvelous Wonderettes**  
Now thru May 19, Meadow  
Brook Theatre

**The Fantasticks** Now thru May  
19, Ridgedale Players, Troy

**Guys and Dolls** Now thru May  
19, The Village Players,  
Birmingham

## AROUND TOWN

**Social Knit & Crochet**  
Wednesdays at 6 p.m. The Yarn  
Stop, 25 S. Main St., Clawson

**Cosmic Bowling** Fridays at 7  
p.m. at Escape, 1950 E. Square  
Lake Rd.

**47th Annual Spring Plant  
Sale** Tuesday, May 14, 10 a.m.  
Cranbrook House & Gardens -  
Includes Fairy Garden  
demonstration

**Detroit Zoo After Hours**  
Thursday, May 16, 6 p.m. Detroit  
Zoo - 18+ event

**Meet Your Best Friend at the  
Zoo** Friday, May 17 at 12 p.m.  
and Saturday, May 18 at 10 a.m.  
Detroit Zoo - Free-to-attend animal  
adoption event in partnership with  
the Michigan Humane Society

**Midnight Madness: Raiders  
of the Lost Ark** Friday, May 17,  
11:59 p.m. Landmark's Main Art  
Theatre, Royal Oak

**Quizzo** Friday, May 24 at 7 p.m.  
St. Julian Winery, 518 W. 14 Mile  
Rd.

## LIBRARY

*All events take place at the Troy  
Public Library, 510 W Big Beaver  
Rd, unless stated otherwise. To  
register, visit [Troypl.org](http://Troypl.org)*

**Heart Healthy Eating**  
Monday, May 13, 7 p.m.

**Meet the Author: Kenson J.  
Siver** Wednesday, May 15, 7  
p.m. "An Uncommon Criminal" is  
about Southfield Mayor Siver's  
great-grandfather, an  
international con artist

**Books & Brews** Monday, May  
20, 6 p.m. Held at Joe Kools,  
1835 E. Big Beaver Rd.

**Rock and Roll: How it Came  
to Be** Monday, May 20, 7 p.m.

## KIDS & TEENS

*All events take place at the Troy  
Public Library, unless stated  
otherwise.*

**Tween Craft Lab** Wednesday,  
May 15, 7 p.m.

**Paws to Read with Bentley**  
Thursday, May 16, 4:30 p.m. -  
Practice your reading skills with  
Bentley, a Lab/Bernese Mountain  
Dog

**Troy Schools Battle of the  
Books** Friday, May 17, 5:30 p.m.  
Free to all teens who have read at  
least three of the BoB titles.

## SAVE THE DATE

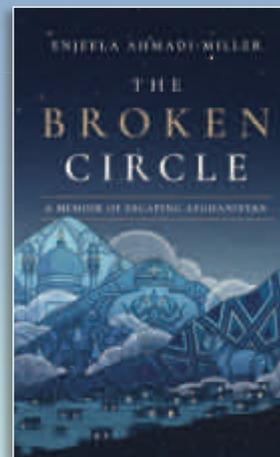
**Built to Spill** Sunday, June 30,  
7 p.m. St. Andrews Hall, Detroit

**The Bouncing Souls**  
Wednesday, August 14, 6 p.m. St.  
Andrews Hall, Detroit

**The Black Keys** Saturday,  
October 5, 7 p.m. Little Caesars  
Arena

*To submit an event, email  
[News@gazettemediagroup.com](mailto:News@gazettemediagroup.com).  
Submissions run in the paper space  
permitting. To advertise an event, email  
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## GAZETTE RECOMMENDS...



### THE BROKEN CIRCLE

I cried so many times while reading this book. "The Broken Circle: A Memoir of Escaping Afghanistan," by Enjeela Ahmadi-Miller, is a sweeping and poetic look at a family's desperate escape from Afghanistan in the early 1980s. Enjeela and her siblings flee Kabul under the cover of night and embark on a five-year journey to eventually reunite with their parents in India. This is a story about the brutalities of war and a young girl's will to survive. It shows families aren't defined by place, but by the love they have for one another.

- Elena Durnbaugh, Editor

# Noni's Grille is More Than Just a Coney and Could Become Your New Favorite

by CYNTHIA KMETT

With a host of new restaurants along Big Beaver and the Rochester intersection, there's one you might want to try, Nino's Grille. The original eatery was founded in 1985 by brothers Noni and John Vulaj, who have been very successful restaurant owners in both Detroit and Roseville. This eatery could quickly become one of your favorites.

Some people who have visited the new Noni's Grille on the site of the former National Coney on Rochester Road were expecting the same food and cost. Well, Noni's is much more than a coney. In fact, there are only five items under the "coney" caption and one is a plain hot dog, and that's on five pages of offerings in very small type.

The new eatery is actually very attractive. Everything is completely new in black and tan upholstery, and the 200-seat restaurant including the restrooms is spotless. There's a hostess to seat you and provide a menu when you enter, and ice water appears magically within seconds.

You will need a few minutes to read the extensive menu. If you

come for breakfast, no need to worry. Noni's serves breakfast all day, and they're open from 7 a.m. to midnight. Portions are all large, very generous. I ordered the Chicken Florentine Crepe for lunch (only one, you can have two) and it was not only delicious, but I also had some to take home for later. There are a dozen kinds of omelets, a host of All-Star Specials, plus lots of Pancake, Waffle and French Toast selections, and even breakfast sandwiches.

The menu goes from A for appetizers through a large selection of salads, soups, deli sandwiches, subs, burgers, melts, wraps, pitas, classics like grilled cheese and ciabattas, before the pages with entrees. There are hot sandwiches, too, that come with veggies and mashed potatoes. Yes, Noni's has desserts, too. I'm pretty sure that this menu has something for everyone.

If you want a full meal, take your pick from steak and chops to Greek or Italian. There are even Mexican dishes. Most full meals come with very good freshly baked rolls, choice of potato and a choice of soup, salad or coleslaw. Be sure to ask about the

soups for the day; there are usually up to six different kinds.

"Our soups are made from scratch daily," says General Manager Rosie Lulgjuraj. She also notes that people are more worried about healthy eating today, so butter and salt are more limited in cooking. "We pride ourselves on healthy, homestyle cooking," she adds.

It wouldn't be a real restaurant for me if they didn't have seafood. I've sampled the Grilled Salmon and it was excellent. I'm going for the Jumbo Shrimp Dinner next. Despite it not being Thanksgiving, I also tried the Roast Turkey Dinner from the list of Noni's Favorites. It was tender, tasty turkey and more than enough for another meal.

One nice feature of this restaurant is the banquet room that can comfortably seat 40 people. It's perfect for a birthday party, anniversary party, retirement luncheon, business gathering or anytime you have a group of friends who want to celebrate,

As soon as the weather warms up a few degrees, you'll want to sit at the outdoor patio and enjoy your meal.

Noni's Grille is located at 3364 Rochester Rd in Troy. If you're southbound on Rochester use the Michigan left light right in front of Tim Hortons. Give them a call at 248 740-1111.



CUTTING THE RIBBON at Noni's Grille were (left to right) Troy Mayor Dane Slater, Lily Vulaj, her uncle and Co-Founder John Vulaj, General Manager Rosie Lulgjuraj, and Troy Chamber's Director of Membership Services Sheila Denstaedt. Noni's is in the spot on Rochester Road formerly occupied by National Coney Island, but wait until you see the new inside; it's very nice.

Michigan's Polar Bear Heroes Remembrance Centennial.

## 100 years Gone...But Never Forgotten.



It is a little known fact of WW-I that many of Michigan's own Dough-boys were sent against the Red Army in brutal northern Russia.

An event in history that we must pass to each new generation to preserve our heroic heritage.

**On Monday, May 27 at 11AM** you and your family are invited to our 100th Remembrance Anniversary with "Polar Bear" soldiers in WW-I fighting gear.



**On Sunday, May 26 at 3PM** your family is also invited to a wonderful patriotic concert by the famous Birmingham Concert Band and Sing-Along Choir!

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## Troy Police Department Open House

Take a trip down to the station to visit Troy Police and learn more about what they do during the Troy Police Open House.

On Saturday, May 18, from 11 a.m.- 4 p.m. visit the police

department to see K9 demos, emergency vehicle displays, and take a station tour.

The Troy Police Department is at 500 W. Big Beaver Rd.

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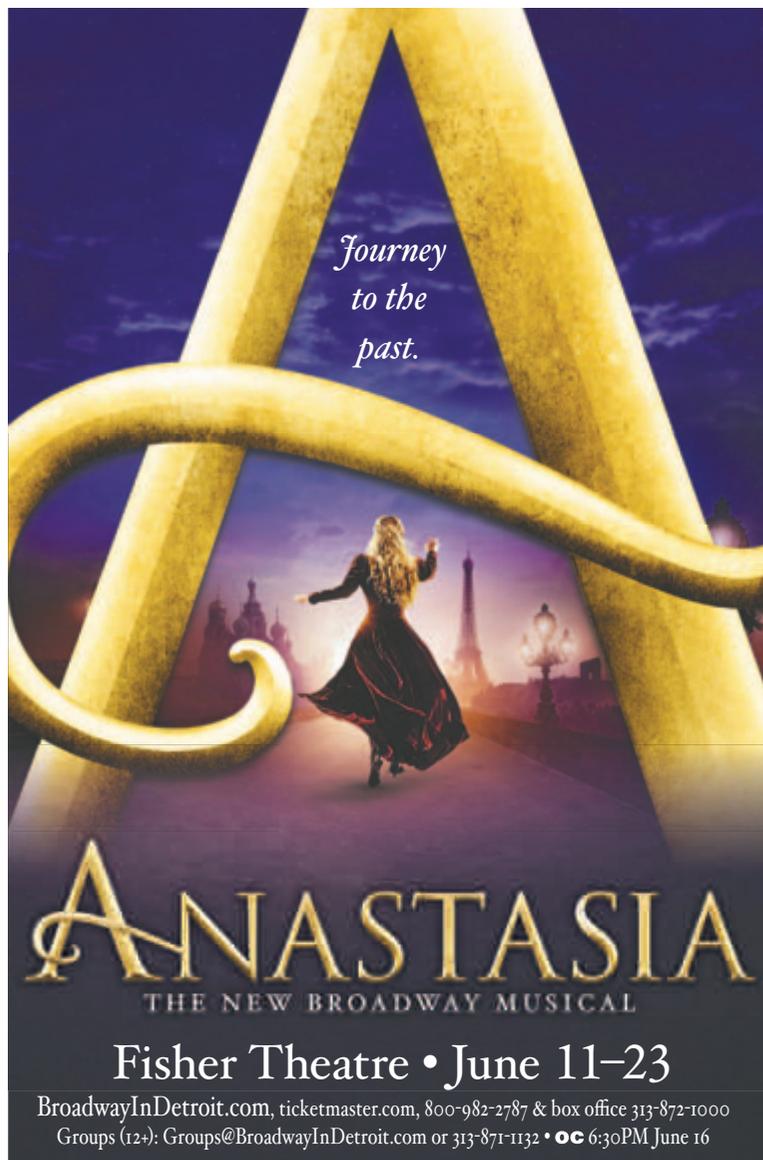
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## Is It Spring or Just Fraud Season in Troy?

### POLICE PATROL



by  
CYNTHIA KMETT

■ **THIS NEWS WILL CERTAINLY RUIN YOUR DAY**  
- An Alameda

Blvd. resident attempted to withdraw money from their checking account, only to discover that unknown suspects gained access to it and completed four money transfers to the Philippines via Western Union totaling \$3,790, emptying their account. The victim did not give anyone permission to do such and does not know how their personal information was compromised.

■ **FOOD IS NOT FREE** - A Buffalo Wild Wings employee stated to police that four subjects came into the business and were served \$46.17 worth of food and drinks. Three of the subjects quickly left the business without

paying their tab while the fourth subject used the bathroom. That subject emerged and quickly entered a Dodge Charger that contained the three other subjects, and left the area.

■ **SPEAKING OF BAD CUSTOMERS** - TGI Fridays served two patrons \$61.85 worth of food and drinks and when it came time to pay the bill, one of the subjects presented a broken prepaid credit card. The employee was unable to charge their bill to the card so the subject left the business and returned with another credit card that would not work. The employee states the unknown subjects then left the business without settling their bill.

■ **DO YOU HAVE A DRIVER'S LICENSE SOMEONE MIGHT SCAN?** A Quill Creek Drive resident was undoubtedly surprised when he received a call from a subject identifying himself as an agent from Budget Car Rental inquiring about an overdue vehicle. The agent had all of the victim's personal information including his State of Michigan Operator's License Number. He was advised by the agent to file an

Identity Theft Report. The victim does not know how his personal information was compromised.

■ **COMERICA BANK STEPPED UP TO PROTECT THIS VICTIM'S ASSETS** - A Bank Teller from Comerica reported an unknown subject came into the business and attempted to cash a business check that was determined to be fraudulent. The subject presented a State of Michigan Identification Card, identifying himself as a 44-year-old male from Detroit. The subject left prior to the officers' arrival.

■ **ANOTHER BANK STEPS UP FOR A DEPOSITOR** - Phoenix Wire Cloth was notified by their bank that an unknown subject attempted to cash a fraudulent check for \$2,411 that was drawn off the business account. The check was made out to a subject from Fresno, California and was not cashed by the bank.

*Note: If you have any information on the crimes above, call the Troy Police Department at 248-524-3477. If you wish to remain anonymous, you may call 524-0777.*

## Save Yourself the Trouble: Troy Offers Do Not Knock Registry

All Troy residents can enroll in the Do Not Knock Registry so that they are off limits to solicitors. The City Clerk's Office will provide the list to all door-to-door solicitors with their licenses.

"While it still allows religious or political groups to go door-to-door, it does offer peace of mind to our residents, especially with the change in hours for door-to-door solicitation, who often have concerns with strangers coming to their door," City Clerk Aileen Dickson said.

The hours for door-to-door

solicitation are seasonal. From April 1 - September 30, the hours are 9 a.m. - 8 p.m., and October 1 - March 31, the hours are 9 a.m. - 6 p.m.

People must have a permit with them while going door to door to sell-not in their car or with their manager. Solicitors must not go to addresses on the Do Not Knock List. They are required to access the list before beginning their route.

Window clings for the Do Not Knock Registry are available at all city buildings.

Residents should contact the non-emergency Police Department line at 248-524-3477 if someone is at their door in violation of the Do Not Knock or if they feel a solicitor is being aggressive or harassing them.

Residents should contact the City Clerk's Office at 248-524-3317 with complaints or questions.

People can register for the Do Not Knock Registry on the City of Troy webpage, at [Troymi.gov/DoNotKnockRegistry/](http://Troymi.gov/DoNotKnockRegistry/) or by contacting the City Clerk's Office.



**THE TROY FIRE DEPARTMENT** visited Stonecrest of Troy last week to show off Engine 2, and discuss various fire safety and prevention techniques.

# Spring Senior Guide

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**WELLNESS TRAINING INSTITUTE**

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## Senior Programs at Troy Historic Village



For the past twelve years, seniors have taken tea while enjoying a slice of history inside 1837 Old Troy Church at the Troy Historic Village. These monthly "Thursday Teas at Two" feature a variety of speakers and topics – everything from Jane Austen to paleontology to the Lone Ranger.

Tea tickets may be purchased in advance in the Village Store or by phone at 248-524-3570. Ticket

price includes Village admission, tea, and cookies.

Village staff have recently started taking history programs directly to senior living communities, churches, clubs, and community centers. "Group Gather" outreach presentations feature topics such as Michigan women, stories behind local street names, Michigan in the Civil War, and the history of holiday traditions. New topics will debut this year, including a modern history of men's fashion and 19th- and 20th-century explorers.

For details, call 248-524-3570 or visit [Troyhistoricvillage.org/](http://Troyhistoricvillage.org/).

## Your Bridge to Recovery and Wellness

by  
JULIE RYAN RN, CCM  
Vice President of Business Development  
Director of Managed Care  
The WellBridge Group

After surgery or hospitalization, not all patients are not ready to return to their homes right away. WellBridge provides a bridge to recovery and wellness and from hospital to home. Their eight Michigan locations offer short-term rehabilitation and skilled nursing services such as physical therapy, occupational therapy, and speech therapy in a

therapeutic atmosphere.

WellBridge provides care for adults involved in auto accidents, work-related injuries, or those who have been hospitalized for surgery, like hip or knee replacement. Their centers also provide a place for those who have been hospitalized for illnesses such as a stroke or heart attack. In addition, WellBridge offers inpatient hospice care and long-term care options for those in need.

"WellBridge is set apart from other rehabilitation facilities by our state-of-the-art center and our philosophy to provide our guests with an experience that is truly

EPIC – Excellent, Passionate, Innovative, and Caring," says Julie Ryan, Vice President of Business Development and Director of Managed Care for WellBridge. "With surroundings that resemble an all-inclusive healthcare resort, WellBridge provides an environment that is conducive to wellness."

With state-of-the-art rehabilitation equipment



## Hear What Former Guests Say About Their WellBridge EPIC Experience



"I would recommend to others."

"More than excellent!"

"Everyone and everything was great. I enjoyed the stay."



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including an anti-gravity treadmill and specialized services such as massage therapy, ultrasound, electromyography, biofeedback, e-stim, VitalStim, diathermy and lymphedema therapy – guests of WellBridge are able to achieve exceptional results, allowing for a quick recovery and a swift return back home.

While at WellBridge, guests experience a number of amenities that make their stay comfortable. There are mostly private suites available with private bathrooms that have European-style showers. Beds feature Tempur-Pedic mattresses. Rooms are equipped with smart TVs, as well. The centers have complimentary Wi-Fi.

On-site services include chef-prepared meals and the WB's Fresh Bistro, which is open to the public and proudly serves Starbucks. Guests can also opt for room service. There is a full-service, on-site salon, as well as massage therapy services with one complimentary massage for WellBridge guests.

To aid in the transition from the hospital to WellBridge, a liaison meets with the patients and their families at the hospital to answer questions and works with the hospital discharge planner to make the transition as smooth as possible. Following a stay at WellBridge, Care Transition staff members can also help arrange any services needed at home, such as equipment or home healthcare.

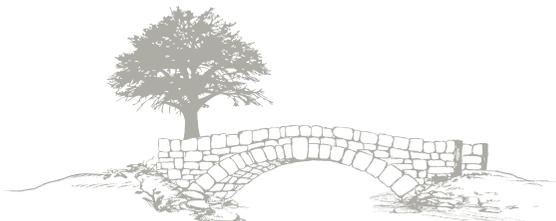
WellBridge has eight locations in Livingston, Oakland, Macomb and Genesee counties. For more information on locations and services available from WellBridge, visit [Thewellbridgegroup.com/](http://Thewellbridgegroup.com/).



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Schedule your visit TODAY!

Assisted Living | Memory Care



## Free Seminar on Pre-Arrangements by White Chapel Planning Director

For many people, thinking about their own funeral can be daunting, but there are many benefits.

**White Chapel** Memorial Park Cemetery Advanced Planning Director John Ohnstad and certified Michigan funeral practitioner Scott Hurrell will give a free seminar on pre-arrangements at Big Beaver United Methodist Church Family Center on May 20.

Planning ahead lets people express their own wishes, relieve emotional burdens for loved ones, and provide information for their services. It can also relieve

financial burdens and allow people to make decisions at their own pace without emotional stress. Then, they can share their choices with their family, or make decisions together.

**Ohnstad has** been in the cemetery business for 34 years and Hurrell has been with A.J. Desmond and Sons Funeral Home since 2007. At the seminar, there will be a question and answer session.

The event begins at 10 a.m. Big Beaver United Methodist Church Family Center is at 3753 John R Rd. To learn more, call 586-939-5306.

## Three Type-2 Diabetes Misunderstandings



by  
NICOLE MARTIN, Integrative Health Coach Wellness Director Of Wellness Training Institute

You know what the biggest commonality is with every type 2 diabetic member we see in the beginning? They have been told that you need to take this medication (metformin or some variation) for the rest of your life, and this condition is likely to get worse. How is that for dropping a bomb on a patient, and painting a bleak future?

Unfortunately, if you follow those directions, and do nothing else, it's true. You're likely going to get worse. Of course, there are many more steps we take our members through that completely change the game. Our members know they don't have to get worse. In fact, they experience phenomenal changes. There are three basic misunderstandings that the majority of diabetic patients have about their condition. If they believe and live as if these misunderstandings are true, they will sabotage their potential for a healthy future. What are those 3 misunderstandings?

### Misunderstanding #1: Diabetes Always Get's Worse

According to the Centers for Disease Control, "Diabetes is Preventable and Controllable." I would personally add to that reversible. I have seen it enough times to say with conviction that Type II diabetes is reversible. By taking a functional approach to diabetes that incorporates the proper lifestyle, diet, and advanced nutritional protocols, not only does it not have to get worse, it can improve and completely reverse.

### Misunderstanding #2: Diabetes Is Genetic, You Just Have To Learn To Live With It

There is absolutely a genetic component to this disease. Certain people are more predisposed to diabetes than others. What you may have failed to understand is that if you properly control the components of the disease that are in your control, namely diet, lifestyle, and the advanced nutritional protocols available, then you can trump genetics. The part of this disease within your control is greater than the component not in your control.

### Diabetes Misunderstanding #3: As Long As You Take Your Medication Diabetes Is Not That Big Of A Deal

Not that big of a deal? Certainly, you have read the side effects, both from the medications and the disease itself – Neuropathy, Peripheral Vascular Disease, Heart Attack and Stroke, Eye Disease, Weight Gain, and Fatigue.

We live in the information age. We are drowning in information. You may come to believe the three common misunderstandings by reading various sources on the internet or speaking to a friend or family member. Accepting them as fact only leads to disempowerment. If you feel that nothing can be done about this disease except take some pill, then you will steadily coast along the diabetes pathway. Eventually becoming dependent upon insulin, and day by day moving closer to the side-effects I listed above. Is that the life you want? Is that what your future, your golden years should hold? I don't think they should and I know you don't think they should either. If you are struggling with diabetes or struggling with the "pre-diabetic" stage.

*We would love to help get you on the path to change the direction of your health! Call us at the Wellness Training Institute anytime, 586-554-7515.*



This is a lifestyle program and is not designed to treat or cure disease.

## Imagine Living Without Diabetes!

### Attention: Diabetics and Pre-Diabetics

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### Reversing Diabetes

Board Certified Cardiologist and Leading Wellness Expert'

**Dr. Michael Dangovian, D.O.**

Are you already taking at least one diabetic drug and have the desire to reduce or eliminate your dependence on these potentially dangerous drugs?

**Tuesday, May 28th at 6:00pm**

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"I am a **15+ year type 2 diabetic**, who has tried every diet program out there to try to control my diabetes and be healthy, but nothing seemed to last. The caring staff and Dr. Dangovian opened my eyes to a **whole new way of life!**" – Debbie O.

"If you would have told me six months ago I could **lose 26lbs, drop my A1C score, eliminate diabetes medication**, and run up a flight of stairs without stopping to catch my breath, I would have thought you were crazy." - Janice S.

**Limited Seating Available – Call 586-554-7515 NOW!**

## Tea Party for Fifty Plus

How do you take your tea?

Sign up by Tuesday, May 21 to enjoy a tea party with the Troy Fifty Plus group on Wednesday, June 5, at the Ellis Barn in Springfield Oaks.

**Tea party guests** will learn about the history of tea, while enjoying appetizers, desserts, and, of course, a good cuppa.

The cost is \$25 for Troy residents and \$35 for non-residents. The event takes place from 8:30 a.m. to 12:30 p.m. Transportation will be provided by Oakland County Bus. People can meet at the east banquet entrance for pick-up. To learn more, visit [rec.troy.mi.gov/fiftyplus](http://rec.troy.mi.gov/fiftyplus) or call Troy Recreation at 248-524-3484.

## Brunch and Learn: Fraud Prevention

Seniors can learn about the signs of identity theft and scams during this month's installment of the Brunch and Learn Series, presented by Friends of Troy Seniors.

**On Wednesday, May 15,** Officer Greg Pokley from the Troy Police Department will teach people how to protect their personal information online and in the real world. Attendees will also learn what to do if they become an identity theft victim.

The presentation is from 9:30-11 a.m. in Room 304 of the Troy Community Center. The center is at 3179 Livernois. To learn more, call the Friends of Troy Seniors at 248-526-2608.

## Fifty Plus Free Health and Wellness Series

The DMC is inviting Troy seniors to get outside and get active during their free health and wellness series offered in partnership with Troy Recreation.

This month, people can learn how to work out hand and shoulder pain in the garden at Garden Ergonomics. The presentation will be on May 30, from 11 a.m. -12 p.m., in Room 301 of the Troy Community Center.

**Next month,** seniors can learn about cardiovascular exercise and strength training at the Cardio and Strength Training Info Session. People will gain an in-depth understanding, including the benefits of both cardio and strength training, how to find their target heart rate, and how to structure their own exercise program. The class will be on Thursday, June 13, from 1-2 p.m. in Room 301 of the community center.

Those interested in attending the programs must register. To learn more visit [rec.troy.mi.gov](http://rec.troy.mi.gov), or call 248-524-3484.

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a Senior Lifestyle community



## American House Provides Seniors With Comfort

American House was inspired by Bob Gillette's mom, Mildred "Billie" Gillette. He was concerned about finding her a home that was safe and comfortable. It was 1979. Now, 40 years later, the company's dedication to excellence has endured for four decades.

**Gillette's mission** was always to enrich the lives of those American House serves, providing an environment that fosters meaningful relationships. His vision was to create an innovative senior housing company with sustainable excellence and stakeholder value, which had an unparalleled commitment to passionate care provided by compassionate people.

One of the larger American House communities is on Adams Road, just north of South Boulevard in Rochester Hills. Executive Director Roxann Brown has been working there for 22 years, making sure life is lovely for her aging residents. She is also executive director of Terrace, which has 84 single units.

**Seniors can also** choose more independent living at American House, which they can stay in as long as their health permits. Executive Director Laura Kujawski takes care of these residents' needs.

When deciding on a new place

for a parent to call home, Brown recommends that people take a tour. She suggests both a formal tour, when the staff will have time to answer questions about services and costs, and a drop-in tour to talk to residents and see if they are happy and well taken care of by staff.

**American House Senior Living Communities** provide a supportive and enriching environment with all the comforts of home. In addition to independent living and assisted living, American House can also provide memory, respite, and hospice care

Residents can choose to engage in activities or to spend time in their private apartment. Seniors go to Meijer and Walmart every week, like movies and games, and go on excursions. Last weekend, they went to the DSO.

Brown said that in the evenings, people like to sit in the modern, comfortable gathering space and "just chat" with each other.

*If you'd like to visit, there are American House locations in Rochester Hills, at 3741 S. Adams Rd. and 3617 S. Adams Rd, and in Sterling Heights at 11255 15 Mile Rd. To learn more, visit [Americanhouse.com/](http://Americanhouse.com/).*



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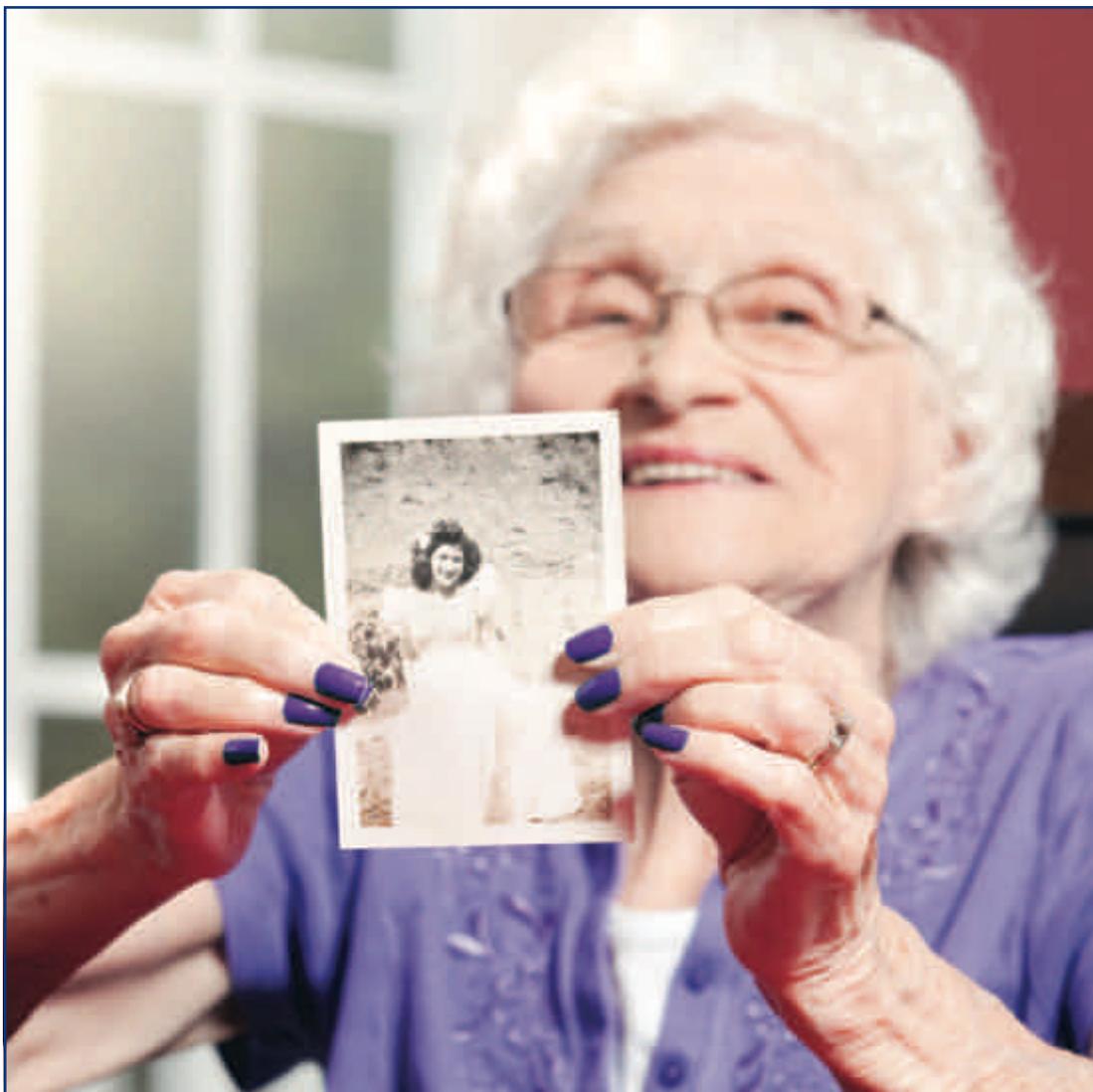
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## Tuesday is still salon day!

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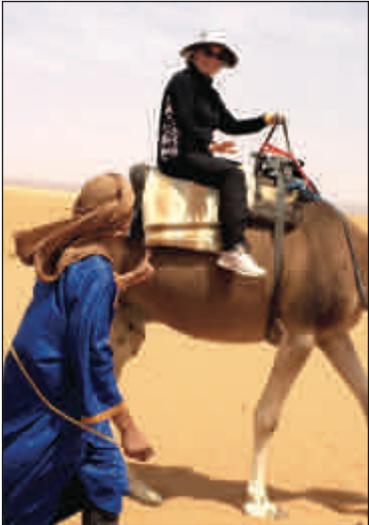
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## Henry Ford Village Seniors Find the Freedom to Travel the World

Even on the most relaxing vacation, it can be difficult for many people to ignore the feeling they forgot to lock the back door or left the stove on. Residents at the Henry Ford Village in Dearborn, a life plan community of nearly 1,000 residents, enjoy the luxury of travelling while having the peace of mind that comes with living in a tight-knit community.



CONNIE DOMPIER rides a camel through the Sahara Desert in Morocco.

"The fact that we can just close the door behind us and feel confident that everything will be just as we left it when we return is very comforting," 12-year resident Connie Dompier said.

Dompier and her husband were just beginning their retirement and looking forward to seeing the world before moving into the village. A few household mishaps while they were traveling encouraged them to seek out a more accommodating living situation.

"The little worries can take you out of the moment," Dompier said.

Life at the Henry Ford Village allowed the couple to travel with ease. Now, Dompier continues to canvas the globe absorbing new cultures and landscapes. From the Peruvian rainforests to the Southeast Asian villages of Cambodia and Vietnam, throughout Europe and Africa, she is constantly adding new checkmarks to her map.

"It is hard to put a price on the ability to travel," 14-year village resident Bob Cosey said. "The security and conveniences we're given offers us the freedom to move around."

During his time at the village, Cosey has achieved his lifelong goal of stepping foot on all seven continents. He travelled the Antarctic region, including the

South Pole, by ship. He described this rarely traveled continent as one of the most beautiful places in the universe and was further inspired to visit the North Pole, despite thinking Antarctica may be his last big adventure.

Cosey, a hobbyist photographer, shares his experiences with his fellow residents through his photographs, which are often displayed around the village. He also hosts regular travelogue presentations following his journeys. In addition to the North and South Pole, he has explored Tanzania, Serengeti and, most recently, Cuba.

"Sharing my experiences

makes them all the more meaningful," Cosey said. "It is great to share everything I've seen and learned with my friends and neighbors here. And for those that enjoy travel like I do, they can find some inspiration and start planning their next trip."

Travel is an important part of Dompier's life, too.

"I hope to see many, many more places while I still have time," she said. "My lifestyle at Henry Ford Village allows me to head out and not look back until it is time to head home."

To learn more about Henry Ford Village, visit [henryfordvillage.com](http://henryfordvillage.com) or call 877-660-1807.



HENRY FORD VILLAGE resident Bob Cosey shares his photos of the Serengeti with fellow resident Phyllis Cornell for Henry Ford Village Community Television.

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**Memorial Day and Unforgettable Memories**

By **MARIANNE McCaULEY**, Director of Sales and Marketing, Stonecrest of Rochester Hills

When my father enlisted in the Navy in 1944, I'm certain he wasn't thinking about where he would be almost 75 years later. Yet, here we are.



**MARIANNE McCaULEY**

By all standards, he had a pretty wonderful life. He was married to his best friend for almost 50 years, had five healthy children, thirteen grandchildren, a countless number of friends and a career he could be proud of.

Being the daughter of an American veteran, I grew up believing that my Dad was the strongest, bravest man alive. He was always the one I went to. My personal taxi until he finally taught me to drive, my tutor when I needed a higher score on my college entrance exam, and a strong back when I needed my piano carried up two flights of stairs into my first apartment. He let me know when I was making a mistake and held me close while I cried with a broken heart. He was, quite simply, my hero.

**Then something** strange happened. I grew up and my Dad grew older. Little by little, I began to notice that our roles were changing. I was the one driving him to doctor appointments, lifting his walker out of the trunk, and guiding him over the cracks in the sidewalk. I wrapped my arms around him while his doctor suggested that it wasn't safe for him to live at home alone any longer and I tried to help him decide what to do next.

*How to choose?  
Should he move in with my husband and I?  
Should he stay at home and hire a caregiver?  
Should he move into a senior living community?*

With Memorial Day right around the corner, I find myself reminiscing about my father and the way he changed the course of my life even after he was gone.

**Today**, years after his death, I have the privilege of serving senior veterans just like him. As the Sales and Marketing Director of Stonecrest of Rochester Hills Assisted Living and Memory Care I have the honor of meeting with veterans and their families to help them navigate the options available in Senior Living and care choices. At Stonecrest of Rochester Hills, we love our veterans, and currently have over twenty WWII, Korean Conflict and Vietnam Veterans living with us. One of our favorite outings is the Veterans Connection meeting at the Older Persons Commission. We meet on the second Wednesday of every month at 10 a.m., and all veterans, spouses, friends and family are invited to join us. Stonecrest of Rochester Hills remembers our veterans who have passed before us, and honor those we can share our days with.

**Stonecrest of Rochester Hills is located at 1775 S Rochester Rd., just north of Bodine's Nursery. Call 248-266-7680 to schedule a private lunch and tour today.**



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\* Johns Hopkins and the National Institute on Aging study.

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## Kick Off Summer the Right Way with First-Ever Rock 'N' Rides Festival in Downtown Royal Oak

Celebrate the start of summer while helping to support more than 20 area charitable and community organizations at the first ever Rock 'n' Rides Royal Oak, taking place Thursday, June 20 through Sunday, June 23.

The festival focuses on bringing together many of the charitable and community groups in the surrounding area for a large, family-friendly gathering with the opportunity for partner organizations to raise funds for their organizations.

"Rock 'N' Rides Royal Oak is an amazing opportunity to bring the community together to support the charitable and community organizations that positively impact the lives of our neighbors and have a whole lot of fun at the same time," said Brett Tillander, CEO at Metro Detroit Youth Clubs. "We'd like to invite

everyone out to learn about the great work of these organizations. We hope to see this festival continue for years to come."

The festival includes a carnival comprised of 18 family and thrill rides, including the Cliffhanger, Ring of Fire, Scrambler, Vertigo, Tornado, Wet Boat, Jumpin' Jumbos, TinselTown, and more.

Rock 'n' Rides Royal Oak has a lineup of activities for kids, including live entertainers ranging from magicians and musicians to puppet shows and performances from local schools and community groups.

Downtown Royal Oak will transform 5th Avenue between Washington and Center streets into a Block Party featuring craft beer from local breweries including ROAK Brewing and River Rouge Brewing Company. It

also will be home to the Soaring Eagle Casino & Resort Music Stage, featuring more than 20 bands throughout the weekend.

For every \$5 ticket sold, \$3 will be donated to charitable organizations. Each charitable partner also will receive a part of the carnival revenue and sales from beverage booths.

Tickets are available at [Rocknridesro.com/tickets/](http://Rocknridesro.com/tickets/). Children under 3 are free. Festival entrance is free all day Thursday, June 20 and Friday, June 21, until 5 p.m. After that, the price is \$5 and is good for the entire weekend.

## Troy Family Aquatic Center Season Starts Soon

The Troy Family Aquatic Center opens Friday, May 24, at 11 a.m. Individual and family season passes are available for purchase at the Troy Community Center until the aquatic center opens. Individual passes cost \$70 for residents and \$110 for non-

residents. Family passes cover four members and cost \$220 for residents and \$370 for non-residents.

To learn more about the aquatic center and season passes, visit [rec.troy.mi.gov/tfac](http://rec.troy.mi.gov/tfac) or call 248-524-3484.



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## MiSci invites guests on an ear-opening journey with Global Soundscapes

The Michigan Science Center (MiSci) recently introduced the Metro Detroit community to the emerging field of soundscape ecology with the debut of Global Soundscapes: Mission to Record the Earth, a new theater experience combining giant screen images, surround sound, and a live presentation.

Global Soundscapes takes guests on a mission to investigate the dramatic soundscapes of

Costa Rica's rainforests, Hawaii's coral reefs, and Mongolia's vast grasslands. Viewers will learn about the tools that scientists use to record and analyze sounds.

Global Soundscapes will be shown on weekends through the spring with an expanded schedule this summer. Tickets are available for an additional \$6 for the general public and \$3 for MiSci members. Showtimes and tickets are available at [Mi-Sci.org/](http://Mi-Sci.org/).

## Troy Forensic Students Receive MIFA Awards

Students from Troy High School earned several awards for their performances at the Michigan Interscholastic Forensics Association State Tournament last weekend at Oakland University.

Forensics is a competitive speaking and acting competition. Over the two-day tournament, 800 students participated in 5,000 events where they gave presentations in public address or interpretive categories. The presentations are awarded points based on content, clarity, and physicality or platform conduct. Troy's team received the eighth highest number of points in the state.

In the State Multiples category, Troy took first place. The theme for this year's multiples competition was musicals. Seven students performed a 15-minute rendition of Shrek. Troy Forensics teacher and sponsor Harriet Clark said that the students gave a great

show.

"Other teams and observers were telling people to 'Go see Shrek perform—they are amazing!'" Students in the group included Trinh Pafford, Sean Hodges, Shane Held, Hannah Cheshire, Traci Li, Elsie Plane, and Ravi Joseph.

Senior Prisha Grover took sixth in the state finals impromptu category. Grover received a quote and had one minute to prepare a five-minute speech that she delivered to judges. Junior Sonia Ahmed took seventh in dramatic interpretation. Sophomore Maggie Huber placed 10th for prose, and junior Dhruv Muralidhar and sophomore Apoorva Mirji also place in the oratory and informative categories.

Overall, 23 students from Troy qualified for state finals. To learn more about the Michigan Interscholastic Forensics Association, visit [Themifa.org/](http://Themifa.org/).



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## Troy Schools' Destination Imagination Teams to Compete in Global Finals

Two Troy School District Destination Imagination Teams – collectively known as Troy Creative Minds – have emerged from the pack and will be representing Troy and competing in DI Global Finals in Kansas City, MO at the end of May.

**Team #1** "Lettuce Explode" is from Boulan Park Middle School, and team members are Lillian Jing, Olivia Xu, Noelle Kwok, Ankita Pednekar, Lia Toltzman, Jessica Wu, and Jessica Bradke. They competed in the Middle-Level Fine Arts Challenge winning placing 1st at the Regional level and 1st at the State Level in East Lansing on Saturday, April 13. They are excited to attend and represent Troy and are fundraising to cover travel expenses. They have established a GoFundMe account at [Gofundme.com/troydi/](http://Gofundme.com/troydi/).

**Team #2** are the "Super Peaches," from Smith Middle School, and their team members are Xylo Fegley, Grace Haugk, Breanna Kitchen, Alanah Coffey. They also competed in Regionals and then at States in East Lansing, and won 2nd place at the Regional level, and 1st place at the State Level.

"DI is a lot of hard work and a lot of commitment, but every second is worth it because we've learned teamwork and how to



**Team "Lettuce Explode" is from Boulan Park Middle School. They competed in the Middle-Level Fine Arts Challenge taking home first place at regionals and first at states. They're now raising funds to compete at the global finals. You can donate to their efforts at [Gofundme.com/troydi/](http://Gofundme.com/troydi/).**

harness our creativity," said Haugk. "We're so excited to represent Troy at Globals!"

The Peaches' GoFundMe account is [Gofundme.com/fkrqt-destination-imagination-global-finals/](http://Gofundme.com/fkrqt-destination-imagination-global-finals/).

And a new fundraising opportunity has just been

scheduled to help the teams get to Kansas City. On May 15 from 11 a.m. - 9 p.m., dine with Crispelli's Bakery and Pizza at 645 E. Big Beaver in Troy, mention Troy Creative Minds or Destination Imagination, and they will share 10% of all proceeds with the teams.

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## 80s Themed Glow Night Returns to West Bloomfield Adventure Park



TreeRunner West Bloomfield Adventure Park is kicking off its 2019 Special Event Campaign with a sensational 80s-themed Glow Night on Friday, May 17 from 7-10 p.m.

All paid climbers will receive glow attire. The big hair marathon, totally tubular toss, and 80s music trivia will entertain and amuse. All climbers attending in 80s attire will be eligible to win free tickets for a future climb.

"Glow Nights are the most popular events at TreeRunner

Parks and tickets sell out quickly," says Park Manager, Thomas Knuth. "We always encourage climbers to reserve their tickets in advance to guarantee a night they won't forget. Climbing, zip lining, and glow attire are included."

**West Bloomfield Adventure Park** is located at 6600 W. Maple Road.

People interested in this event can reserve tickets at [TreeRunnerWestBloomfield.com/](http://TreeRunnerWestBloomfield.com/). For more information about the 80s Glow Night, call 248-419-1550.

## Animal Shelter and Rescue Get Assist From a Couple Red Wings

A couple of Detroit Red Wings, the Oakland County Animal Shelter and Pet Adoption Center, and Do Only Good Animal Rescue are teaming up to help some pets score their forever home. Red Wings Center Dylan Larkin and beloved Red Wings color analyst Mickey Redmond will host a meet and greet at the shelter on Saturday, June 1 from noon - 2 p.m. Red Wing fans can get an autographed photo of Mickey and Dylan in exchange for a \$10 donation to the shelter and rescue.

"Dylan and I both love animals and wanted to give back with an 'assist' for the animals that grace the doors of the shelter and rescue every year," Redmond said. "A donation to both the shelter and the rescue will help ensure that the animals are provided for in terms of housing, medical care, and finding them forever homes."

For an additional \$10 donation to the shelter and rescue, fans can also get an additional item autographed by Larkin and Redmond. Please note there is a limit of one additional item. All proceeds go directly to the shelter and rescue.

"Oakland County Animal

Shelter and Pet Adoption Center provides so much more than just food and water to the animals in our care," said Joanie Toole, chief of the Oakland County Animal Shelter and Pet Adoption Center. "These animals come to us with a variety of illnesses and maladies and our staff have to get them medically sound before adopting them out to the public. When someone pitches in and helps defray some of these costs, it makes a world of difference."

The Oakland County Animal Shelter and Pet Adoption Center helps over 4,000 animals a year, providing shelter, medical care, and adoption services. Do Only Good Animal Rescue has rescued and placed over 393 animals from the shelter since May of 2017.

Oakland County Animal Shelter and Pet Adoption Center Manager Bob Gatt is grateful for the service that Do Only Good Animal Rescue performs, and the assist from the two Red Wings.

"Do Only Good Animal Rescue, through their valiant actions, has filled a gap that is greatly needed here at the shelter," Gatt said. "Without them, we would not be able to place a number of the animals that come into our shelter. Plus, we are so

excited that Dylan Larkin and Mickey Redmond are chipping in to help both the shelter and rescue."

June 1 is also the last day to purchase a dog license before the fees go up on June 2 as they do every year. Michigan law requires that dogs four months of age and older be licensed within their jurisdiction. A dog must have a valid rabies vaccination to obtain a license. Until June 1, a one-year license for a spayed or neutered dog costs \$10.50 or \$28.50 for a three-year license. The license fee for a dog that is not spayed or neutered is \$18.00. After June 1, the fee goes up to \$33. Senior citizen pricing is available for dog licenses.

"We are hoping to see a lot of dog owners meet the licensing deadline on June 1," Animal Control Supervisor Shelley Grey said. "We'll have a number of shelter staff on hand ready to assist anyone with buying a dog license or adopting a pet that day. Getting a dog license is not only the Law but helps in getting your furry friend back home if they should get lost."

For more information, go to [Oakgov.com/petadoption/](http://Oakgov.com/petadoption/) or [Doonlygoodrescue.com/](http://Doonlygoodrescue.com/).

## Oakland Traditional Dance Society Spring Fling

Dance the night away with the Oakland County Traditional Dance Society at its annual Spring Fling on May 25.

Both singles and couples are welcome, and no experience is needed. All dances will be taught at the event. Beginner and refresher lessons start at 7:30 p.m.

and the dance starts at 8 p.m.

The cost is \$12 for adults and \$10 for students. Kids 12 and under are free. People who bring a dessert or snack get \$1 off the cost of admission.

First United Methodist Church of Troy is at 6363 Livernois. To learn more, visit [octds.org/](http://octds.org/).

## Infrastructure Week Program on Water

Oakland County Water Resources Commissioner Jim Nash resumes his year-long series of Water Infrastructure 101- "What You Need to Know Below and Beyond" discussions in recognition of National Infrastructure Week (I-Week) which is observed this year from May 13 to May 20.

During I-Week, Commissioner Nash will engage the public on issues relating to water infrastructure.

Nash and his environmental educational team will kick off Infrastructure Week beginning Monday, May 13 at the WeatherFest Festival. The festival will be held at the Southfield Public Library, from 9:30 a.m. - 5:30 p.m. A closed morning session for children will begin at 9 a.m. to noon and a public session will begin from 1 p.m. to 6 p.m.

On Thursday, May 16, Commissioner Nash will speak about water infrastructure at the Bloomfield Township Public Library from 7:30 p.m. to 8:30 p.m. The library is located at 1099 Lone Pine Road.

For more information, call 248-858-1404 or go to [Oakgov.com/water/](http://Oakgov.com/water/).

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## Salute Fallen Veterans at the City of Troy Memorial Day Observance

Take a few moments to honor and remember the fallen men and women of the military.

The City of Troy will host its annual Memorial Day ceremony on Monday, May 27 at 10 a.m. at the Veterans Memorial Plaza in front of Troy City Hall, 500 W Big Beaver Rd.

The ceremony will include speeches, music, and reflection. Colonel (Ret) James E. Prescott of the United States Army will be the keynote speaker. The ceremony will also include music from the Heritage Concert Band of Troy, raising of the colors by the Troy Police Department Honor Guard,

and the laying of a Memorial Wreath.

The public is welcome to attend. The ceremony will last approximately one hour. For more information, contact the Community Affairs Department at 248-524-1147.

## Lynch & Sons Funeral Directors

After losing a loved one, people often experience anxiety in addition to their grief. Planning the details of a funeral and saying goodbye to a loved one can be made easier if people have the

While specific customs, traditions, and practices differ across cultures and religions, all funerals serve the key purpose of giving people a special time and place to say goodbye.



LYNCH & SONS FUNERAL DIRECTORS Patrick Lynch, seated, and his son Paddy, both licensed funeral directors at the Clawson location on Crooks Road, are shown with a picture of the funeral home's founder, Edward Lynch, the father and grandfather of many of the Lynch & Sons funeral homes across the metro area.

guidance of a caring and knowledgeable funeral home.

Lynch & Son Funeral Directors on Crooks Road, just south of Maple in Clawson, stands ready to guide people through the decisions they have to make.

Lynch & Sons Funeral Directors, one of the largest family-owned and operated funeral firms in the country, began in 1948, with Edward J. Lynch, Jr. It was his belief that the most valuable asset of any funeral service firm was having the trust and confidence of the community.

In the 1970s, his sons, Thomas, Patrick, and Timothy, and a son-in-law, Michael Howell, joined him in forming Lynch & Sons Funeral Directors. Today, the firm operates seven funeral homes in southeastern Michigan.

Patrick Lynch was instrumental in opening Lynch & Sons in Clawson. An active member of funeral service associations, he served as president of the Michigan Funeral Directors Association from 2003-2004 and as president of the National Funeral Directors Association from 2010-2011.

Funeral services have changed over time, explained President Patrick Lynch, who takes care of the Clawson funeral home with his son Paddy Lynch. Many people are opting for cremation because immediate family lives in another state or even another part of the world.

In 2007, PBS Frontline broadcast "The Undertaking," a documentary based on the book by Thomas Lynch. The film, directed by Karen O'Connor and Miri Navasky, was shot in Milford and Clawson and focuses on the role of the funeral and funeral directors among the realities of dying, death and bereavement. "The Undertaking" is used now as a teaching tool in seminaries, universities, medical and mortuary programs across the country. In September of 2008, it won an Emmy Award for Best Documentary in Arts & Culture.

Funerals are often a celebration of a person's life. But no matter how families choose to remember a loved one, Lynch & Sons can assist families with their funeral and commemorative decisions.

Lynch also serves as an advocate of pre-planning, pre-funding, and at-need services and aftercare resources.

"We feel that the best decisions are the most informed decisions, so all funeral arrangements are made by an open, honest discussion with families about costs, fees, and finances, as well as their concerns about the meaning and value of the funeral," Lynch said.

For more information on the many services offered by Lynch & Sons Funeral Director, Clawson, call them at 248-435-0660.

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**Advertising**  
Pam Brown

**Production**  
AJ White  
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TO SUBMIT EDITORIAL:  
News@GazetteMediaGroup.com

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Gazette Media Group is a media and events company based in Troy, Michigan. Originally established in 1980 by Claire Weber as the Troy-Somerset Gazette, GMG now publishes three local newspapers and hosts a variety of events throughout the metro Detroit area. The Gazette creates and curates hyper-local content and distributes free weekly newspapers throughout businesses in the community. Go to GetYourGazette.com to read past issues and to find the nearest pick-up location. The Gazette is always looking for news, photos, and tips from around the community. Email News@GazetteMediaGroup.com or call 248-524-4868 for editorial submissions.



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7					4		2	9
	6			7		3		
1				4		8		
		3	6		7	5		
		7		8				3
		4		1				5
9	7		3					1
		8			9			6

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# Common Household Squabbles Solved

## PERSPECTIVES



Op-Ed by  
PETE MAURER

Every household I know experiences angst with regard to three issues that often cannot be resolved, but only tolerated by those whose opinions differ, but who choose to pick their battles more wisely.

**The first is** whether the bathroom tissue should unroll from the front or the back. While I'm pretty sure wars haven't started because of the disagreements about the orientation of said tissue, I know that it has – and will – be the cause of squabbles, disagreements, and frustration.

Unless you are living with a control freak, it is hard to imagine that putting the bathroom tissue in the dispenser 'wrong' would start an all-out, full-on fight. It is more likely the proverbial straw that broke the camel's back type of thing.

**But in my quest** to make it a more peaceful nation, I have the answer for all your inquiring minds, the information that will settle this issue once and for all. The bathroom tissue goes in front. Now before you email me with your various disagreements, I have it on no less an authority than the inventor of the bathroom tissue roll that it unfurls from the front.

In 1891, NY inventor Seth Wheeler applied for a patent, "Wrapping, or toilet paper holder," and part of the patent application required a sketch of the invention. In his sketch, in no less than six panels, it clearly shows the rolls

## Home Repair and Improvement Presentation

A representative from the Consumer Protection Division of the Michigan Department of Attorney General will be at the Blair Memorial Library in Clawson on Monday, May 20 at 6:30 p.m. for an hour-long presentation on home repair and improvements.

**The presentation** will review the telltale signs of home repair scams, unscrupulous contractors, and discuss how to navigate the home improvement process.

Blair Memorial Library is located at 416 N Main St in Clawson.

with the paper in front.

I figure if the guy who invented the toilet paper roll designed it to unroll from the front, who are we to disagree?

**As for shoes**, the question is whether to wear them in the house or not. You don't have to be a clean-freak (although it helps) to see the benefit from not wearing shoes into the house. Even if you have wood or tile floors throughout the house, there can be no doubt that shoes should be left at the door.

Slip on a pair of slippers (which is how they got their name), or house shoes worn just in the house, and then prance around, confident that all the detritus on the bottom of your shoes remain on the rug just inside the front door.

If you think about all the things you step on during the day, things like worms, gum, sand, dirt, – and my number-one reason alone to keep shoes off the floors of your house – pet exhaust.

**To be fair**, I have been in some houses where I would keep my shoes on just to keep my socks clean, but in all honesty, those households are most likely the ones that don't enforce a 'no-shoe-zone' in the first place.

Now the last issue is one that many, but not all people encounter. Many shower fixtures have multiple settings, from a gentle, spring shower to something that could be used to

clean the dirt from the crevices in elephant hide.

**Highly dependent** on personal preference, the issue lies not so much with what setting a person uses, but whether or not the person is obligated to return the shower head to the setting when they stepped into the shower.

The easy solution is just to not complain about it. After all, if everyone has a different preference, and everyone has to adjust the shower head when they use it, then no one is being inconvenienced more than another.

**Sort of like how** I solved the problem of whether or not to leave the commode lid up or down. Women will argue 'down', because of obvious reasons, but men can make an equally persuasive argument by asking, "What's the big deal? Just lower it. Problem solved."

While I imagine it's the attitude more than the action that gets us guys in trouble with that remark, I actually found a much easier solution – buy a 'soft-closing' lid, and then make sure that everyone closes the lid when done.

**That way**, everyone has to lift the lid, and then everyone can lower them with a slight tap of a finger. Technology, as almost always, has the solution to age-old problems.

*Email the author at [gazetteguy@yahoo.com](mailto:gazetteguy@yahoo.com).*

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